

Sai Vibrionics Newsletter

[a SVIRT publication]

www.vibrionics.org

"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva."
... Sri Sathya Sai Baba

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☞ From the Desk of Dr Jit K Aggarwal ☞

Dear Practitioners

We have just celebrated Onam, a festival of special significance to people of Kerala, and now look forward to auspicious Krishna Janmashtami and Ganesh Chaturthi in September. Each carries a profound spiritual message, reminding us of victory of the righteous, power of devotion, and the ever-present Divine.

In His discourse on Onam on 31 Aug 2001, Swami said, *"We should have pure love filled in our hearts. If our hearts are full with sacred love, no evil tendency will enter them. The heart is like a single seat-sofa, not a double sofa, nor a musical chair. There is room for only a single tendency and be it divine love. Start the day with love; spend the day with love, fill the day with love, end the day with love; This is the way to God."*...[Sri Sathya Sai Speaks, Vol 34 \(2001\)](#)

These festivals invite us not only to celebrate outwardly but also to turn inward and reflect on how we can live Swami's teachings more fully. For us as vibrionics practitioners, one of the most meaningful expressions of gratitude is to make ourselves available for seva whenever and wherever possible. As the vibrionics family grows, so do the opportunities to serve, not only through patient care and camps, but also by supporting fellow practitioners, sharing knowledge, offering our skills, and responding to need, wherever it may be.

One area where we would like to see renewed enthusiasm is greater interaction among practitioners. Regional Coordinators (RCs) are encouraged to conduct regular online or face-to-face meetings with greater zeal. Such gatherings provide opportunities to learn from one another, share experiences, discuss common concerns, and address practical challenges, while strengthening our sense of community participation.

Practitioners visiting Puttaparthi are warmly invited to volunteer at the Ladies' and Gents' Sevalal Buildings and the SVIRT Office Clinic. We request all practitioners to maintain good communication with their RCs, keeping them informed of their service activities and schedule changes. If unable to attend an assigned seva or camp, please give advance notice so that alternative arrangements can be made. Such simple acts of consideration help ensure the smooth functioning of our service activities and uphold the trust placed in our organisation.

We may often ask ourselves, "How can I expand my vibrionics seva?" The answer may be closer than we think. Keeping emergency remedy bottles ready, offering remedies to plants and animals, helping someone encountered in our daily lives, or simply remaining alert to those who may benefit from our

service can open new avenues. Seva need not always take place through a formal activity; every opportunity to help, when undertaken with selfless love becomes an offering to Swami.

As we approach the November Centenary celebrations, we encourage practitioners and RCs to think creatively about initiatives that can bring vibrionics closer to the community while promoting health and wellbeing. Some suggested activities are: *100 vibrionics camps, 100 minutes of simultaneous global prayers, lighting 100 lamps in 100 cities, planting 100 saplings with Plant Tonic, school drawing competitions on "Heal the World," youth programmes under "Practitioners of Tomorrow," and activities for children centred on kindness, forgiveness, gratitude, and healthy living.* Anyone wanting to lead such an initiative should write to admin2-1@vibrionics.org.

It is heartening to see what can be accomplished through collective effort. Recently, 175 practitioners from 14 states conducted 676 camps at 143 venues, serving 16,696 patients within three months. The Unity Run & Ride in Delhi was another wonderful example of collective participation, with around 10,000 people coming together while our practitioners offered *Running Booster remedy* to all, more details in the 'In Addition' section. As we move through these months of celebration, may we remain conscious of the many opportunities Swami places before us. Let us offer our time, talents, and abilities with love, strengthen our bonds with fellow practitioners, and continue to grow together in His service.

On the holy day of Krishna Janmashtami in 1995, Swami said, "*Great teaching of Gita is: 'Put your trust in God, carry on your duties, be helpful to everyone and sanctify your lives.' Dedicate all actions to God. That is the way to experience oneness with God. God is in you. You are in God. This oneness is the basic truth. Chant the name of the Lord and render social service in a spirit of selflessness and devotion to God*"...Bhagawan Sri Sathya Sai Baba, 18 Aug 1995, [Sri Sathya Sai Speaks, Vol 28 \(1995\)](#)

May our beloved Lord guide us always and make us worthy instruments of His love and seva.

In loving service to Sai

Jit K Aggarwal

❧ Practitioners Corner ❧

Pavithra Suman ^{11623...India} is presently a homemaker with a BSc in Psychology and a Master's in Human Resources. She taught at Chinmaya Vidyalyaya for three years, where she participated in the school's extracurricular and service activities. A trained Bharatanatyam dancer and an accomplished athlete, she enjoys learning new skills, listening to music, and trying new recipes.



Born into a Hindu family and educated in a Christian school, she was brought up with strong spiritual values, the practice of *namasmarana*, and the conviction that God is not only our truest friend but our everything. She first heard of Sai Baba in her childhood at bhajans in a neighbour's home. During her teenage years, she had a dream of Swami, and on another occasion found His photograph mysteriously placed on the staircase of her home - a treasured keepsake that she preserves to this day.

After her marriage, she discovered that her husband was a devoted Sai follower. Together they sought Swami's blessings at Whitefield, where she had her first darshan, an experience that deeply moved her. Sometime later, she had a dream in which Swami appeared as Lord Venkateshwara and lovingly granted her *padanamaskar*. Looking back, she feels that His unseen hand was guiding each step of her life, constantly reassuring her of His divine presence and protection.

Blessed with a naturally compassionate disposition, she has always found joy in serving others. She actively participates in seva at her Sai Samiti and frequently serves as a Sevala at Shivam, Hyderabad. One day, she prayed earnestly to Swami, so she could serve as His humble instrument. Almost immediately, a notification appeared on her phone about a SoulJourns video of Dr Aggarwal. After watching the video, she closed her eyes, she had a vivid vision of Swami standing before her, radiating a brilliant orange effulgence. Looking directly at her, He repeatedly said, '*You do this seva*'. Swami's presence was so tangible that she had no doubt He Himself was directing her towards Sai Vibrionics.

She qualified as an AVP in Apr 2020 and a VP in 2025. She has to date treated around 700–800 patients, many new patients being brought by the existing ones. She remembers an incident when a patient made

appointment for herself and her sister and she arrived in the evening with a large group of family members ranging from age 2 to 74, a total of 12 persons, all had good results. She considers Sai Vibrionics to be one of Swami's greatest blessings in her life, giving her a deeper sense of purpose while drawing her ever closer to Him.

She began her journey as an AVP at the onset of Covid-19 pandemic with intense prayers for His guidance. Despite the lockdown, Baba continued to send her patients whom she consulted on phone or video, while remedies were dispatched by post and her mentor provided invaluable guidance and encouragement. One incident during the lockdown enormously strengthened her faith in vibrionics. Her 45-year-old husband suddenly developed fever and severe pain and inflammation near the anus; she gave **CC4.4 Constipation + CC9.2 Infections acute...6TD** in water along with topical application. He felt immediate pain relief, fever subsided, and by next morning he had recovered completely.

In Dec 2020, her 63-year-old mother discovered a breast lump, confirmed as Stage II carcinoma by biopsy in Jan 2021. She initially declined surgery and started **CC2.1 Cancers – all + CC2.2 Cancer pain + CC2.3 Tumours & Growths + CC8.3 Breast disorders + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic**. When bloody nipple discharge, crusting, sores, and itching developed in Apr 2021, **CC21.11 Wounds & Abrasions** was added; all symptoms resolved by October. Later, she underwent surgery and radiation, with vibrionics providing continued support and comfort throughout.

On several occasions, she has felt divinely guided to prescribe specific remedies, while some patients have shared dreams in which Swami directed them to seek vibrionics treatment. Many patients, after experiencing the benefits of vibrionics, have become devoted to Swami and now actively participate in seva. She has witnessed vibhuti manifestations on Swami's photograph, her bhajan book, and remedy bottles.

Among the many memorable cases she has treated is that of her 96-year-old grand aunt suffering from insomnia for six months and was given **CC15.6 Sleep disorders** in May 2022. Waiting to get her doctor's clearance before taking the remedy, kept the unopened bottle under her pillow before sleeping. She slept soundly for the first time in months without even having to get up to use the toilet, she made complete recovery without even taking a single pill!

In another incident, in Mar 2024 an 18-month-old toddler living abroad developed severe indigestion along with vomiting and diarrhoea, caused by intolerance to a new food. The prescribed medication did not improve her condition. The grandfather was travelling from India and collected remedy from the practitioner: **CC4.2 Liver & Gallbladder tonic + CC4.6 Diarrhoea + CC4.8 Gastroenteritis + CC4.10 Indigestion**. Upon reaching home the next day, he gave her one pill directly. To everyone's surprise, the child's condition started improving immediately. Her diarrhoea, vomiting, and weakness vanished with just one pill, to the immense relief of the family.

In Apr 2025 she was approached by a despondent 38-year-old woman who had undergone two unsuccessful cycles of IVF. She was given: **CC8.2 Pregnancy tonic + CC10.1 Emergencies + CC15.1 Mental & Emotional tonic** and in two months, she conceived naturally. She was blessed with healthy twin babies. The practitioner also had a successful outcome in another case of infertility.

