

## Sai Vibrionics Newsletter

[www.vibrionics.org](http://www.vibrionics.org)

"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva."  
...Sri Sathya Sai Baba

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## ☞ From the Desk of Dr Jit K Aggarwal ☞

Dear Practitioners

This is one of the most auspicious and festive times of the year. We have just observed two significant festivals – Onam and Krishna Janmashtami, which under normal circumstances would've been celebrated in Prashanti Nilayam with great energy and enthusiasm. But if the pandemic has taught us anything it is that now is the time to turn inwards. There is a lot to learn from these two festivals. They are both symbolic of the spirit of love, sacrifice and, above all, selfless service. Swami says *"Consider all activities as an offering to God and all work as God's work. Just as two wings are essential for a bird to soar high in the sky, and two wheels for a bicycle to move, prema (love) and seva (service) are essential for man to reach his destination. No benefit accrues from rendering service devoid of love. Do not expect any returns for your acts of service. The satisfaction that you derive from rendering service is itself a reward."* - Sathya Sai Baba, Krishna Jayanti Discourse, 3 Sept 1999. As you all know, the mission of Sai vibrionics is based on this very premise of selfless service and unconditional love!

I am thrilled to share with you that our brothers and sisters have launched the Vibrionics Circle of North American Practitioners ("vCNAP"), a secure and private communication network for practitioners from the US, Canada, Guyana and Trinidad. This huge milestone is the culmination of relentless efforts by the North America Coordinator with technical support from **practitioner**<sup>02844</sup>, to create a highly collaborative and enriching platform for exchange of ideas, Q&As, inspiration, Swami's leelas, live announcements, prayer requests, and many more exciting features. This network which replaces the monthly zoom calls is being monitored on a daily basis and practitioner questions will be answered by a panel of three experienced SVPs and posted on the forum for the benefit of all from this region.

As the third wave of the pandemic is being brought under control in India, the demand for our Immunity Booster **IB** has started to slow down. Nevertheless, distribution of **IB** in Puttaparthi continues with great vigour by local practitioners and vibrionics admin, ably supported by other volunteers **Practitioner**<sup>02835</sup> from Orissa, having prepared 550 **IB** bottles for distribution at short notice, deserves a special mention. The total number of beneficiaries of **IB** in India, as we go to print, has reached **487,089**. Also, with the easing of restrictions in many parts of India, we are seeing practitioners planning in-person camps and re-starting clinics. I earnestly encourage practitioners to participate in medical camps organized by the Sai Organization for reaching out to the masses, taking all necessary safety precautions. We shall eagerly look forward to receiving your reports and hearing about your experiences in the field.

Our broadcasting initiative has taken off very well during the pandemic and is, in fact, seeing a significant surge in broadcast requests; primarily, originating from our new and enhanced website. I request all practitioners with an SRHVP machine to come forward and volunteer for this service. We have finalized the broadcasting standard operating procedure (SOP) and guidelines that will be sent to volunteer

practitioners soon. I also request all practitioners without the SRHVP to reach out to their regional coordinators with broadcast requests.

In line with our mission to take Sai Vibrionics to the masses, we need to identify and train members from our local Sai community who are willing to serve in camps and community centres in their neighbourhood and nearby villages. Accordingly, we have created a new category of vibrionics torchbearers, Assistant Practitioners, for whom we have designed a simpler and faster admission process that is followed by an e-course and workshop training in their vernacular language. All practitioners are requested to actively identify and connect us with potential candidates for the same. We are in the process of selecting the first batch of candidates who will undergo training in Hindi in a workshop scheduled for Dec 2021.

It has been a fruitful year for our "spread the word" campaign having conducted several interactive awareness webinars. We are honoured to have associated with the well-known Chinmaya Mission in Delhi-NCR for one such awareness talk. I am delighted to report that the talk was very well received, followed by an interesting and engaging Q&A session, opening possibilities for the future. In order to boost the mission of Sai Vibrionics, we propose that all vibrionics regional coordinators may liaise with their respective state coordinators to arrange similar talks for Sai devotees on suitable virtual platforms. We are always happy to support you with any assistance that you may require to facilitate such programs. You can email us to [admin2@vibrionics.org](mailto:admin2@vibrionics.org) for further information.

