

Sai Vibrionics Newsletter

www.vibrionics.org

"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva."
...Sri Sathya Sai Baba

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☞ From the Desk of Dr Jit K Aggarwal ☞

Dear Practitioners

It is such a blissful and auspicious time of the year. We just celebrated Diwali and Swami's Avatar Declaration Day and now preparations are in full swing for our beloved Bhagwan's birthday. One might ask why we celebrate so many religious festivals and spiritual events and how do they enrich our lives? I believe the significance of these festivals is to bring us closer to our divine self and realize the true purpose of life. In fact, these festivities were designed to bring us closer to God through immersing ourselves in glorifying the Almighty through prayer, song, and dance, and engaging in selfless service.

Sathya Sai Baba said, "If the name of Jesus is glorified all over the world today, it is because of His boundless love. He served the lowly and the lost, and in the end, offered his life itself as a sacrifice. How many of those, who call themselves devotees of Jesus, are following His teachings? Those who claim to worship Rama, how far are they following His example? How many professed devotees of Krishna are living up to His teachings? There are many who claim to be Sai devotees. How many of them are following the message of Sai? If everyone seeks the answer within himself, he will see that it is a zero. Anyone who claims to be a Sai devotee should dedicate his life to Sai ideals. That is true devotion and real penance. That is the hallmark of humanness. It will be reflected in love, which will find expression in compassion that generates real Ananda (Bliss)." - Birthday Discourse, 23 November 1993.

Swami's ideal of selfless service forms the very foundation of Sai Vibrionics. Dedicating ourselves to the vibrionics mission serves to help each one of us evolve into better versions of ourselves and thereby bring us closer to God.

In 2015, on Swami's 90th birthday, we published a book of 90 case histories that we dedicated at His Lotus Feet. We would like to commemorate His birth centenary in 2025 with a unique and special offering worthy of this momentous occasion. If you would like to make a grand dedication to Swami, give some serious thought and come up with an activity proposal and write to news@vibrionics.org with an outline detail of your project at the earliest by 30 November 2022. Remember, you would need to commit yourself to execute it, either individually or with peers. We envisage undertaking several projects during the centenary year.

I am delighted to see that vibrionics is gaining significant momentum as a holistic therapy. Recently, we have received several requests from practitioners residing outside India for vibrionics treatment for their friends and relatives who live in India. This has inspired us to launch a new initiative whereby overseas practitioners can email the remedy prescription and contact details of the patient to practitionerinfo@vibrionics.org. Our admin team will identify the nearest practitioner and forward them the details so that they can prepare and deliver the remedies to the patient. In all such cases, the patient's record will be maintained by the overseas practitioner, who will count the patient as theirs.

Knowledge grows by sharing and the vibrionics mission gains momentum when practitioners share their cases and experiences. While, verbally we hear of so many amazing, almost miracle-like cures, sadly, many practitioners do not send in their written case histories. Sharing successful case histories not only helps other practitioners but also helps our research team to re-evaluate and validate our combos. It is my sincere request to you to send at least one chronic case history to casehistories@vibrionics.org now and, in addition, regularly send in interesting cases, setting your own goal of how often you wish to send them.

I am thrilled to announce the commencement of two regular vibrionics clinics in Puttaparthi, one in Karnatakanagapalli across the Chitravati river and one near Sai Baba's super specialty hospital. This is a significant development, as it will benefit not only locals but also visitors to the area. More details can be found in the In Addition section of this newsletter.

In conclusion, my prayer to our beloved Bhagawan is that He fills our hearts with more love and noble feelings so that we may spread His glory and His message of Love by infusing all those whose path crosses ours with His spiritually charged divine vibrations in the form of vibrionics.

In loving service to Sai

Jit K Aggarwal

☪ Practitioner Profiles ☪

Practitioners ^{02494...Italy} are a couple from Venice whose interests lie primarily in arts and reading sacred texts. The husband has a diploma in opera singing and performs across the globe. The wife is a former classical ballet dancer, dance teacher, and choreographer.



The husband first heard of Sri Sathya Sai Baba in 1987 from a music teacher who encouraged him to write a letter to Swami, when she was going to His ashram in India. On arriving in Prashanthi Nilayam, she was immediately called in for a private interview during which Swami read the letter and gave her a personal message for him. The wife heard about Swami in 1990 when she first met her husband. They finally came to Puttaparthi to have their first darshan in 1995 and the following year, the husband was blessed with the opportunity to perform in a concert in the

Poornachandra auditorium on the auspicious occasion of Guru Purnima.

The couple has always been highly service-oriented. Together with the wife's parents, they started a non-profit organisation 'Agartha.' The money came through voluntary donations or charity concerts organized by the couple. This organisation operated throughout Italy, and they took it upon themselves to provide food and medicines to various animal shelters, made payments of fuel bills for families in distress, and provided much-needed equipment for the disabled. In addition, they provide information on vegetarian & vegan nutrition and on spiritual topics like Advaita Vedanta through social media and free public events and perform charity concerts for the elderly in nursing homes. In 2012, during an earthquake in Italy, they supplied free tents, food, clothes, medicines and other necessities to the affected, independent of any organisation.

On a trip to Prashanthi Nilayam in 2002, when both of them developed minor health problems they were taken to Dr Aggarwal by a friend and were given vibrionics remedies. The next day, the wife became well and her husband recovered soon after. Intrigued with the system of healing, they obtained further details on vibrionics method of healing. They were so inspired that they decided there and then that they wanted to learn this therapy but there was not sufficient time on this trip, so they returned to Italy. The following year in 2003, they came back to Puttaparthi, underwent training and took their test to qualify as Vibrionics practitioners.

In 2004, the couple organised a vibrionics course to be taught by Dr Aggarwal for 30 candidates in Italy. They were appointed as country coordinators and were also trained as vibrionics teachers. Over the years they have taught the AVP course, organised refresher workshops and have been providing guidance, help, and advice to other Italian practitioners. They organised a second course to be taught by Mrs and Dr Aggarwal in Italy in 2012.

They gratefully recall how once, in 2013, they had some inner questions about vibrational therapy. They had taken with them to a Laksharchana function (spiritual meeting), a photo of Sai Baba, earlier distributed

to practitioners and Swami answered their prayer by covering the photo with vibhuti!