Having formulated several combinations with widespread patient benefits, her *elderly tonic*: **CC3.1 Heart tonic + CC4.1 Digestion tonic + CC7.1 Eye tonic + CC10.1 Emergencies + CC12.1 Adult tonic + CC13.1 Kidney & Bladder tonic + CC15.1 Mental & Emotional tonic + CC18.1 Brain disabilities + CC19.1 Chest tonic + CC20.1 SMJ tonic + CC21.1 Skin tonic**, led to an improvement in overall wellbeing of over 20 patients. She successfully treated 30 to 40 women with her combo for women with menstrual irregularities: **CC8.4 Ovaries & Uterus + CC8.8 Menses irregular + CC15.1 Mental & Emotional tonic**.

She cherishes the abundant opportunities for seva through camps and by supporting fellow practitioners. She listens to patients with deep empathy and remains ready to serve wherever He chooses to engage her. Vibrionics has become an integral part of her life, nurturing within her the qualities of patience, compassion, forgiveness, and unconditional love.

Cases to share:

- [Mood disorder with psychotic features](#)
- [Severe dysphagia, diarrhoea, anxiety attacks](#)

❧ Case Histories Using Combos ❧

1. Mood disorder with psychotic features ^{11623...India}

A 31-year-old woman had been suffering from psychiatric symptoms for 12 years since 2011. A bright and studious student, she developed anxiety, panic attacks, and self-talk during her third year of graduation following repeated humiliation by her peers. Lack of emotional support at home further aggravated her condition. By 2012, she had become socially withdrawn, avoided eye contact, talked to herself frequently, and stayed awake late at night, watching television. Her parents took her to a psychiatrist who prescribed medication; this improved her sleep within a month but not her other symptoms. Despite her condition, she completed her engineering degree.

In 2015, her parents sent her to the US for higher studies in the hope that a change of environment would help, but she returned to India in 2016 without completing the course. She married in 2017, but the marriage broke down within a month, followed by a mutual-consent divorce. Despite continuing psychiatric treatment her condition deteriorated further. She was unable to focus on daily activities, made irrational requests, laughed and talked to herself for long periods and experienced hallucinations. In June 2021, she was diagnosed with *mood disorder with mixed personality traits* and prescribed new medication, *Quetiapine* 200mg. However, improvement was minimal, and she became increasingly stubborn, angry, and occasionally violent towards family members. She expressed a strong desire to remarry and start a new life.

On discovering vibrionics, her parents approached the practitioner on **2 Jan 2023** and was given:

#1. CC10.1 Emergencies + CC12.1 Adult tonic + CC15.2 Psychiatric disorders + CC17.2 Cleansing + CC17.3 Brain & Memory tonic + CC18.1 Brain disabilities...TDS

#2. CC15.2 Psychiatric disorders + CC17.2 Cleansing...OD in water for spraying in her room and on herself. Allopathic medication was continued.

Treatment progress:

- **3 Feb 2023:** Panic attacks, anxiety, stubbornness, and angry outbursts stopped; following evaluation, psychiatrist halved *Quetiapine* to 100 mg.

Telephone reporting by the patient was weekly for eight weeks followed by once a month, with regular refills.

- **5 Apr 2023:** Hallucinations, irrational requests to parents stopped, resumed interacting with them, maintaining good eye contact; appeared relaxed with fewer mood swings; focus improved; psychiatrist assessed her improvement at 85%.
- **20 July 2023:** No more mood swings; started learning yoga, looking for a job; no menses for two months, diagnosed with a small uterine fibroid; was given **#3. CC8.4 Ovaries & Uterus + CC8.6 Menopause + CC8.8 Menses irregular + CC15.1 Mental & Emotional tonic...TDS.**
- **10 Aug 2023:** Menses occurred.
- **12 Sept 2023:** Self-talk decreased by 90%; further halved *Quetiapine* to 50 mg.
- **15 Nov 2023:** Menses became regular; self-talk completely stopped, social interactions improved, resumed participation in daily activities; psychiatrist declared her mentally healthy and further halved *Quetiapine* to 25 mg; became a certified yoga trainer; delighted with her recovery, parents began looking for a groom; **#3** reduced to **BD**.
- **10 Mar 2024:** **#3** reduced to **OD** and stopped in **July 2024**.
- **15 May 2024:** Got remarried; psychiatrist advised stopping medication and monitor for relapse of symptoms.
- **15 Aug 2024:** Continued to remain stable with healthy behaviour, increased self-awareness, and optimism about future.
- **15 May 2026:** Had reduced **#1** to **BD** in Jan '26 and now to **OD** for maintenance.

As of July 2026, she remains well and continues **#1** and **#2** at **OD**.

Note: Having become pregnant in Nov 2024, she took remedies for smooth pregnancy, morning sickness etc until she was blessed with a healthy baby girl through normal delivery on 13 Aug 2026, then stopped them.

Testimonial from patient's mother:

We are truly grateful to Swami and Sai vibrionics for completely curing and taking care of my daughter. We are delighted to be introduced to vibrionics. We are immensely happy with vibrionics journey and the results are in front of us, with my daughter remarried and blessed with a beautiful and active baby

2. Severe dysphagia, diarrhoea, anxiety attacks ^{11623...India}

A 40-year-old woman had been experiencing multiple symptoms since Jan 2023, including severe difficulty swallowing, diarrhoea more than twice daily, dizziness, low blood pressure (80/60 mmHg), extreme fatigue, anxiety attacks, and significant weight loss. She could swallow only about half a teaspoon of food at one time and needed water to help her swallow. Her anxiety attacks, occurring about twice a week, were often accompanied by loud crying, giddiness, numbness in the limbs or sometimes throughout the body, and occasional fainting. Over four to five months, her weight dropped from 68 to 58 kg.

In May 2023, she consulted a doctor and took prescribed medications which gave some relief and also side effects, so discontinued them in Sept. She struggled until early Dec 2023, when she underwent colonoscopy. She was verbally informed that a rectal polyp had been detected, requiring surgical removal, especially if malignant. Fearful of surgery, she had telephone consultation with the practitioner, who posted the remedy, which she started on **11 Dec 2023**:

CC2.1 Cancers – all + CC2.2 Cancer pain + CC2.3 Tumours & Growths + CC3.2 Bleeding disorders + CC4.2 Liver & Gallbladder tonic + CC4.6 Diarrhoea + CC4.10 Indigestion + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC18.5 Neuralgia...TDS. She was not taking any other medication.

Treatment progress:

- **11 Dec 2023:** After the first dose, given with prayer over the phone, she experienced prolonged burping, followed by marked relief. Her swallowing improved by more than 50%, and she no longer needed water with every bite. Burping continued with each dose during the first week.
- **18 Dec 2023:** Swallowing difficulty had completely resolved, and she was able to eat comfortably.
- **10 Jan 2024:** Anxiety attacks reduced to once a week, diarrhoea to once daily, and her weight stabilised; 80% improvement in energy levels.
- **22 Jan 2024:** To rule out malignancy, repeat colonoscopy revealed a 4 mm rectal polyp, confirmed as Grade 1 neuroendocrine tumour, this was removed. The follow-up pet scan on 23 Jan showed *no tumour anywhere* in the body.
- **15 Feb 2024:** Her weight began increasing steadily; BP improved to 90/60 mmHg and dizziness had resolved.
- **14 Mar 2024:** Diarrhoea had stopped, with normal daily bowel movements. She had experienced only one anxiety episode in the previous month, with no accompanying symptoms.
- **15 Apr 2024:** No further anxiety attacks.

By Dec 2024, her weight had increased by 6 kg and BP had normalised to 110/80 mmHg. As of Aug 2026, she remains well and continues remedy at **OD** for maintenance. *It's interesting to note that even now, she gets a small burp after each dose!*

3. Knee pain ^{11676...India}

A 50-year-old daily-wage mason had been suffering from pain in both knees for three months since Sept 2025. His physically demanding work, which involved repeatedly climbing ladders while carrying heavy loads on his head, aggravated the pain. As this was his only means of livelihood, he continued working despite the discomfort. He took painkillers only during severe episodes, about every 10 days, but experienced little and short-lived relief. He also had numbness in his right leg 2–3 times a week while sleeping on his right side, which would subside within a few minutes.

On learning about vibrionics, he consulted the practitioner and shared that he was under emotional stress due to ill health of his mother, wife, and daughter. On **12 Dec 2025**, he was given:

#1. CC3.7 Circulation + CC18.5 Neuralgia + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue...BD in coconut oil for external application

#2. CC12.1 Adult tonic + CC13.1 Kidney & Bladder tonic + CC15.1 Mental & Emotional tonic + #1...TDS

Treatment progress:

- **27 Jan 2026:** Pain improved by 20%, could manage without painkiller; mild episodes of numbness in leg once a week; for faster cure, both **#1** and **#2** were respectively enhanced to **#3** and **#4** by adding **CC10.1 Emergencies + CC20.2 SMJ pain + CC20.5 Spine + CC20.6 Osteoporosis** to each.
- **15 Feb 2026:** 70% improvement in pain; numbness gone.
- **4 Mar 2026:** No pain when climbing three floors with load on head.
- **5 Apr 2026:** Both dosages reduced to **OD**.
- **30 Apr 2026:** Pain completely gone; expressed happiness and gratitude.
- **10 May 2026:** **#3** and **#4** stopped; gave **IB...OD** as per vol 15#2, recommended for everyone.