As always, I'd like to make a humble request to all practitioners to send in more patient testimonials (audio, video, text). Our organization relies heavily on the experience of practitioners and the greater the contribution from all of you the more we will collectively learn and grow.

I wish you all enriching times ahead. Please stay safe and keep up the great work!

In loving service to Sai

Jit K Aggarwal

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## ❧ Practitioner Profiles ❧

**Practitioner** <sup>11573...India</sup> was in his early childhood when Sai Baba entered his life in a mysterious way. His family got involved in a near-fatal accident in which he and his father miraculously escaped but his mother was severely injured. It was from her hospital bedside that his atheist father prayed earnestly for her life and was granted a vision of Baba. Needless to say, the mother survived and this brought the whole family into Swami's fold. The practitioner and his siblings started seva from an early age and served as sevadals both locally and in Puttaparthi.



The demise of both his parents to cancer in 1996 within a space of five months was instrumental in guiding him to explore alternatives to costly allopathic treatment. Over the years, whenever he could find the time and opportunity, he offered free advice to friends and acquaintances on a healthy lifestyle through Ayurveda, pranayama, meditation, sun gazing, etc. However, he was not satisfied as he felt that something was 'amiss' because he could neither track progress nor keep the continuity of service. In December 2014, when he learnt about Vibrionics from a fellow

Sai devotee, he instantly recognised it as his calling. Consequently, he enrolled in an AVP course, qualified in April 2015 and was promoted to VP in March 2016. He submitted his formal application for SVP on 31 Dec 2016. The very next day on 1 Jan, while offering prasadam to Swami the practitioner's daughter noticed the ceiling of their entire apartment was covered in large droplets of 'water'. Concerned about any possible leak he got a plumber to check. No leak was found, nor was there any problem in both apartments, above and below his own. Only then did they realize it was a shower of Amrit (divine nectar), which they took as a huge blessing in response to his SVP application. Even to this day, there are marks from this Amrit trickling down the walls. He completed his SVP course in November 2017 and, the following year, took early retirement to pursue vibrionics seva fulltime.

To date, he has treated over 4500 patients with varied ailments and has achieved over 90% success with treating cancers and tumours, digestive disorders, female issues, fevers & infections, ailments of mouth & head, SMJ problems and skin complaints. Awareness of the potential scope of vibrionics and its resulting welfare of mankind kept nudging the practitioner to reach out to a maximum number of people. This led

him to initiate monthly camps in his district, with the active participation of devotees drawn from local Sai Centres. The first such camp was held on 16 January 2016 in a busy marketplace where access to medical facilities was limited. In spite of being the first experience for both the practitioner and other volunteers, they served 80 patients of all ages over an 8-hour period. What was heartening to observe was that the percentage of patients coming for a refill was constantly on the rise. In each of these camps, the practitioner felt the divine presence, which made this experience very gratifying. A notable case of a 60-year-old patient was the remarkable (80%) improvement of a leg burn with **CC10.1 Emergencies + CC21.2 Skin infections + CC21.3 Skin allergies + CC21.4 Stings & Bites + CC21.10 Psoriasis + CC21.11 Wounds & Abrasions**, within a month and full recovery soon after. He reports several instances of single-dose cure including the case of 15-year-old asthma. Earache of one-year duration vanished instantly with just one dose. During his Puttaparthi visits, devotees would surround him in the seva dal building for treatment after hearing stories of instant cures. Often he found himself pleading to Swami that he didn't have enough supplies to cater to all these people, but Swami always ensured that he never faced any shortfall. As is customary in camp situations, wide-spectrum combos were prepared specifically for digestive, SMJ, respiratory, skin, and mental issues, for quick and easy dispensing. In Sept-Oct 2016, during an outbreak of Chikungunya in Delhi, he distributed preventive remedy to more than 150 families with excellent results.

His MBA degree after graduating in Commerce and work experience as a supply chain management professional made him admirably suited to many administrative tasks. The practitioner considers himself fortunate to have received immense love, guidance, and blessings from his seniors. Dr Aggarwal once told him "Only two things are required for seva - time and devotion and you have both". This statement has stayed with him and over the past five years, he has been assigned many admin duties; just to mention some, mentoring, database updating, organizing regional meets, assisting in Hindi translations of the AVP manual, starting in India a world peace initiative to heal mother earth, assisting in new website development, and participating in Vishoochika Research Project. Each one of these has been a learning experience for him. Early in 2016, he took on the follow-up work for Monthly Reports. Little did he realize that this admin work would take him on an insightful journey into interpersonal relationships and human psychology. In spite of the many challenges, he made a personal resolve never to speak rudely to anyone and this made him learn one of the biggest lessons of his life: "There is only one way to deal with people and situations, it is **with Love**, then one can achieve any goal". His persistent efforts in this area paid off so much that by Dec 2016 all practitioners on his list were submitting their monthly reports a day before the due date.