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Over the years, they have treated more than eight thousand patients. They have several interesting cases to share. A 66-year-old man had developed diabetes, after receiving a shock from having accidentally hit a girl with his car 30 years ago, and had very poor circulation in his foot. He was given **#1. NM74 Diabetes + NM83 Grief + NM95 Rescue Plus + OM8 Hypo & Hyperglycaemia + BR2 Blood Sugar + BR7 Stress + BR12 Liver + SM17 Diabetes + SR305 Pancreatin 30C + SR361 Acetic Acid + SR499 Insulin + SR516 Pancreas***. After a week, he returned in despair, because his toe was now gangrenous with an open, infected wound spreading fast. The doctors had fixed an appointment after four days to amputate his leg. So to treat for gangrene, **#2. NM16 Drawing + NM20 Injury + NM32 Vein-Piles + NM36 War + OM3 Bone Irregularity + SM15 Circulation + SM26 Immunity + SM27 Infection + SR264 Silicea 200C + SR293 Gunpowder + SR408 Secale Corn + SR507 Lymphatic Organ + SR556 Pyrogenium*** was prescribed. The very next day, the foot showed improvement and at his appointment four days later, the surgeons noticed that the leg was no longer swollen and that the wound was healing well. They decided not to go ahead with the amputation. He continued to take the remedy for the next two months until the foot recovered completely.

*** If using the 108CC box give #1: CC3.7 Circulation + CC4.2 Liver & Gallbladder tonic + CC6.3 Diabetes + CC10.1 Emergencies + CC15.1 Mental & Emotional tonic; #2: CC9.2 Infections acute + CC20.1 SMJ tonic + CC21.11 Wounds & Abrasions**

In another case, a 54-year-old man had severe injuries on his right side (shoulder, trunk, pelvis), deep wounds and blunt trauma to the liver region due to a bicycle accident. He was given, at first through remote healing and later orally **NM20 Injury + NM26 Penmycin + NM36 War + NM113 Inflammation + OM5 Circulation + OM30 Connective Tissue + SM1 Removal of Entities + SM2 Divine Protection + SM27 Infection + SR256 Ferrum Phos + SR265 Aconite + SR270 Apis Mel + SR271 Arnica 30C + SR293 Gunpowder + SR316 Streptococcus + SR348 Cortisone + SR368 Bellis Perennis + SR510 Muscles + SR528 Skin***. Within a few days, the patient reported that the pain had disappeared but visited his physician for a check-up. The doctor diagnosed a large haematoma in the liver area. He prescribed painkillers but the patient did not need them. He continued taking the above remedy and within a few weeks, the haematoma disappeared and he completely recovered from his injuries.

*** If using the 108CC box give: CC10.1 Emergencies + CC15.1 Mental & Emotional tonic + CC20.1 SMJ pain + CC21.1 Skin tonic + CC21.11 Wounds & Abrasions**

The practitioners have experienced that **CC10.1 Emergencies** is an extraordinary remedy to be taken prior to any surgery or dental procedure and is especially beneficial during post-surgical recovery as it considerably speeds up the recovery process. They have seen patients who have undergone hip surgery, walking on the same day! One instance of the efficacy of this remedy really stands out. Once, the lead opera singer of a concert fell ill just before the start of the show and she just could not get up from the chair. Instead of calling a doctor, the director immediately ran to the practitioner who always carries a vibro kit with her. She administered **CC10.1 Emergencies** and the singer recovered within ten minutes, and went on to perform as if nothing had happened! Another remedy with which they have had great success is **CC8.2 Pregnancy tonic**. In several cases, they have been astounded by how rapidly the labours of pregnant women taking this remedy progresses and the total absence of pain during delivery.

Their suggestion to practitioners who complain of lack of patients is constantly to be on the lookout for opportunities to talk about vibrionics, whether it is with friends or relatives or even strangers in the checkout queue at the supermarket! They always carry the Wellness Kit and some emergency combos during travels and have witnessed miraculous cures on many occasions. Through their vast experience of practising vibrionics, they have gained considerable insight into the complexity of the human being. They suggest that practitioners should first treat their patients' emotional state or negative frame of mind in order to promote faster physical healing later.

Early during their practice, they learnt an important lesson as they treated a friend with brain cancer, who did not survive long. In a distraught state, they wrote to Dr Aggarwal "Our friend is dead, I failed!" He got the reply "Who are you to decide who should or should not heal? You are just a tool and nothing more... Let go of everything else!" They took these words to heart and have since been following this salient advice with every patient.

Cases to share:

- [Dizziness, nausea](#)
- [Hypothyroidism](#)
- [Congenital unfused C7 vertebrae](#)



Practitioner 03591...Indonesia



has a bachelor's degree in business administration and a master's degree in education. Currently a homemaker, she has previously worked as a marketing executive and later as a teacher from 2003 to 2014. She is an avid reader and loves to participate in sports.

She was introduced to Sai Baba in 1995 after she married a Sai student. When she visited Prashanthi Nilayam right after her wedding and saw Swami in person for the first time, she was overwhelmed by a tremendous sense of calmness and could not hold back her tears. A year later, during her first pregnancy, she contracted a viral infection that could harm the foetus and so, was advised to abort it. But her steadfast faith in Swami compelled her to continue with the pregnancy. A month later, this decision was reinforced by a dream wherein Baba reassured her and asked her to bring the baby for His darshan. She delivered a healthy baby

boy whom she took to Brindavan six months later. Lovingly, Swami touched, looked at and blessed the baby.

In 2003, the practitioner felt an inner calling to play a more active role in the Sai organization. From then to 2013, she served as a Bal Vikas Guru and an Education Coordinator. Since Jan 2022, she has been serving as the Sai Mahila Coordinator.

In 2017, she first heard of Sai Vibrionics from her husband's friend, a senior practitioner. After some research, she was quickly drawn to this system of healing. As she was looking for alternative remedies for her own health issues, it seemed as if Swami had led her to the answer! She qualified as an AVP in Aug 2019 and became a VP in Oct 2021.

Soon after becoming a practitioner, she treated a 40-year-old female family member who had been suffering from severe asthma for 30 years. She was unable to climb stairs or do any household chores. She was given **CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC19.3 Chest infections chronic + CC19.4 Asthma attack**. Within two weeks, the patient had improved by 50% and in five months, was 90% better and later, the problem completely disappeared!

In another case, a 27-year-old woman with acne all over her face for the past 12 years and severe acne on her back for the past 3 weeks was given **CC21.2 Skin infections + CC21.3 Skin allergies**. Within ten days, the patient felt a substantial improvement in the acne on her back and in eight months, she was 100% acne-free! The practitioner had tremendous success with treating a 33-year-old man with drug addiction for the past two years. Determined to fight the addiction that had torn his family apart, he religiously took **C10.1 Emergencies + CC15.3 Addictions**. He was not deterred by the severe withdrawal symptoms and pullout but continued to take the remedy regularly. The practitioner applauds the patient's disciplined approach that helped him to overcome his addiction in just two months. In yet another outstanding case, the practitioner treated a 35-year-old man who was depressed for over a year and taking antidepressants and sleeping pills. He was given **CC10.1 Emergencies + CC15.1 Mental & Emotional tonic** along with vibhuti and within just a week, he felt calm and was sleeping well without taking allopathic medicines!