As of 30 July 2026, he remains well.

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4. Cough, chronic ^{11677...India}

A 66-year-old woman had been suffering from recurrent cough for 2½ years since 2023. She had moved to her present residence in Sept 2022 and thought that dust exposure during unpacking might be the cause. The cough was dry, occasionally accompanied by white phlegm, and occurred 3-4 times a day, each episode lasting 30-45 minutes. There was no specific time of onset except when 'lying down'. Initially, prescribed antibiotics provided relief within 3-4 days but the cough recurred after about two weeks. She repeated the antibiotic course 3 to 4 times over a period of six months but discontinued it as the relief was temporary. She also used over the counter (OTC) expectorant, lozenges, and various home remedies but the relief was never long-lasting.

Cough had become so severe that it disturbed her sleep since, cough would start soon after lying down in bed. In the hope of a permanent solution, she consulted the practitioner on **22 Dec 2025**. She disclosed that she had multiple other chronic issues, but at present, she needed treatment for cough; she was given:

#1. IB (see vol 15 #2) + **CC9.2 Infections acute...TDS**

#2. CC15.6 Sleep disorders...a dose 30 minutes before bedtime

Treatment progress:

- **29 Dec 2025:** Coughing bouts reduced to 2-3 times a day, mainly during the night, each lasting 15 to 20 minutes; did not need any other remedy; sleep improved by 75%.
- **16 Jan 2026:** Bouts decreased to 1-2 times, each lasting 10 to 15 minutes; improvement estimated at over 80%
- **9 Feb 2026:** Cough resolved completely; enjoyed sound sleep throughout the night.
- **23 Mar 2026:** Dosage of **#1** reduced to **OD** for maintenance.

As of 30 July 2026, there has been no recurrence. She prefers to continue **#1** and **#2** as per her comfort.

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5. Heel pain ^{11646...India}

A 67-year-old man had been suffering from intense pain in his right heel for four months since Oct 2025. Pain started the moment he placed his foot on the ground and persisted throughout the day, making it difficult for him to stand, walk or drive. He was unable to continue his routine activities including his daily walks. Initially, he tried massaging the area with over-the-counter pain-relief oils which provided only temporary relief.

On 19 Feb 2026, an orthopaedic evaluation with X-ray revealed a calcaneal spur along with soft-tissue swelling in the foot (**report available**). Painkillers and physiotherapy were recommended, with a foot injection to be considered later. However, as he was prone to hyperacidity, he was unable to take the

prescribed painkillers, while the severity of the pain made it difficult for him to undergo physiotherapy. On 20 Feb 2026, he consulted the practitioner who gave him:

***NM7 CB7 + NM21 KBS + NM22 Liver + NM36 War + NM82 Gout + NM113 Inflammation + OM3 Bone I + OM5 Circulation + SM28 Injury + SM33 Pain + SR271 Arnica 200C + SR277 Bryonia 1M + SR280 Calc Carb 6X + SR295 Hypericum 200C + SR307 Phytolacca + SR311 Rhus tox 30C + SR352 Kalmia + SR353 Ledum 30C + SR370 Borax 6X + SR398 Nat carb 30C + SR405 Ruta 200C...QDS** in water orally and for external application

Treatment progress:

- 27 Feb 2026: Pain improved by 20%.
- 15 Mar 2026: Improvement progressed to 50%.
- 6 Apr 2026: Complete resolution of pain; resumed daily walks without any discomfort; dosage reduced to TDS.
- 30 Apr 2026: Remedy stopped after gradual tapering.

As of Aug 2026, there has been no recurrence.

***If using 108CC box: CC3.7 Circulation + CC20.1 SMJ tonic + CC20.4 Muscles & Supportive tissue.**

Editor's note: Problem specific cards **NM3 Bone Irregularity** instead of **OM3 Bone I** and **NM20 Injury** instead of **SM28 Injury** could have been more appropriate choices!

6. Shoulder, back & knee pain ^{11674...India}

A 42-year-old woman presented with three musculoskeletal concerns. She had been experiencing lower back pain radiating to the right leg for 18 years, which began following spinal anaesthesia during childbirth. The pain was intermittent and worsened with physical exertion, accompanied by numbness in the leg and difficulty walking. During severe episodes, she had to rest. She did not take medication and managed simply with rest.

She had been having continuous pain in the left shoulder radiating to the neck for seven months since May 2025, restricting left arm movement. She took prescribed calcium supplements, pain relief ointment and painkillers for six months with minimal relief. Physiotherapy sessions for a week gave relief just for a few days. She also had pain and swelling for two months in the left knee, making it difficult to walk and stand. She linked this pain to an injury seven years ago when she had struck her knee against a cot. Based on a current X-ray, the orthopaedic doctor advised rest and painkillers. As there was no relief, she managed with rest and some ointment.

On 11 Dec 2025, she consulted the practitioner who gave her:

#1. CC3.7 Circulation + CC18.5 Neuralgia + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue + CC20.5 Spine... BD in sesame oil for applying to all affected areas

#2. CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + #1...6TD

Treatment progress:

- 18 Dec 2025: 30% improvement in back and shoulder pain; swelling decreased by 50%.
- 27 Dec 2025: Back and shoulder pain better by 50%; knee swelling gone and pain slightly better; noted clicking sound in knees during movement.
- 1 Jan 2026: 90% improvement in all pains including clicking sound.
- 18 Feb 2026: Complete resolution of symptoms; able to perform daily tasks comfortably; #2 reduced to TDS.
- 14 Mar 2026: #2 reduced to BD; #1 stopped.
- 2 Apr 2026: #2 reduced to OD and gradually tapered down to OW by 15 May 2026, for maintenance.

As of Aug 2026, she continues to do well and remains pain-free with remedy at OW.

7. Bedwetting ^{11684...India}

Two sisters, aged nine and seven, suffered from bedwetting during sleep, since their infancy, causing distress both to themselves and their parents. The episodes typically occurred once or twice a week, increasing to 3 or 4 times a week during winter, November to March. Despite their mother's effort to ensure they emptied their bladders before bedtime, the condition persisted. They took no other treatment. On **8 Dec 2025**, the practitioner, **their** neighbour, gave the sisters:

CC12.2 Child tonic + CC13.3 Incontinence...TDS

Treatment progress:

- **22 Dec 2025**: Elder sister had just one episode, younger one had it three days later.
- **26 Jan 2026**: No more episodes; dosage reduced to **BD**.
- **21 Feb 2026**: Remedy stopped after gradual tapering.

As of Aug 2026, there has been no recurrence. The parents are delighted and much relieved.

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8. Frozen shoulder ^{11678...India}

A 53-year-old woman had been experiencing left shoulder pain and progressively restricted movement since July 2025. Over the following four months, the pain became severe and she found it increasingly difficult to lift her arm or perform daily activities such as combing her hair. She was diagnosed with frozen shoulder by an orthopaedic doctor in Sept 2025 and was prescribed a joint and muscle painkiller and monthly steroidal injections. Although these provided some pain relief, she continued to have significant restriction in shoulder movement.

On learning about vibrionics at her Sai Samithi, she consulted the practitioner on **21 Dec 2025** and was given:

CC20.4 Muscles & Supportive tissue...TDS orally and in water...**BD** for external application, she continued with allopathic medications.

Treatment progress:

- **28 Dec 2025**: Pain decreased by 20%; discontinued painkiller and injections.
- **11 Jan 2026**: Pain improved by 50%.
- **21 Jan 2026**: 70% improvement in pain and arm movement.
- **21 Feb 2026**: Complete resolution of pain; arm movement restored.
- **7 Mar 2026**: Remedy stopped after tapering.

As of Aug 2026, there has been no recurrence.

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9. Eczema ^{11575...India}

Practitioner's 22-year-old niece, studying in London developed dry, itchy skin with a burning sensation on her face, neck, and hands, six months ago in Jan 2024. Her lips turned red severely dry with painful cracks, causing considerable discomfort and difficulty eating and speaking. She attributed the symptoms to seasonal weather changes. In Mar 2024, she consulted a physician who diagnosed this as eczema and prescribed oral and topical steroids, which gave no relief even after three months.

During her summer vacation in India, she consulted the practitioner on **7 July 2024** and was given:

#1. CC21.6 Eczema...TDS and for external application ...**BD** in vibhuti

#2. IB (vol 15 #2)...TDS

Treatment progress:

- **14 July 2024**: Symptoms improved by 40%.
- **21 July 2024**: Improvement progressed to 70%, able to eat and speak comfortably.
- **28 July 2024**: Complete resolution of symptoms, patient expressed joy.

- **1 Sept 2024:** #1 stopped after tapering; #2 reduced to **BD** for two weeks, thereafter to **OD** for maintenance. Patient returned to London.

Latest review in Aug 2026 confirmed that she has remained well with no relapse.