The practitioner finds that adding **CC12.1 Adult tonic** to every remedy given to elderly patients, is extremely beneficial. She has had tremendous success with treating plants belonging to friends and she is interested in contributing to vibrionics research in this area. As a dedicated practitioner, she makes sure that she keeps herself updated with developments in vibrionics by attending online refreshers and workshops. She is enthusiastic to serve as part of the postal/broadcasting team and is keen to take on the role of country coordinator when an opportunity arises.

Every time she prepares a remedy, she talks to Swami and prays for His guidance; thus, the practice of vibrionics has brought her closer to Him. Treating patients has taught her to be a better listener, given her invaluable insight into the complex problems of others, and made her more considerate, compassionate and empathetic. She has noticed that patients heal faster when she is loving and affectionate towards them and this is the best advice she would like to give to other practitioners.

Cases to share:

- [Menstrual pain](#)
- [Sinusitis](#)
- [Calf pain](#)

☞ Case Histories Using Combos ☞

1. Dizziness, nausea ^{02494...Italy} A 46-year-old man was forced to leave his flourishing business behind in Argentina (due to economic collapse there) and flee to Italy with his family in 2003. He managed to find a job as a car test-driver but was highly stressed due to his new job and family circumstances. This resulted in the man having a reeling sensation that caused severe nausea and he was unable even to stand up. When in Argentina, this happened only occasionally. After several months of stressful living in Italy, these episodes became frequent and would certainly occur every time he drove on the test-track and would last a few hours. He was not taking any other treatment when he approached the practitioner on **19 Jan 2004**, he was given:

NM88 Meniere's Disease + SR280 Calc Carb...6TD

In the first few days, he was in a confused state although the reeling sensation was now less. After two weeks on 4 Feb, he observed that the duration of each episode was decreasing and his symptoms were becoming less severe. He reported progressive and consistent improvement every month. By 7 July, his symptoms had completely disappeared and he reported 100% improvement in his condition. He was happy that he could now perform his job without any problem. The dosage was gradually tapered off and stopped on 19 Oct 2004.

He had no recurrence of the symptoms over the next few months after which the practitioner lost touch with him as he returned to Argentina.

If using the 108CC box give: **CC5.3 Meniere's disease**

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2. Hypothyroidism ^{02494...Italy} A 31-year-old woman was diagnosed with hypothyroidism 10 years ago. She had a swollen neck and had gained a lot of weight. She had been taking allopathic medicine but it did not help. On **10 Nov 2003**, she sought vibrionics treatment and was given:

SR258 Kali Phos + SR379 Coffea Cruda + SR521 Pineal Gland + SR568 Hypothyroidism...TDS

On 20 Nov, she reported that she had a headache right from the start of the remedy (most likely a pullout) but her neck swelling had visibly reduced. On 10 Dec, she mentioned that she had been feeling exhausted and so had to take a nap in the afternoons. By 24 Dec, she was feeling much better – the swelling in her neck had reduced further and her weight had also come down without dieting. She also felt energetic and no longer needed to rest during the day. Her condition steadily continued to improve and on 31 Jan 2004, she chose to stop taking the allopathic drug while continuing with the vibrionics remedy.

On 8 Mar, the blood test report showed a TSH value of 73 which came down to 36 on 15 June and finally on 8 July, it was in the normal range (**0.5 - 5.0 mIU/L**). The dosage was reduced to **BD** and then slowly tapered down before stopping it on 15 Sept 2004.

She did not report any health issues even after stopping the remedy.

If using the 108CC box give: **CC6.2 Hypothyroid + + CC18.5 Neuralgia**

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3. Congenital unfused C7 vertebrae ^{02494...Italy} A 67-year-old female had been diagnosed with an unfused cervical vertebra (C7) at the time of birth. She always had to keep the neck muscles toned by doing many exercises prescribed by the osteopath but she did not wear any neck support. She suffered daily from pain with fluctuating intensity in her right shoulder blade, both arms and hands; these would become numb especially at night with a tingling sensation and as a result, she slept for only a few hours. She was able to manage day-to-day household work by resting often and taking help from another person to avoid the risk of injury to the spinal cord. She was not taking any medicines. On **19 Jan 2004**, the practitioner gave her:

NM3 Bone Irregularity + NM7 CB7 + NM67 Calcium + OM3 Bone Irregularity + OM4 Cervical + OM32 Spine: dorsal + SR500 Intervertebral Discs + SR540 Vertebrae...TDS

On 22 Jan, she felt a severe throbbing sensation in the thyroid gland area, severe pain along the spine and headache, most likely it was pullout. The symptoms lasted for the next nine days but she persisted

with the same dosage with courage and confidence. On 31 Jan, she started to feel better but later in the evening, she felt pinpricking sensation all over her body. After four days on 4 Feb, the tingling sensation in her hands was almost gone after which she could sleep for four to five hours every night.

By 13 Feb, the numbness in her hands, pain in her right shoulder blade and arm was gone and her sleep improved further, but pain along the spine still remained. From 29 Feb, she was able to sleep well for six hours a night, as the tingling sensation was fully gone. She was having some minor pain in her lumbar area and shoulders but only occasionally. She improved steadily and at the end of July 2004, her MRI report showed a completely normal C7 vertebra as if it had been reconstructed! She continued the remedy until all the pills were exhausted but unfortunately, the patient did not return for a refill.

If using the 108CC box give: **CC20.1 SMJ tonic**

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4. Menstrual pain ^{03591...Indonesia} A 27-year-old female had been suffering from painful periods since the age of 13. The painful cramps would begin two days before the start of and would last to the end of menses. There would be heavy bleeding for seven days and she would get exhausted. The pain was so bad on the first day that she had to take prescribed painkillers and also a day off work. An ultrasound scan done earlier in 2007 had revealed endometriosis, for which she was prescribed a painkiller to be taken when required. Her haemoglobin level was seven.

On **10 Sept 2019**, the first day of her menstrual cycle, she was given:

CC8.4 Ovaries & Uterus + CC8.6 Menopause + CC8.7 Menses frequent + CC15.1 Mental & Emotional tonic...every 10 minutes for an hour followed by **6TD**

After three days, there was 20% improvement in pain, bleeding and exhaustion. The dosage was reduced to **TDS** and she decided not to take the painkiller as it used to upset her stomach. The patient was advised to take healthy food, drink plenty of water and exercise for at least half an hour daily, all of which she followed.