10. Skin lesions ^{11632...India}

A 65-year-old man noticed brownish lesions on his forehead in June 2018. As they were neither itchy nor painful, initially he paid little attention to them. Over the years, the lesions gradually darkened, increased in size, and spread to his scalp, shoulders, chest, and hands. He did not like to take allopathy and he felt the symptoms were age-related. Then on **1 June 2025**, he had an opportunity to attend a monthly vibrionics camp where the practitioner gave him:

#1. CC21.2 Skin infections + CC21.8 Herpes...BD in coconut oil for external application

#2. CC10.1 Emergencies + CC12.1 Adult tonic + #1...TDS

Treatment progress:

- **6 July 2025:** Revealed that eating non-vegetarian food triggered mild itching in lesions; #1 & #2 changed to **#3. CC4.10 Indigestion + CC12.1 Adult tonic + CC12.4 Autoimmune diseases + CC21.3 Skin allergies + Potentised cow dung 1M + #1...TDS** and in coconut oil for external application...**BD**
- **3 Aug 2025:** Lesions decreased in number and size by 30% in all affected areas.
- **7 Sept 2025:** Number and size decreased by 50%.
- **5 Oct 2025:** Lesions turned lighter in colour.
- **7 Dec 2025:** Overall improvement of 80%; no itching on eating non-vegetarian food.
- **4 Jan 2026:** Skin nearly normal, say 95% improvement.
- **1 Feb 2026:** Complete resolution of symptoms; dosage reduced to **OD** for maintenance.

As of Aug 2026, there has been no recurrence.



11. Acne ^{11674...India}

A 13-year-old girl had been suffering from facial acne for four months, since Sept 2025. Some lesions contained pus but were not painful. However, the acne caused her considerable emotional distress and made her self-conscious about her appearance. She avoided social gatherings and often compared her skin with that of her peers. She was not using any medication or topical creams, but frequently washed her face in the hope of improving the condition. On **1 Jan 2026**, her mother, a vibrionics beneficiary, took her to the practitioner who gave her:

#1. CC21.2 Skin infections...BD in water as spray

#2. CC8.1 Female tonic + #1...TDS (taken **BD** due to her school timings)

Treatment progress:

- **27 Feb 2026:** acne reduced by 90%.

- **30 Mar 2026:** Acne vanished, clear skin returned; patient expressed relief and joy; **#2** reduced to **OD** and tapered down gradually to **OW** before stopping it on **30 Apr 2026**; **#1** reduced to **OD** for maintenance.

As of Aug 2026, her skin continues to be healthy.



12. Lichen striatus ^{11648...India}

On 21 Feb 2025, the practitioner noticed a rash behind the right knee of her 7-year-old daughter (pic 1). It was reddish, bumpy and linear, 2–3 inches long. Next day, the girl developed a mild fever and cough which resolved completely within four days with vibrionics. In the process, rash got overlooked. By 4 Mar, rash had progressed rapidly (pic 2) extending to nearly 12 inches. It was painless with no itching, but girl felt uncomfortable because it was visible below the hem of her school uniform. Additionally, the girl had a history of allergies to certain foods.

On **4 Mar 2025**, following remedies were started:

#1. CC21.2 Skin infections + CC21.3 Skin allergies + CC21.7 Fungus...BD in coconut oil for external application

#2. CC4.6 Diarrhoea + CC4.10 Indigestion + #1...6TD

Treatment progress:

- **5 Mar 2025:** Rash continued to progress rapidly; dermatologist over video diagnosed this as *lichen striatus*, often triggered by fever or infection, stated that although self-limiting, it typically takes a few

months to one year to resolve; girl revealed that mild rash had been present since Oct 2024; practitioner relied solely on vibrionics; #1 enhanced to #3: **Potentized cow dung 1M + #1...TDS** and #2 to #4: **Potentized cow dung 1M + #2...TDS**.

- **8 Mar 2025:** Rash stopped to grow, became flatter; redness reduced.
- **13 Mar 2025:** Rash flatter by 50% and dried up (pic 3), dead skin began to shed; redness decreased by 50%.
- **16 Mar 2025:** Length of rash began to decrease (pic 4).
- **20 Mar 2025:** Rash resolved completely (pic 5).
- **30 Apr 2025:** #3 stopped.
- **30 May 2025:** #4 stopped after gradual tapering.

As of Aug 2026, there has been no recurrence (pic 6).



❧ Answer Corner ❧

Q1. Patients who drink & smoke are advised to quit the habit, but some don't, effectively delaying the cure. What should I do in such situations?

A. Smoking and alcohol can slow healing in vibrionics, just as they can in conventional medicine, because they weaken the body's natural healing capacity. *Smoking* reduces vitality, impairs circulation, and aggravates chronic diseases, especially respiratory and cardiac, making recovery slower. *Alcohol* disturbs the body's subtle energy, weakens immunity, and can affect emotional balance, reducing responsiveness to treatment.

Patients can still benefit from vibrionics, but progress may be slower and relapse more frequent if smoking or drinking continues. Practitioners should encourage gradual reduction rather than insist on complete abstinence, explaining that while vibrionics continues to work, reducing these habits can significantly enhance the body's response to healing; every positive change, however small, strengthens the body and brings the patient closer to better health. A practitioner's duty is to continue to support the patient in this healing journey with love, patience, and encouragement.

Q2. It has been observed that in some cases of high fever, even after frequent dosing of CC9.2 Infections acute followed by 6TD, fever does not subside but after taking allopathy, situation becomes better. Is there a way to avoid allopathy & solely depend upon Vibrionics?

A. Although **CC9.2 Infections acute** often brings rapid relief, response depends on severity of infection, patient's vitality, and how early the treatment is started. Fever is not an illness but a sign of an underlying problem. In fact, moderate fever is body's natural defence mechanism which helps to fight infection. Therefore, our aim is not to reduce fever but to address its cause.

If fever is very high or causing significant discomfort, simple supportive measures such as tepid sponging, cold compresses, adequate fluid intake, rest, are helpful. However, vibrionics is not a substitute for appropriate medical care in serious acute illnesses or emergencies. If a high fever persists or is accompanied by other serious symptoms, prompt medical attention should be sought while continuing vibrionics alongside. The practitioner's role is to support the body's natural healing, monitor the patient carefully, and always put the patient's safety first.

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Q3. If the 108CC Box is now the mainstay of Sai Vibrionics and is giving excellent results, what additional benefits does the SRHVP offer, and why should a practitioner consider becoming an SVP?

A. The 108CC Box and the SRHVP are complementary tools, not competing systems. 108CC Box has become the mainstay of Sai Vibrionics because it is simple to learn, easy to use, and highly effective for a vast majority of patients. Thousands of successful case histories over the years bear testimony to its effectiveness. SRHVP offers additional facility rather than superior healing. It enables practitioners to prepare remedies using individual cards, potentise allergens or other substances, make nosodes, or broadcast vibrations, which may be particularly useful in special cases, for research, or where greater individualisation is desired. However, this does not mean that it will produce faster or better results than the 108CC Box.

A VP obtaining consistently good results with the 108CC Box need not feel obliged to become SVP. Decision to undertake an SVP course should arise from a desire to deepen one's knowledge, broaden one's ability to serve, and explore the wider scope of vibrionics, not because 108CC Box is inadequate. If a VP desires to become an SVP simply for making nosodes or potentising substances, he can approach an RC or an SVP. Remember we also have the broadcasting network available for any emergency distance healing. Finally, a practitioner's love, purity, faith, and surrender may determine the quality of healing more than 'which' instrument is used.

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Q4. How can a practitioner explain pullout in a reassuring way that encourages patients to recognise it, report it, and gain confidence in the healing process?

A. Before starting treatment, gently explain that as the body begins to heal, some patients may occasionally undergo a temporary escalation in existing symptoms or the brief reappearance of old symptoms. This is known as *pullout* and is generally considered that the body is responding to the remedy and expelling toxins. Reassure the patient that not everyone experiences a pullout and, when it does occur, it is usually mild and short-lived. Encourage them to observe any changes carefully and report them, as their feedback helps the practitioner assess progress and make any necessary adjustments to the dosage. If symptoms are causing concern, they should contact the practitioner promptly.

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Q5. Can vibrionics remedies be safely prescribed to a patient who has a metal implant, such as rods, plates, screws, or joint replacements? If so, does one need to take any special precautions?

A. Yes, vibrionics remedies are safe in the presence of metal implants. No special precaution or treatment is required solely because of the implant. Treatment should be based on the patient's symptoms and underlying condition, while continuing any medical care or follow-up advised by the orthopaedic surgeon. As always, monitor the patient's progress and adjust dosage if needed.

❧ Divine Words from the Master Healer ❧

"The 17th Chapter of the Gita clearly defines the nature and taste of the three types of "food" eaten by man: the food that promotes love, virtue, strength, happiness, and cordiality is Satvic; that which inflames,

arouses, intoxicates and heightens hunger and thirst is Rajasic; the food that depresses, disrupts, and causes disease is Tamasic. The company in which food is consumed, the place, the vessels in which it is cooked, the emotions that agitate the mind of the person who cooks it and serves it---all these have subtle influences on the nature and emotions of the persons who takes the final product in."

...Sathya Sai Baba, "Forms of food", Divine Discourse, January 1990
<https://saispeaks.sathyasai.org/discourse/forms-food>

"You have to recognise that life is meant for selfless service and not to be lived for selfish purposes. Only through such service can oneness of mankind be experienced. Unselfish service is the sheet-anchor of Karma Yoga (Divine dedication through Action). The basis of Yoga is disciplining the mind and the body through disinterested service. Society honours only such persons who serve society. Such persons earn the grace of God. Every individual has to realise the paramount importance of selfless service. The spirit of service should be coupled with readiness for sacrifice. Only then it can be called selfless service free from any taint of self-interest."