The next cycle started on 20 Oct and she reported that her period was completely pain-free and there was a 40% improvement in bleeding. Moreover, she felt energetic unlike in previous cycles. In Nov, bleeding lasted for only four days and she had another pain-free period with normal bleeding and good energy levels. The patient was delighted not to have to take painkillers or time off work. A blood test done in Jan 2020 revealed an increased haemoglobin level of 10! Her recently-adopted healthy lifestyle seemed to have helped too. As this was the time of the Covid pandemic, she refrained from any further tests.

On 12 Mar 2020, the dosage was reduced to **BD** for a year followed by **OD** for six months, then tapered off to **OW**, which she continues to take till date and feels absolutely fine.

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5. Sinusitis ^{03591...Indonesia} A 25-year-old female experienced recurrent bouts of sinusitis with runny nose, swollen cheeks and terrible headaches for the past nine years. Each attack lasted four to five days, recurring at least four times a month. She was prescribed a steroid nasal spray and a painkiller. These were very helpful but the relief was temporary. So she decided to go for vibrionics treatment. On **10 Jan 2020**, she was given:

CC9.2 Infections acute + CC19.2 Respiratory allergies + CC19.5 Sinusitis... every 10 min for one hour, to be repeated for another hour if needed, thereafter **6TD**

By 13 Jan, her symptoms had improved by 30% and she was advised to reduce the dosage to **TDS**. She was now taking the painkiller only once a day and chose not to use the nasal spray. In another four days, the runny nose and swelling in the cheeks were gone but she still had a mild headache, which she was able to bear without taking the painkiller. By 20 Feb, the patient reported a 90% improvement and said that she had experienced only one minor sinus attack that month.

As she had no further attack in the next eight months, on 25 Oct, the dosage was gradually tapered down to **OW**. As of Sept 2022, the patient still continues at the maintenance dosage of **OW** and has not reported any sinus-related issues.

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6. Calf Pain ^{03591...Indonesia} A 67-year-old male was suffering from severe pain in his left calf and extreme fatigue for the past two years. He could not stand or walk for more than 15 minutes at a time and got tired quickly while carrying out daily chores, so he felt mentally low and demotivated. Hesitant to take allopathic

medication because of possible side effects, he managed simply by applying ice packs to the calf area and taking adequate rest. On **20 April 2020**, he was given:

CC3.7 Circulation + CC12.1 Adult tonic + CC20.4 Muscles & Supportive tissue...TDS

Also, he was advised to follow a healthy lifestyle including stretching exercises. By 21 May, there was 50% improvement in pain as well as fatigue. He could stand and walk for more than half an hour without pain. On 20 June, there was 70% improvement and by 30 Sept, there was no pain except occasionally when he overstrained himself.

On 15 Dec, the patient reduced the dosage to **BD** on his own, based on his comfort level. In June 2021, the dosage was reduced to **OD**, which the patient continues to date. As of Sept 2022, there has been no recurrence of any symptoms.

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7. Knee pain ^{11632...India} During the last five years, a 51-year-old woman has had three accidents resulting in injuries to her left knee. In Dec 2019, when she was suffering from much pain and swelling in the same knee, her doctor diagnosed wear and tear of the cartilage in the knee joint and advised bed rest for two months. This gave her good relief but the pain reappeared after a few days. The knee would become numb after sitting beyond half an hour; it was painful for her to squat or turn in bed. She was unable to stand for more than 10 minutes. After standing up, it was uncomfortable to walk for the first five minutes and when she did walk, there was a grating sound and a piercing pain radiating to the sole. She also had varicose veins for the past seven years and on her right foot, an occasionally painful cyst that had developed ten years ago. She did not take any treatment, as these did not bother her much. She mentioned that her negative thoughts towards some people were disturbing her mental peace.

On **14 Dec 2021**, she was given:

CC10.1 Emergencies + CC18.5 Neuralgia + CC20.3 Arthritis + CC20.7 Fractures...6TD for three days followed by **TDS**

Within four days, she noted a remarkable improvement in her condition: the pain, swelling and numbness were reduced by 30%. She could turn in bed comfortably and while walking, the grating sound and the piercing pain did not appear. She could stand for a longer duration and could walk comfortably within a minute of standing up. The cyst on her foot had also reduced in size by 50%! Within four weeks of starting the treatment, there was 80% relief from knee pain, swelling and numbness and 100% in 11 weeks on 1 March 2022. Even the size of the cyst had come down by 90%. She also conveyed that her negative thoughts had been transformed to love and affection for everyone!

The dosage was reduced to **BD** and on 31 May to **OD** to be taken as preventive. As of July 2022, there has been no recurrence. At present, she is undergoing vibro treatment for varicose veins.

Editor's comment: It may seem that no combo was prescribed for negative thoughts but **CC10.1** is so powerful, as it contains several mental remedies, that it did the trick.

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8. Painful pimples ^{11632...India} A 28-year-old female started suffering from painful pimples on her face five



Before treatment



During treatment



After treatment

years ago. The size of the pimples as well as the pain would start increasing a week before the start of her menstrual cycle and would decrease gradually during seven days after menstruation but would not go away completely. She could not afford any medical treatment, so applied turmeric paste on the pimples, which gave limited relief. The pimples and the pain bothered her so much that she

was desperately looking for an alternative solution. On **25 Mar 2021**, the last day of the cycle, she visited the practitioner and was given:

#1. CC8.6 Menopause...TDS

#2. CC21.2 Skin infections...BD in water for external application

On 25 April, after completion of the cycle, there was 50% reduction in both the pain and size of pimples; this went up to 90% in another two months and on 5 Aug, she reported 100% improvement. She then lost contact with the practitioner but five months later in Jan 2022, they met again. The patient happily conveyed that the pimples never appeared again and she has been totally pain-free.

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9. Swelling after centipede bite^{11626...India} In Nov 2021, a 40-year-old man was bitten by a huge yellow centipede on his left foot. He became drowsy and had severe pain and swelling in his foot. He immediately went to the hospital where he was given Tetanus Toxoid and anti-venom injections and was prescribed medicines for 15 days. All symptoms vanished after the treatment and the man was fine for a month until in Dec 2021, his left foot began to swell around the area of the bite. Though there was no pain, the swelling was so much that he could not put on his footwear. His job demanded him to travel frequently around the city on his motorbike and the swelling made travelling difficult. His doctor prescribed some medicines and a bandage, which he stopped using after a month as these did not help. The swelling worsened whenever he travelled long distances.