...Sathya Sai Baba, Discourse at All India Sai Active Workers Conference, 1 Nov 1987, SSS Vol 20, 1987
<https://saispeaks.sathyasai.org/discourse/born-serve>

❧ Announcements ❧

Forthcoming workshops

- **U K London:** Sai Vibrionics Annual Meet, **20 Sept 2026**, contact jeramjoe@gmail.com
- **India Delhi:** Hindi AP* practical Workshop **22-26 Sept 2026**, contact admin2-1@vibrionics.org
- **India Puttaparthi:** AVP* face-to-face Workshop **26-30 Nov 2026****, contact editor1@vibrionics.org

*only for those who have undergone the admission process and the e-course.

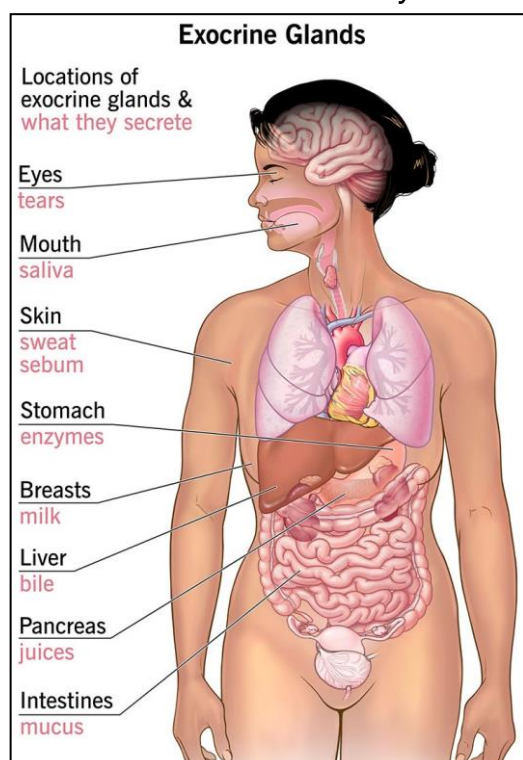
**Subject to change

❧ In Addition ❧

1. Health article

Knowing and Protecting our Exocrine Glands!

"The billions of cells in the body are so inter-dependent that when one is weakened or damaged, all of them suffer. There is a limit and a balance which every limb and organ must maintain. Insufficient or improper food will endanger this balance. Drink large quantities of water boiled and cooled, not during meals, but sometime before and after. It is wise to prevent disease than run after remedies after it has happened or grown beyond control."...Sathya Sai Baba^{1,2}



1. What are Glands?

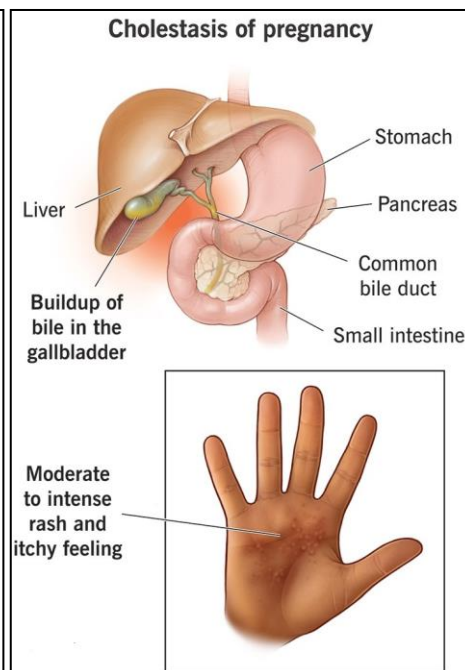
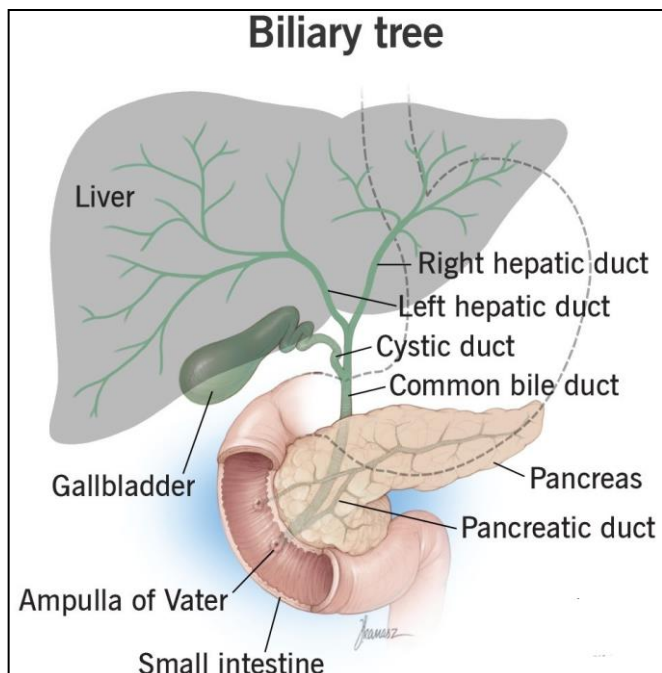
A gland is a unit or a group of specialised cells (tissues) that work together as a team to create and secrete substances to assist the body in many ways. There are two main types of glands: endocrine and exocrine. The liver and pancreas are special because they perform both functions. Endocrine glands are ductless and secrete hormones directly into the bloodstream. Exocrine glands release their secretions through ducts onto our body surface or into internal cavities.³⁻⁶

Depending upon the organ they are associated with, these have a variety of functions viz, digesting food, absorbing nutrients, protecting the inner lining of organs, controlling the body temperature, and lubricating our hair, skin, eyes, mouth, and internal tract linings.^{5,6}

2. Digestive Exocrine Glands

2.1 Exocrine Liver: Its role as a major exocrine gland is to secrete bile, a sticky yellow green fluid, into the digestive tract to help break down fats and absorb crucial fat-soluble vitamins in the gut and help in carrying away as waste what the body cannot use, like bilirubin and cholesterol.^{5,6,7}

Exocrine Liver dysfunction: When bile flow slows or gets blocked, bile acids and bilirubin accumulate in



the liver and blood, while the intestine receives too little bile. This causes **cholestasis** with inflammation of the liver, pancreas, gallbladder or bile ducts, leading to pain, nausea, indigestion and diarrhoea; severe obstruction may progress to liver failure. Bilirubin build-up produces

jaundice and intense itching, and lack of bile in the intestine results in poor absorption of fats and vitamins A, D, E, K, seen as pale, greasy stools. Long-term bile-duct injury can destroy tissue and cause permanent scarring (**biliary cirrhosis**).^{5,7-10}

When bile flows backward into the stomach or oesophagus, often after gall-bladder surgery, it causes bile reflux, producing yellow or green vomit, diarrhoea, abdominal pain, heartburn, or a foul taste. Because this is alkaline bile rather than acid, it does not improve with lifestyle changes and requires medical treatment.^{5,7-10} Also read health article vol 15 #6.¹¹

Tips for bile health: Drink plenty of water; eat fibre, healthy fats, and bitter greens (beet, artichoke, dandelion, citrus) to keep bile flowing. Avoid alcohol, sugary drinks, bad fats, spicy and processed foods.^{11,12}

2.2 Exocrine Pancreas: About 85% of the pancreas makes pancreatic juice containing digestive enzymes and an alkaline, bicarbonate-rich fluid. These help break down carbs, proteins and fats, neutralise stomach acid, and keep the intestinal pH in the neutral-alkaline range where the enzymes work best.^{13,14}

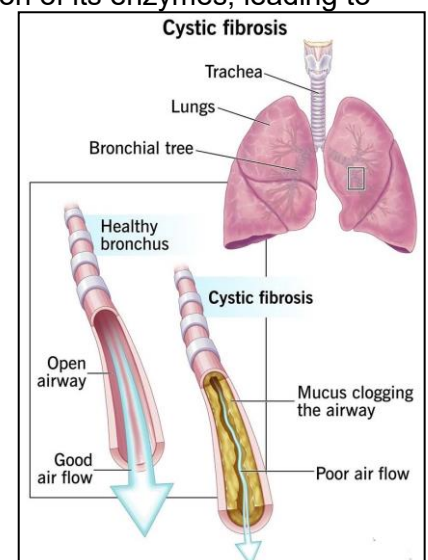
Pancreatitis is inflammation of the pancreas caused by premature activation of its enzymes, leading to autodigestion and tissue injury.