There happened to be a vibronics camp organised in his area, so on **15 May 2022**, he consulted the practitioner about his swelling and was given:

CC10.1 Emergencies + CC13.1 Kidney & Bladder tonic + CC17.2 Cleansing + CC21.4 Stings & Bites...TDS

By 22 June, when he came to the next camp, the swelling had completely gone. He could wear his shoes comfortably and travel long distances. The dosage was tapered off and stopped on 17 Aug.

The swelling did not recur and the patient is fine as of Oct 2022.

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10. Depression^{18007...India} A 25-year-old female, brought to the practitioner by her aunt (her carer), was suffering for over two years from depression caused by a huge shock. In early 2020, she lost both her parents within a period of two months and soon after, she stopped talking and responding to others. Previously, she was a very cheerful and bright young lady. Now she became passive, had a blank stare, showed no interest in life and even stopped eating. She was admitted to a hospital where she took psychiatric treatment for one month and since there was hardly any improvement, she was discharged and the doctor said 'there is no hope'. Nevertheless, she took medicines prescribed by a psychiatrist for two years but these did not help. For the past two months, she had swelling in both legs. During the consultation she avoided eye contact with the practitioner who had to ask her several times if she had pain in the legs, she nodded "yes". On **13 March 2022**, she was given:

#1. CC15.2 Psychiatric disorders...QDS

#2. CC3.7 Circulation + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC18.5 Neuralgia...TDS

However, she continued taking the allopathic medicines. The aunt was advised to avoid giving her junk food which she was fond of. Just after three days on 16 March, the aunt excitedly conveyed that she could see positive changes in her niece's behaviour as she had started responding to others and the blank stare was almost gone. Also, the swelling and pain in both the legs had reduced by 30%. Within three weeks, there was 75% improvement in all her symptoms and this progressed to 100% by 19 April. She had become her usual cheerful self, talking freely with others. The dosage of both the remedies was reduced to **BD**.

The patient chose not to visit her psychiatrist and stopped the allopathic medicines. She also found a job that she enjoyed. The remedies were tapered off and stopped on 1 Aug. As of Oct, she has continued to be fine.

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11. Back pain^{11618...India} A 48-year-old software engineer had been suffering from frequent lower back pain for the past 10 years. Stress caused by long working hours and bending down to lift objects would trigger the back pain that would last for 1 to 3 weeks. He took painkillers and did a few gentle exercises but these provided very little relief. At times, he was in bed for 4 to 5 days and took painkillers every day for 3 to 4 weeks. He was always afraid of bending and very conscious of his movements. Additionally, for the past

one month, he had joint pain in fingers, hands, and feet. He did not want to take painkillers and was desperate for another solution. On **5 Jan 2020**, he consulted the practitioner who gave:

#1. CC3.7 Circulation + CC10.1 Emergencies + CC20.4 Muscles & Supportive tissue + CC20.5 Spine...TDS

He immediately stopped taking the painkillers. On 13 Jan, he had 20% relief from the back and joint pains; this progressed to 70% by 13 Feb. On 30 Mar, he said that his back pain had increased but felt it was due to longer work hours. Also, he had previously forgotten to mention that he was having bloated stomach for the past six months. So **#1** was changed to:

#2. CC3.7 Circulation + CC4.10 Indigestion + CC20.4 Muscles & Supportive tissue + CC20.5 Spine...TDS

By 15 Apr, he had 80% improvement in back pain and 50% in bloating. By 14 May, there was 100% improvement in back pain, 90% in bloating and joint pain. By 16 June, all his symptoms had completely gone. He was able to bend down, lift objects, and move about with ease. From 2 July, the dosage was gradually tapered down to **OW** and stopped on 13 Sep 2020.

As of Oct 2022, there has been no recurrence of any symptom.

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12. Fungal infection - ringworm ^{03604...USA} A 24-year-old female artist was suffering from ringworm infection for over two months. The rash developed into the typical round ring shape with a centre and it appeared on her legs, back, arms, and torso. It was red, itchy and irritating. She first treated herself with over-the-counter ointments, which provided no relief. On 21 Apr 2022, she went to a physician who confirmed the diagnosis and prescribed a topical medication. All it did was to reduce the intensity of the rash but only slightly. On 2 May, the physician prescribed an oral medication, which she took for over a month but it did not cure the infection. On **8 June 2022**, she stopped taking the allopathic medicines and approached the practitioner who gave her:

CC10.1 Emergencies + CC12.1 Adult tonic + CC21.2 Skin infections + CC21.3 Skin allergies + CC21.7 Fungus...TDS orally and in cream* for topical application...BD

Within a week, the rash subsided considerably and there was 50% improvement in both appearance and itching. In another four days on 19 June, there was 100% improvement and she stopped taking the remedy as per her own choice. As of Oct 2022, she continues to be free of ringworm.

*a commercially available lotion which is free of parabens, dyes and fragrances.

☞ Answer Corner ☜

Q1. Is there a remedy that can help prevent and/or treat lumpy skin disease, which is affecting thousands of cattle in India, Africa and some other countries?

A. Lumpy skin disease is a contagious viral disease affecting cattle with symptoms like high fever, reduced milk production, skin nodules, loss of appetite, increased nasal and lacrimal discharge and ulcers in eyes and spreads mainly through mosquitoes, flies, lice, and wasps. It is not known to transmit from cattle to humans. We recommend the following remedies for prevention and cure:

For those having SRHVP: **SR271 Arnica 6X + SR272 Arsen Alb 200C**

For those with only 108CC box: **CC1.1 Animal tonic + CC4.1 Digestion tonic + CC7.1 Eye tonic + CC9.2 Infections acute + CC19.5 Sinusitis + CC21.3 Skin allergies**. If symptoms other than those mentioned above are noticed then appropriate combos from the 108CC box should also be added. Put remedy in the animal's drinking water.

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Q2: I feel drawn to a topic on which our organisation should conduct research, as this would help in the growth of vibrionics. How do I go about it?

A. Anyone wanting to conduct systematic research is required to submit to admin2-1@vibrionics.org a proposal consisting of the title of research, a synopsis outlining the aims & objectives of the proposal and the methodology if applicable. Once the proposal is approved, a member of the research team will work with you to take it forward.

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Q3: With the easing of Covid protocol restrictions, I want to conduct a Vibrionics Camp in a village near my house. Are there any prerequisites for the successful conduct of the camp?