It presents with severe epigastric pain often radiating to the back. Reduced enzyme output can impair fat digestion, causing bulky, pale, foul-smelling stools that may float (**steatorrhea**).^{5,11,13-16}

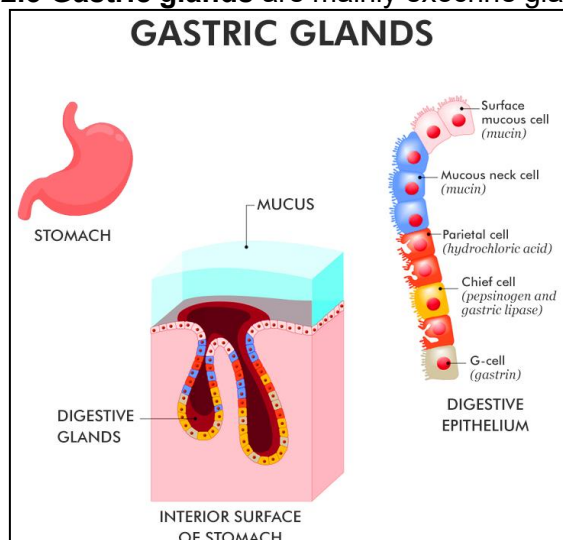
Cystic fibrosis is a genetic disorder where thick, sticky mucus builds up in organs, especially the lungs and

airways, causing frequent infections. In the pancreas it leads to cysts, scarring, and blocked ducts, preventing digestive enzymes from reaching the intestine and making nutrient absorption difficult. It is a lifelong



condition that worsens over time, and salty sweat is used as a key diagnostic marker.¹⁷

2.3 Gastric glands are mainly exocrine glands lining the stomach mucosa. They produce digestive juices like hydrochloric acid, pepsinogen, and protective mucus, releasing these directly into the stomach to break down food and aid nutrient absorption. When these secretions are impaired, symptoms include excess gas, bloating, early fullness, nausea, abdominal cramps, weight loss, and vitamin deficiencies, especially B12.^{5,18,19}



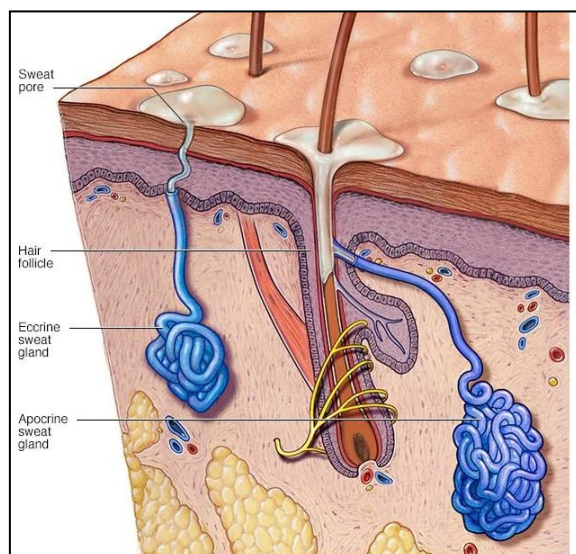
2.4 Brunner's glands in the duodenum produce alkaline bicarbonate-rich mucus to protect the delicate small intestine by neutralizing the highly acidic chyme (partially digested food) entering from the stomach.^{5,20}

2.5 Salivary glands synthesise and secrete saliva into the oral cavity to help chew, swallow, and digest food, keep the mouth and throat moist and teeth free from bacteria. Thanks to the unique composition of saliva, we can relish a delicious meal!^{5,21} Refer to health article vol 15 #6.¹¹

Tips for healthy salivary glands: Stay hydrated; chew sugar-free sour candy or lemon wedges; gently massage from in front of the ears and under the jaw toward the chin; avoid mouth breathing, especially at night.^{11,22,23}

3. Skin, eye, and ear related exocrine glands

3.1 Sweat glands, small structures in layers of skin, are of two types:



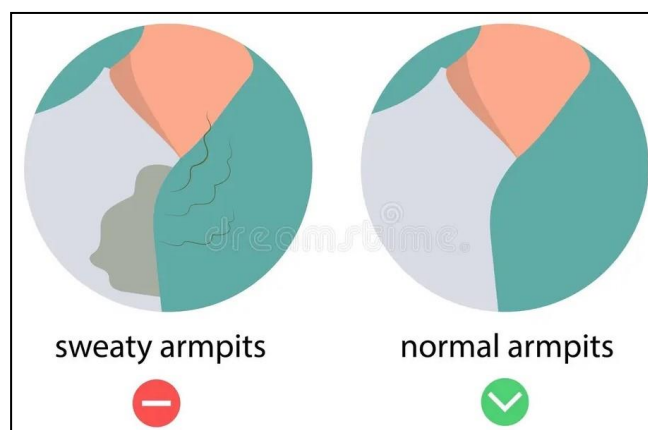
Eccrine glands are spread all over the body, including palms and soles, and produce clear, watery, odourless sweat made mostly of water with about 1% of sodium and chloride. This *thermal sweat* helps cool the body and prevent overheating.

Apocrine glands are mainly in the armpits, beard and genital areas and produce thicker *stress sweat* during anxiety or emotional triggers; this reaches the skin through hair follicles and is responsible for body odour. These glands become active only after puberty, hence no body odour in young children. Sweat hydrates the skin, prevents overheating during heat, doing exercise or eating spicy/fatty foods, and contains antimicrobial peptides that protect against infection.²⁴

Sweat disorders: **Prickly heat** occurs when sweat gets trapped under the skin, common in babies, humid climates, or prolonged bed rest. **Anhidrosis** means reduced or absent sweating, risking heat exhaustion or heat



stroke. **Primary hyperhidrosis** causes excessive sweating in specific areas, especially palms, armpits, feet, face, even at rest; it is genetic and usually begins before age 25. **Secondary hyperhidrosis** is whole-body



excessive sweating due to conditions like menopause, obesity, heart disease, diabetes or Parkinson's, or certain medications. Symptoms range from mild wetness to dripping sweat, and long-term issues may include itching, inflammation, body odour, and cracked skin on the feet.^{24,25}

Tips to contain sweat: *Wear breathable cotton; avoid polyester and tight clothing; bathe regularly.*²⁵

Bromhidrosis (excessive body odour): Sweat itself is mostly odourless. Body odour happens

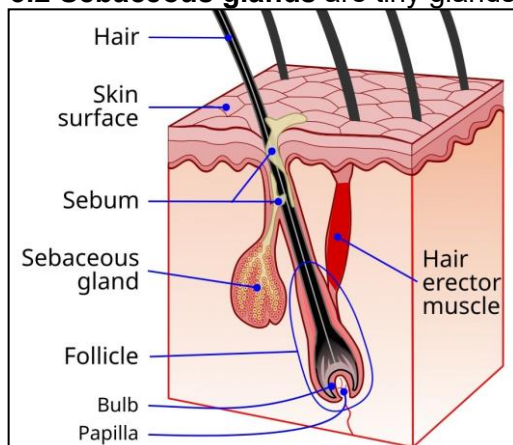


when skin bacteria break down apocrine sweat. A person may smell without sweating visibly and may sweat heavily without strong odour. Temporary odour is common after exercise, stress, or staying long in humid conditions. Men experience it more because they have more body hair and more apocrine glands. Odour can change with hormones, spicy or sulphur-rich foods (onion, garlic, cabbage family), alcohol, or certain medicines. If odour persists despite bathing and clean clothes, it may signal an underlying issue such as diabetes, liver or kidney disease, overactive thyroid, or infections.²⁴⁻²⁶

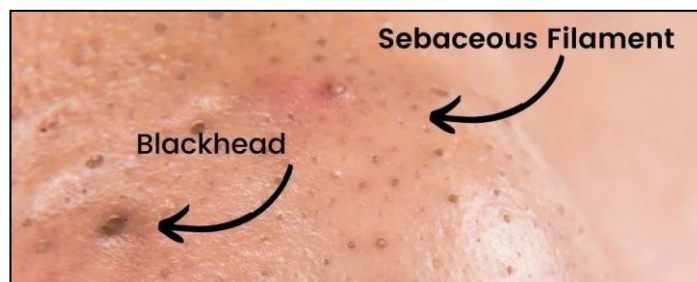
Tips to prevent body odour: *Maintain hygiene, use antibacterial soap if needed, keep armpits shaved, wear clean loose cotton clothes, avoid strong-smelling foods, and manage stress.*

Natural remedies for body odour: *Apply baking-soda paste to armpits; use warm soaked green tea bags for a few minutes; spray diluted apple cider vinegar or lemon juice to reduce bacteria.*²⁶

3.2 Sebaceous glands are tiny glands found in large numbers across the skin, especially on face and scalp, but not on palms or soles. They open into hair follicles and secrete sebum, an oily substance that lubricates and protects skin and hair, also helps prevent ears from drying out.²⁷



Acne: When sebum mixes with dead skin cells and gets trapped



in hair follicles, it clogs the pores and forms

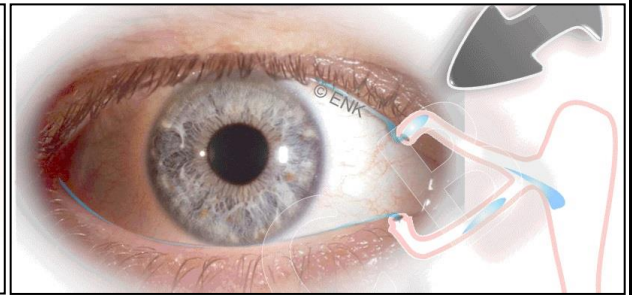
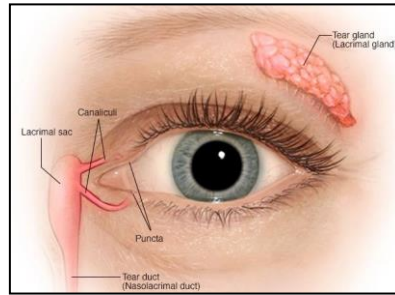
blackheads (open dark bumps), **whiteheads** (closed bumps), and other acne on the face, chest,



shoulders, or upper back, areas with many oil glands. **Pimples** are pus-filled bumps, sometimes painful; **cystic acne** causes deep pus-filled lumps and nodules that can scar; **fungal acne** is itchy and inflamed. During puberty, excess sebum leads to acne and blackheads, and secretion levels settle in adulthood and decline after age 70. Common triggers include high-sugar diet, tight clothing, high humidity, oily creams or lotions, stress-related cortisol, certain medications, and picking at acne.²⁷⁻³¹

Tips for healthy sebaceous glands: *Eat fruits and vegetables rich in vitamin C; limit sugar; wash face twice daily and after sweating; use oil-free moisturizers; avoid touching the face.*²⁷⁻³¹

3.3 Lacrimal glands are tear glands located above our upper eyelids. They release fluid to keep eyes moist, each time we blink. Common disorder is inflammation of gland with symptoms of redness, discomfort, dry eyes, excessive discharge or tears, and pain.³²⁻³⁴ *Read health article on Eyes, vol 11 #4.*³⁵



Tips for healthy tear

glands: *Eat vitamin A and omega-3 rich foods; stay hydrated; keep screens slightly below eye level; blink often; protect eyes from wind and smoke; use a humidifier in dry rooms.*^{34,35}

3.4 Ceruminous glands are modified sweat glands in ears that produce ear wax (cerumen). This wax protects ear canal by keeping it hydrated, trapping dirt and germs, and shielding the inner ear from water. Ears naturally shed old wax and replace it with new; healthy wax is off-white, pale yellow, or brown, while darker colour usually means old debris. Ear buds, plugs, or hearing aids can trap wax, so these devices must be cleaned regularly. Common disorder is wax build-up (impacted cerumen), which can cause hearing loss, earache, tinnitus, or a feeling of fullness in ears.³⁶⁻³⁹ *Read health article on Ears, vol 11 #6.*⁴⁰

Ceruminous Gland

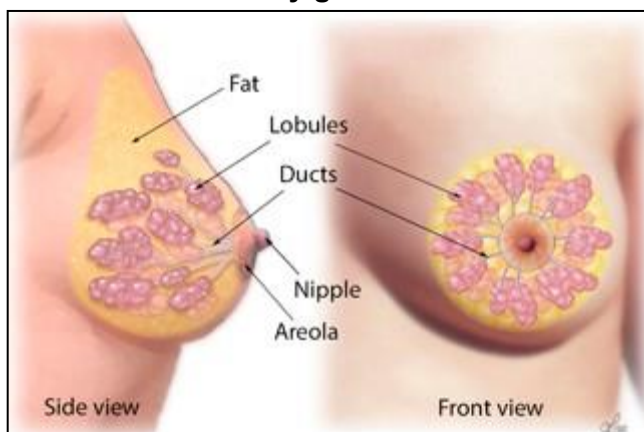
- Modified Apocrine Gland**
- Found in lining of external ear canal**
- Secretes Cerumen (Earwax)**
 - Protects from
 - Dehydration
 - Insects
 - Entry of foreign objects

*or ear drops; avoid cotton swabs; never irrigate if eardrum damage is suspected; clean only the outer ear; get ears checked yearly.*³⁷⁻⁴⁰

Tips to soften ear wax and prevent blockage: *Use baby oil, glycerine, mineral oil,*

4. Reproductive exocrine glands

4.1 Female Mammary glands are modified sweat glands located in the breast, 15-20 rounded lobes arranged like spokes in a wheel; they support breastfeeding by producing nutrient-rich milk that also protects a baby's developing immune system. **Bartholin glands** on each side of vaginal opening and **Skene's glands** near urethra release fluid that lubricates and protects vagina from infection to support urinary health. **Skenitis** is the most common infection with vaginal discharge or pain, and smelly, cloudy, painful urination, or incontinence.⁴¹⁻⁴³ *Read Women's health article, vol 17 #2.*⁴⁴



4.2 Male reproductive glands: Prostate is a glandular organ below the bladder with exocrine role in the male reproductive system and contributes to

urinary control. **Cowper's glands** lubricate the reproductive tract of males.^{45,46} For more details and disorders of the prostate and seminal vesicles *Refer Newsletter vol 17 #3.*⁴⁷

Final Reminder: *Hydration, hygiene, balanced nutrition and staying active & positive support all exocrine glands.*⁴⁸

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2. Workshops & Seminars

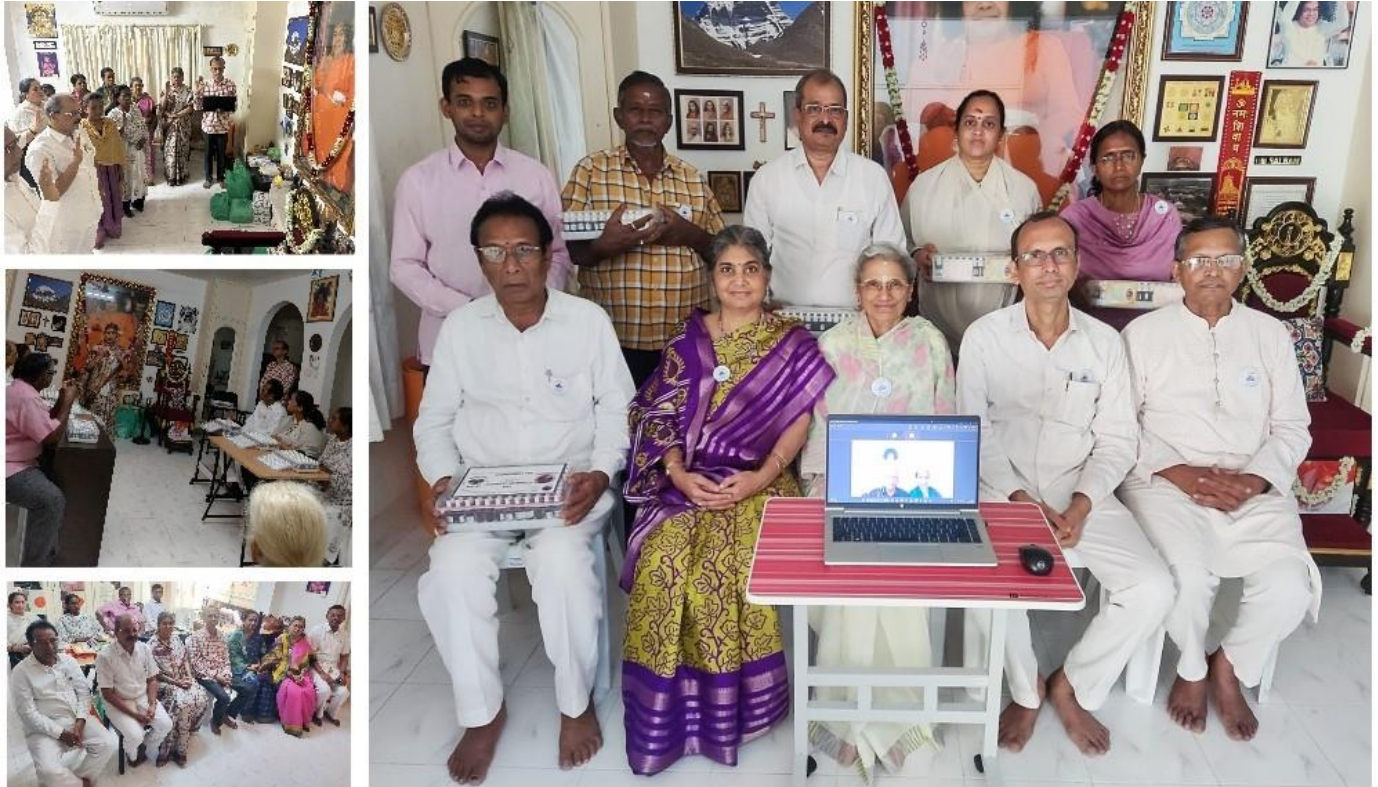
Three 5-day workshops each with a day's gap in between them were organised at the SVIRT office Puttaparthi from 9 July to 25 July 2026.

2.1 Telugu AP Practical Workshop, 9–13 July 2026

Seven enthusiastic participants from Andhra Pradesh and Telangana, driven by a strong desire to serve through vibrionics camps in remote rural areas, successfully qualified as Assistant Practitioners (APs)* in Telugu language. Having completed the e-course during June–July 2026, which covered the fundamental theoretical aspects of vibrionics, they attended the five-day practical workshop. Here the focus was on the practical aspects where they received invaluable hands-on training in conducting clinics, preparing remedies, maintaining patient records, presenting cases, and other clinical procedures. The sessions were conducted by **SVP**^{11568&11634} & **VP**¹¹⁶³² under the leadership of senior **VT**^{10375 & 11567}, the latter had also painstakingly translated all admission and training documents into Telugu. On completing their training, all seven took the oath and received their 108CC Boxes on 12 July 2026.