A: The venue of the camp should be easily accessible to the general public and perhaps a placard/notice should be displayed at or near the site. Advance notification about the camp should be circulated among the local residents. This could even be by word of mouth. The site should preferably be enclosed with suitable roofing having adequate ventilation and space for requisite basic furniture. If possible, a separate waiting area can be provided for patients. A set of printed precautions and a pad for patients' records will be handy. It is best to carry extra supplies of bottles and pills for emergency. Bottles with pills already filled in them can be prepared in advance to save time at the site. Your coordinator should always be advised of any proposed camp activities; he may also provide further guidance.

Q4. Can you suggest a remedy for protection against radiation from 5G mobile towers?

A. To minimise the adverse effects of 5G radiation, give the following **BD**, on waking and at bedtime:

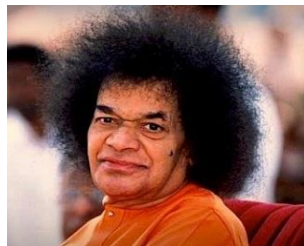
CC2.1 Cancers – all + CC10.1 Emergencies + CC13.1 Kidney & Bladder tonic + CC15.1 Mental & Emotional tonic + CC17.2 Cleansing + CC18.1 Brain disabilities OR

NM12 Combination-12 + NM45 Atomic Radiation + NM75 Debility + BR3 Depression + BR11 Kidney + SM1 Removal of Entities + SM5 Peace & Love Alignment + SM14 Chemical Poison + SR310 Radium + SR318 Thuja 200C + SR324 X-ray 30C + SR342 Antim Crud + SR458 Brain Whole + SR463 Cranial Nerves + SR532 Sympathetic Nervous System + SR548 Colocynthis

Q5. I have inadvertently contaminated one of my 108CC bottles. Will rinsing it in pure alcohol clear the contamination?

A. We suggest that you wash the bottle and all its parts in hand-hot water and dry them thoroughly. There should be no trace of water, taking special care of the dropper parts. You may further rinse the bottle in alcohol. This would clear both physical and vibrational contamination.

☪ Divine Words from the Master Healer ☪



“The atmosphere today is polluted by bad thoughts and feelings. When you sing the glory of God, the bad germs in the air are destroyed and the air gets purified by a treatment with anti-biotics as it were.”

...Sathya Sai Baba, “Chant the Name sing His glory” Discourse, Trayee Brindavan, 23-10-1994
<https://www.ssbpt.info/ssspeaks/volume27/sss27-29.pdf>

“Among the nine steps of devotional progress, the fourth and the fifth highlight the attitude of seva; it is referred to as Padasevanam and Dasyam (serving the Feet of the Lord; acts offered at the Feet of the Lord; feeling oneself as the servant of the Lord). Service is basically activity arising out of the yearning to win the Grace of God. Through seva alone can man attain Mastery, and through mastery of the senses, passions and the predilections, man can attain Divinity itself. “

... Sathya Sai Baba, “Mirror and comb” Discourse 26 June 1969
<https://www.ssbpt.info/ssspeaks/volume09/sss09-12.pdf>

❧ Announcements ❧

Forthcoming Workshops*

- **India Puttaparthi:** Virtual AVP Practical Workshop **2-20 Nov 2022** followed by face-to-face workshop **25-27 Nov 2022**, contact Lalitha at editor1@vibrionics.org
- **India Puttaparthi:** AP Workshop (Telugu) **29-30 Nov & 1 Dec 2022****contact Padma at trainer-cc@in.vibrionics.org
- **India Puttaparthi:** Virtual Follow-up Workshop for recently qualified SVPs **8-9 Dec 2022** (*postponed from prescheduled Oct dates*), contact Padma at promotionsSVP@vibrionics.org
- **India Puttaparthi:** Virtual AVP Practical Workshop **2-20 Apr 2023**** followed by face-to-face workshop **26-28 Apr 2023****, contact Lalitha at editor1@vibrionics.org
- **India Puttaparthi:** SVP workshop **2-4 May 2023****, contact Padma at promotionsSVP@vibrionics.org

*Workshops are only for those who have undergone the admission process and the e-course. Refresher seminar is for existing practitioners.

**Subject to change

❧ In Addition ❧

Health tips

Relish fruits of every season for health!

"The right food is essentially satvic (calming). Milk, fruits, nuts, and so forth we understand to be satvic food... that has a subtle aspect to it which sustains and really strengthens us. Orange, tomato, lemon, and apple juices are very good for health...Quantity is very important, eg, eating two bananas is enough. If you eat four, it becomes tamasic (induces lethargy)"...Sathya Sai Baba¹

1. Prelude

A comprehensive health article on fruits in general along with dos and don'ts was published in the newsletter *vol 10 #3, May-June 2019*. The present article dwells into their individuality and variety.

Seasonal fruits are fresh and tasty as they naturally ripen to reach their wholesome taste, flavour, and nutritional richness. This makes them healthy and affordable. Most of them are rich in



antioxidants (compounds which counter the unstable chemicals called free radicals in the body and protect the cells), especially vitamins C & E, carotenoids, and some essential minerals. They contain natural sugars, are low on the glycaemic index, aid digestion, cognitive faculty, cardiovascular health, endocrine system, diabetes management (when taken in small quantities), and boost immunity, skin and bone health. They are anti-inflammatory, maintain the body's fluid balance, and prevent many diseases.²⁻⁵

They have been broadly grouped as autumn/winter and spring/summer fruits, though some are available in other seasons too due to various factors. Well-known Hindi names of some fruits are given in *italics* within parentheses.

2. All-season fruits

2.1 Apple (Seb): A high-fibre, gut and heart-friendly fruit is a great source of cancer-fighting antioxidants; also, a natural remedy for asthma and diabetes. It is sweeter in autumn.⁶

2.2 Banana and Papaya have been covered extensively in earlier articles *vol 3 #6 & #4* respectively; also refer to *vol 2 #3 & #4* for articles on juices and smoothies for health.

3. Autumn and Winter fruits

3.1 Citrus fruits are rich in vitamin C and folate. They include **orange (santara)**, **sweet lime (mausambi)** available through spring, **kinnow** (with high juice content), **mandarin and tangerine** (smaller and sweeter), **clementine** (small, often seedless, loved by children), **kumquat** (tiny citrus fruit that can be consumed with its sweet and nutritive skin, though its pulp has a sweet and tart flavour), **pomelo** (largest citrus fruit popular in China), **persimmon** (native to Asia), **grapefruit, bitter orange, and lemon (nimbu)** available in all seasons go well with salads and cooked lentils.^{5,7}

3.2 Cranberries: Mostly carbs and fibre, rich in antioxidants mainly on its skin, it is 90% water and excellent to keep heart, teeth, and gut healthy; its juice can prevent urinary tract infection. Being sour rarely eaten raw, one can have diluted juice in limited quantity or combine it with apple juice. Not recommended for those having kidney stones or on blood thinners.⁸

3.3 Grapes (Angoor): The red and green grapes with their seeds can revitalize the body, prevent constipation, piles, and menstrual problems. Excess intake can cause hyperacidity.^{9,10}

3.4 Guava (Amrud) has vitamin C four times of that in orange, can cure scurvy, prevent constipation, strengthen the endocrine system, especially thyroid, and effectively manage diabetes. Excessive consumption of guava seeds may lead to appendicitis.^{11,12}

3.5 Kiwi (Chinese gooseberry) appears fuzzy like Kiwi bird but has tangy and sweet seedy green flesh inside. One small kiwi can meet more than 100% of vitamin C daily requirement, it acts as a natural remedy for improving digestion, sleep, and cellular health.^{5,13}

3.6 Pears (Naspati/Babbugosha): Mildly flavoured sweet fruit, its pulp helps in removing blemishes on skin.¹⁴

3.7 Pomegranate (Anaar): A sweet-tart fruit with a thick red skin encasing hundreds of juicy seeds. It can prevent and treat several types of cancer, cardiovascular disease, osteo and rheumatoid arthritis, protect the brain, aid in wound healing, oral health, strengthen the reproductive system, and reduce oxidative stress in type 2 diabetic patients.^{5,15,16}

3.8 Sapota (Chiku): A sweet fruit with soft and easily digestible pulp full of natural sugars, it is an instant source of energy. High in vitamin A, it promotes eyesight. Its leaves can heal mouth ulcers. Its seeds, dried and powdered, when applied to the scalp can get rid of dandruff and head lice.¹⁷

3.9 Star fruit/Carambola is a highly nutritious tropical fruit with a flavour similar to plum and apple.¹⁸

4. Spring and Summer fruits

4.1 Apricot (Khubani): A rich source of energy, vitamins, minerals and malic & citric acids, it detoxifies, regenerates body fluids, and is excellent for eye health; used in traditional medicine for cough, constipation, and asthma. Excess intake of raw apricot kernels can create health problems.¹⁹

4.2 Avocado: A super fruit, excellent for digestive health and heart. You can buy either a ripe fruit (difficult to get sometimes) or a firm one and allow it to ripen in a paper bag over several days. Avoid if you are advised low potassium diet for kidney health.²⁰

4.3 Berries: Most popular is sweet **blueberries** with higher antioxidants good for memory and cognition; **blackberries** rich in vitamin K, for bone and heart health and to protect against stomach ulcers; **raspberries** low sugar, high fibre and rich in vitamin C, to help manage diabetes. Others include **boysenberries, goji berries** rich in vitamin A, **acai berries, mulberries**, and highly aromatic **passion fruit**, a type of berry.²¹⁻²⁷

4.4 Cherries are sweet and juicy, can boost cognitive function, improve sleep quality, treat gout, and prevent macular degeneration and glaucoma. Most popular variety is heart-shaped **bing cherries** with a sweet lingering taste. Anyone with chronic kidney disease should avoid cherries.^{28,29}

4.5 Custard apple (Sita phal/Sharifa): A rainy season fruit with green scaly leather-like skin containing numerous black seeds encased in white juicy edible flesh with a creamy custard-like texture. It cools and

maintains water balance by removing acids in the body. Rich in vitamin B & C, and magnesium, it can control diarrhoea and prevent anaemia, joints pain, fatigue and acne, and help with diabetes. Its inedible seeds when ground can be applied to get rid of dandruff and lice. Some popular varieties are **cherimoya**, **mountain soursop**, **pawpaw** (common in US and Canada), and **sugar apple**.³⁰⁻³³

4.6 Dragon fruit (Pitaya/Kamalam): Rich in antioxidants and high in fibre, this exotic fruit with a vibrant red scaly outer and seed speckled pulp with a mild sweet flavour has omega-3 fatty acids. A cross between kiwi, pear, and watermelon, its paste is used in treating acne and sunburn.^{34,35}

4.7 Fig (Anjir) is a unique fruit filled with edible tiny seeds with a mild sweet taste. It can normalise many bodily functions damaged by diabetes. Fresh figs are easily perishable and are dried and preserved to reap their multiple benefits that increase after drying (*refer newsletter vol 11 #1 on dry fruits*). Fig leaves are used to prevent aging and to treat skin cancer.³⁶

4.8 Jack fruit (Katahal): World's largest tree fruit, exotic, with a subtle sweet and fruity flavour, it can give an instant energy boost, reduce the risk of osteoporosis, cure anaemia, and prevent diabetic complications. Choose a ripe one, recognised by its musky fragrance and softened spikes on the yellowish skin or wait for the green ones to ripen. A look-alike sweet and nutritious fruit known to be the most foul-smelling fruit in the world is **Durian**, harvested in some Southeast Asian countries.³⁷⁻³⁹

4.9 Lychee (Litchi): Mildly sweet, juicy, and pulpy, it hydrates, energises, and boosts immunity. **Rambutan** and **mangosteen** are other closely related fruits.⁴⁰

4.10 Mango (Aam): The king of fruits, it is rich in variety and taste, juicy, and nourishing with a typical golden yellow flesh. High in vitamin A, B6, C & E and folate, it is a health booster and one of the best brain foods; can regulate blood pressure being rich in both potassium and magnesium and low in sodium. It is used in traditional medicine to strengthen digestion, build up body fluids, and ease coughing.⁴¹

4.11 Peach (Aadu) is a gut and heart-friendly delicious fruit with fuzzy skin, has bioactive compounds that can fight and eliminate candida. Closely related are **nectarines** with smoother skin and green & black fleshy **olives** rich in vitamin E.⁴²⁻⁴⁴

4.12 Pineapple (Ananas): This nutrient-rich tropical fruit has protein-digesting enzymes, especially bromelain (an anti-inflammatory and anti-swelling agent found mostly in the stem of the plant) which makes it a medicine for the body. When applied topically it helps in treating acne, cuts, burns, and insect bites. Juice from unripe fruit can cause diarrhoea and vomiting.^{45,46}

4.13 Plum (Alubukhara): One of the best natural constipation remedies, it promotes bowel regulation, cardiovascular and cognitive health, and stabilises blood sugar level. **Black plum (Jamun)** can also treat blood disorders.^{47,48}