In his inspiring valedictory address, Dr JK Aggarwal reminded the participants that Swami, having blessed this healing system, will always guide sincere practitioners, especially as they begin their seva journey. He emphasized the importance of serving with love, seeing Swami in every patient, faithfully offering at least one hour of seva each day, holding regular local or WhatsApp meetings (involving patients too), encouraging more people to join vibrionics, and taking this healing mission to remote villages. Deeply inspired by his words, the newly qualified **AP¹⁸⁰²¹** volunteered to coordinate regular monthly meetings for the group, which will be facilitated by **VP¹¹⁶³²**.

***Regn. Nos. 18019 to 18025**



2.2 AVP Face-to-Face Workshop, 15-19 July 2026

Three dedicated participants, two from India and one from South Africa, qualified as Assistant Vibrionics Practitioners* (AVPs). Having completed the AVP e-course conducted from April to July 2026, they attended the five-day practical workshop under the able guidance of two **Senior Teachers^{10375&11422}**. The focus **was** on hands-on training through live clinics, enabling participants to gain practical experience in patient consultation, remedy selection and preparation **using** different mediums, maintaining patient records, drafting case histories, uploading seva reports, and effectively introducing vibrionics to audiences of diverse backgrounds. On successfully completing the training, all three took the oath and received their 108CC Boxes on 18 July 2026.

A special feature of the workshop was an inspiring session by Dr JK Aggarwal on "Lifestyle, Diet and Practitioners' Self-care." Although he had not conducted regular sessions for some time, he made a special effort to address this batch, making it a memorable learning opportunity. He spoke on the essentials of a healthy lifestyle and balanced diet, encouraged practitioners to take some vibrionics remedy daily as part of their selfcare, and concluded with the inspiring message: *Let our lifestyle be a fragrant offering at Swami's Feet.***

In the **founders'** valedictory address, Dr Aggarwal highlighted the essence of vibrionics practice: serving with unconditional love, seeing Swami in every patient, maintaining complete and accurate patient records, and inspiring every successfully treated patient into considering vibrionics as their first choice of treatment! He encouraged practitioners to make a sincere effort to inspire such patients to bring more people for treatment and, where appropriate, to consider becoming practitioners themselves, a natural and organic way to help vibrionics grow. He also underscored the importance of creating awareness about vibrionics *without canvassing* and staying connected through mentor support groups. Mrs Hem Aggarwal encouraged participants to serve with compassion balanced by detachment, reminding them to

avoid emotional involvement in patients' illnesses or personal circumstances. She concluded by emphasising that the most vital discipline for every practitioner is to "*look within.*"

At the conclusion of the workshop, the participants shared that the practical training gave them confidence to identify remedies and treat patients effectively, and were ready to begin their seva with enthusiasm and dedication.

***Regn. Nos. 11686, 11688 and 03627**

****The ppt and document on cleaning of vegetables & fruits have been uploaded on our practitioners' site - <https://practitioners.vibrionics.org>**



2.3. SVP Workshop, 21–25 July 2026

Five participants* qualified as SVPs and reverentially took their oath before Swami on 25 July 2026. Four attended the training in Puttaparthi - two from India, one from the UK, and one from France, while the fifth

joined online from the USA. They had completed an intensive seven-week online course with the expert guidance, encouragement, and mentorship of their trainers. Each week, they studied a new chapter followed by assessments to consolidate and evaluate their understanding.

The face-to-face workshop built upon this foundation, exploring the course material in greater depth and focusing on its practical application through numerous clinical cases shared by both participants and trainers. The participants greatly appreciated the five-day training, which provided them with valuable hands-on experience and confidence to begin treating patients using the SRHVP. They were particularly grateful for the availability, attentiveness, and extensive knowledge and experience of **Senior Teachers** 10375 & 11422, as well as the enriching interactions within the group.

The founders addressed the participants at both the opening and closing sessions. At the outset, Dr Aggarwal shared the history and principles of vibrionics, emphasising the importance of prayer in healing and the need for practitioners to maintain pure intentions. During the closing session, Dr Aggarwal and Hem Aggarwal shared several insightful cases from their experience, illustrating key principles and learnings of vibrionics. Dr Aggarwal emphasised the importance of maintaining a strong connection with Swami and treating every patient with love: *“Give love to your patients, and they will get better!”* He reminded the newly qualified SVPs of their responsibility to contribute more actively to the functioning of SVIRT and to research. He also stressed that when practitioners make a promise to God to undertake seva, they should honour it with sincerity and commitment. He encouraged them to take up administrative seva according to their interests, assume responsibility for their chosen tasks, and carry them through with diligence.

*** Regn #03604, 03605, 03607, 11654 & 11673**



3. Camps & Clinics

3.1. Sri Sathya Sai Unity Run & Ride, Jawaharlal Nehru Stadium, New Delhi, 5 July 2026

As part of Sai Baba's Centenary Year celebrations, over 10,000 participants joined the SSS Unity Run & Ride, jointly organised by the Fit India Movement and the SSS Seva Organisation. The event promoted fitness, unity and Swami's message "Love All, Serve All".

Sai Vibrionics practitioners played a unique role in this large-scale seva. As members of the medical team, **Practitioners** ^{11452,11427&11606} prayerfully prepared a **Running Booster Remedy***, which was mixed into water and distributed through dispensers at hydration points throughout the stadium and along the run and ride routes. By Swami's grace, every participant was offered the remedy despite the scale of the event.

This remarkable service demonstrated how faith, teamwork, and selfless dedication can transform even a massive public event into an opportunity to share Swami's love.

*** CC3.7 Circulation + CC10.1 Emergencies + CC12.1 Adult tonic + CC20.4 Muscles & Supportive tissue + CC21.3 Skin allergies**



3.2. SRCM Heartfulness Meditation Centre, BHEL, Hyderabad, Telangana, 19 July 2026

The Head of Heartfulness Meditation Centre, impressed by his wife's remarkable recovery after receiving



vibrionics at BHEL Sai Samithi camp, invited the vibrionics team to extend their services to the Centre, which offers free

heartfulness meditation and related programmes.

At the inauguration on 19 July, **VP**¹¹⁶⁵⁸ gave a brief introduction to Sai Vibrionics. She and **SVP**¹¹⁵⁶⁸ assisted by **AVP**¹¹⁶⁷⁴, attended to 25 patients with various health conditions from 9:30 am to 12 noon. The camp will henceforth be held on the third Sunday of every month.

4. Anecdote

4.1 From the Diary of Dr Jit Aggarwal-Miracle at the Border-contd. from last newsletter vol 17 #4

Later during the trip, my son, Suneil, a medical student at the time, was travelling to join us in Croatia. His role was to support his mother in running the clinics while I focussed on teaching the classes. As part of the plan, he was tasked with bringing the remaining 25 SRHV potentisers directly to Croatia. Given our tense experience earlier, carrying a large bulk of these unusual devices was highly risky.

At the security checkpoint, Suneil's suitcase was placed on the conveyor belt. As it went through the X-ray scanner, the screen clearly displayed all 25 machines to the operators. A customs officer looked at the monitor, turned to Suneil, and asked a single question: "*Are these cassettes?*" Suneil honestly simply replied, "*No*". Astonishingly, there was no further questioning, no luggage search, and no referral to higher authorities. He was waved right through.

For us, there was no doubt that Swami's hand was at play. How else could 25 distinct, wooden potentisers look like simple cassettes on an X-ray screen and pass through a high-security border completely unchallenged?

4.2 Swami's Blessing: Let Love Flow ^{10375...India}

It was 18 Nov 2025 around 9:30 pm when, while preparing remedies for my patients, I noticed a sprinkling of vibhuti on the outside of **CC3.7 Circulation** bottle and some sprinkled inside the 108CC box near its slot. I was reminded of Swami's photograph on the



inside page of the 108 CC book, showing Swami holding the CC3.7 bottle, saying "*Very good, very good.*" I felt this was Swami's loving guidance to include CC3.7 Circulation in the combos I was preparing, with a deeper message that *everything in life should remain in circulation, without stagnation, not only money, food and resources, but also our thoughts and minds, enabling us to progress spiritually.* The following day, 19 Nov, during the Ladies' Day celebration at my Samithi, I was invited to speak about my experiences, I received another beautiful blessing. As I began my talk, a lotus flower that had been placed above Swami's picture fell gently in front of His photograph. Receiving these two blessings on two consecutive days filled my heart with love and gratitude. I then joyously travelled to Puttaparthi, where my co-teacher, **Practitioner¹¹⁴²²** and I were to conduct AVP workshop.



5. In Memoriam

With deep sorrow, we announce that **Sri Vasant Balaji Wani** ¹⁰⁶³⁰ of Jalgaon, Maharashtra, merged peacefully into eternal rest in his sleep at the age of 85 on 6 July 2026. He practised vibrionics for more than 14 years, conducted weekly vibrionics camp at Omkareshwar Temple in Jalgaon and monthly village camps at Yaval for many years. A devotee of Swami for nearly 50 years, he was also an active bhajan singer at his Sai Samithi. We offer our heartfelt condolences to his four daughters and pray to Swami for his soul's onward journey to His Lotus Feet.



Om Sai Ram!

Sai Vibrionics. . . towards excellence in affordable healthcare - free to patients