4.14 Strawberry is not a berry but an aggregate fruit (flower with many ovaries appearing as small seeds from outside). A powerhouse of various antioxidants and vitamin C, it can prevent and combat diseases. Choose organically grown strawberries bright to deep red in colour with a fragrant sweet odour. Being easily perishable, eat when fresh, refrigerate unwashed to prolong their freshness.⁴⁹

4.15 Watermelon (Tarbuji) is full of small black edible seeds rich in amino acids, especially both omega-3 & 6 fatty acids. The perfect treat to quench one's thirst in summer, it keeps the body cool, hydrated, and healthy. The seeds can also be sprouted and shelled to maximise its health benefits. Its close cousin is **melon (Kharbuja)** with the two most beneficial varieties, **cantaloupe** having high vitamin A & C content and **honeydew** (sweetest of all melons) with a distinct aroma. Eating large amounts may spike blood sugar levels.^{50,51}

5. Caution

Some people may have digestive distress with fruits, especially when taken in larger quantities, due to their **FODMAP** content (fermentable short-chain carbs that are absorbed poorly by the small intestine). Those with irritable bowel syndrome (IBS) or similar intestinal issues should avoid eating those with high **FODMAPs** content, e.g, apples, cherries, mango, nectarines, peaches, pears, plums, and watermelon.⁵²

6. Last word!

Joy lies in the moderate intake of fruits, understanding the need and response of the body! Those with medical issues should consult their physician or nutritionist. "*Live in each season as it passes: breathe the air, drink the drink, taste the seasonal fruit*"...Henry David Thoreau.⁵³

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53. American naturalist, poet, and philosopher and author (19th century) known for his famous book "Walden", a reflection upon simple living in natural surroundings.

2. Anecdotes

1. Animals' rapid response to Vibro ^{11634...India}

The practitioner treated his neighbour's 7-year-old pet, a golden retriever named Jimmy who was suffering from severe backache, stomach pain and fever. He became so weak that he was unable to turn on his side and could not even get up. The dog was given **CC1.1 Animal tonic + CC9.2 Infections acute + CC12.1 Adult tonic...one dose** every 10 minutes for 2 hours. Worried, in case it is a hip disease leading to lameness, the owner considered visiting the vet. The next morning on seeing there was a substantial improvement, the owner decided to continue with just the vibro remedy. As the fever had subsided and the dog was able to get up but found it difficult to stand on his hind legs the remedy was suitably enhanced. The next day he was able to stand up comfortably on four legs but vomited everything he ate and had no

appetite. With a new remedy for indigestion, vomiting stopped and appetite returned the very next day, much to the relief of his owner.



The same practitioner's neighbourhood security guard found an abandoned calf that was about two months old. The calf was extremely weak, did not make any bleating sounds and was not able to stand on its legs, and even had to be fed by hand. On **1 Apr 2022**, the calf was given **CC1.1 Animal tonic + CC10.1 Emergencies + CC12.2 Child tonic**. There were immediate signs of improvement and within three weeks, to everyone's surprise and joy, the calf was able to move around and eat on its own and also started making low bleating sounds. As of October, the calf has grown healthy and strong, makes loud bleating sounds that are heard all over the neighbourhood and has been adopted as a pet by the entire residential community!

2. Rejuvenation of dormant plant ^{11641...India}

Fascinated by the beautiful rose-purple trumpet flowers of the Allamanda blanchetti (Purple Allamanda) plant outside the Chaitanya Jyoti museum in Puttaparthi, this would-be practitioner procured a sapling and carefully potted it at home. Sadly, even after three long months of caring attention, it remained dormant, neither growing nor flowering as expected. Discouraged, she was on the verge of losing hope but then remembered many encourage plant cases in the vibrionics newsletter. She eagerly awaited getting her 108CC Box. On **4 Aug 2022**, she started treating with **CC1.2 Plant tonic**. Over the next week, the plant grew only slightly. So the practitioner added **CC10.1 Emergencies + CC15.1 Mental & Emotional tonic** to the above remedy. Three weeks into the treatment, the plant gained height but did not flower; so the remedy was further enhanced by adding **CC8.1 Female tonic**. To the practitioner's surprise and delight, within a week the plant developed four buds and several new branches. After just over a total of one month, the plant's first bud bloomed into a beautiful flower and the other buds followed suit. For the newly qualified practitioner, this personal experience was indeed gratifying!



3. Camps & Clinics

Regular camps in Puttaparthi

A vibrionics camp was started on a weekend in August 2022 in a nearby village Karnatakanagapalli across the Chitravati river at the request of a satisfied patient. Three camps have been held so far over three months and 78 patients have been treated. In addition, **CC12.2 Child tonic + CC17.3 Brain & Memory tonic** is distributed to young children. Practitioner¹¹⁶⁰⁴ took the lead in making arrangements, was joined by three practitioners^{11624, 2742, 11602} who attended in rotation. In view of the tremendous response, a spacious place is being arranged in a nearby school for the comfort of future patients. With the initiative of Practitioner¹¹⁶²⁴ and supported by Practitioners^{11604 & 03518} yet another camp was held in Puttaparthi at a Balvikas venue in Janakiramayya Colony opposite the Super specialty hospital in Prasantigram on 11 Sept 2022 (see pic). Before starting the consultations, a brief awareness talk on vibrionics was given to all those gathered. 58 patients, from a six-month-old baby to a 72-year-old adult, were treated for various ailments, with respiratory allergy being the one predominant condition.

The Balvikas teachers helped with the patient registration and seating. All the 28 children were also given **IB** with **CC17.3 Brain & Memory tonic** added to it. As the camp was hugely appreciated by the locals, it will now become a regular feature.



4. In Memoriam

Revekka Kekou ^{02305...Greece} left her earthly abode due to heart failure on 28 July 2022 at the age of 65, with Swami's *Prema Vahini* under her pillow. She worked as a high school Headmistress in an underprivileged area of Greece where she touched the lives of many of her students with her kindness and compassion and became a mother to children with no parents, or those abused or addicted. She obtained her SRHVP in 2001 and 108CC box in 2013 and combined her vibrionics practice with her seva activities with the children. The human values she exemplified will always be remembered!

HS Narayan Murthy ^{11018...India} 67, passed away due to a heart attack on 24 Aug 2022. He was working in a Sai school at Karwar, served as a Balvikas Guru, and participated in Sai Samithi activities. He was happy doing vibrionics seva to his friends and relatives and was ever willing to treat all referrals.

We offer our prayers for the departed souls.

Om Sai Ram

Sai Vibrionics. . . towards excellence in affordable healthcare - free to patients