Being given the responsibility for broadcasting has helped him move closer to Swami and establish a firmer connection with Him. He finds that this seva, if done with pure love can yield over 95% successful outcomes. Many practitioners, he believes, may not have understood the real potential of broadcasting. During this pandemic, he has broadcast to about 100 Covid-19 patients with great success. In Jan 2020 he became Vibrionics All India Coordinator and under the leadership of IASVP Director has been a major player in the Immunity Booster (**IB**) rollout, eventually piloting the project with six other SVPs since Mar 2020 (487,089 recipients to date).

On a personal front, he practices daily 'Heartfulness' meditation in which heartfelt prayers are offered to Swami, resulting in loving vibrations being sent out from the heart itself thus bypassing the mind. He finds this technique very helpful with conflict resolution; he supplements this with a 'forgiveness technique' which involves listing everyone who had troubled him over the years and then burning that list, while seeking forgiveness of the Lord and all those on the list, as well as his own self. This gives him a relatively immediate release. These practices have enabled him to stay focused during long hours of patient seva, particularly during broadcasting. During Swami's birthday in 2017, when in Puttaparthi, he experienced activation of his base chakra which resulted in greater awareness of his surroundings, more confidence for the future and closeness to Swami.

As a practitioner, he feels privileged to have received this opportunity to serve humanity under His guidance and grace, through which he is able to treat patients beyond geographical boundaries. Swami's simple and profound dicta 'Love all, Serve all' and 'Help ever, Hurt never' continue to guide and inspire our practitioner who keeps expanding his impressive service wherever his generous spirit and abilities feel called to help.

**Cases to share:**

- [Dysphagia](#)
- [Fungal infection](#)

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both hold an engineering degree, husband working as an IT manager and the wife as a tax specialist. The husband grew up in a family that nurtured the spiritual dimension; they regularly attended Sai bhajans in a neighbour's home. He was blessed with Swami's darshan on several occasions while studying in Chennai. The wife learnt about Swami only after their marriage and she was enchanted by melodious Sai bhajans. It was not until Jan 2004 that she had her first darshan of Baba when they took their newborn daughter for His blessings. After returning to New York where they have

been living since 2000, they started attending bhajan sessions which gradually evolved into hosting them at their own home once a month. In 2008 they began to participate in various service activities of a local Sai Centre: cooking and serving food in homeless shelters and soup kitchens, preparing care kits during Christmas and bagging produce for distribution at their local food bank. The wife became a service and later devotional coordinator for the Centre.

The ten-day US pilgrimage to Parthi in 2010 became a turning point in their lives. As part of their sadhana for this trip, they seriously studied many of Swami's discourses. This changed their perception about seeing and recognizing divinity in others as well as within themselves and this journey still continues. They also learned the true purpose of seva to be primarily a means of self-transformation. This eventuated in annual visits to Puttaparthi.

In 2014 during their weekly satsang, an allopathic doctor mentioned Sai Vibrionics as being an alternative healing modality blessed by Swami. This perked their interest and curiosity, so they did their own research by going through the website, reading newsletters, and watching Souljourns videos. Realizing prior medical experience was not required, they were convinced this was their opportunity to participate in Swami's mission of free medical service to all. They both trained as AVPs in March 2015 and became SVPs in Sept 2016.

In the first week of their practice, an allopathic doctor suffering from a painful stiff neck for three months was given **CC15.1 Mental & Emotional tonic + CC20.4 Muscles & Supportive tissue + CC20.5 Spine**. The next morning she called to say that having taken just one dose the previous night, she woke up feeling 100% pain-free and could move her head comfortably. This brought the practitioners a lot of joy and seemed nothing short of a miracle to them, boosting their confidence. Three months later she was still fine with no recurrence. In another remarkable case, a 55-year-old woman from their Sai centre was treated for a month-long cough with mucous. She was reluctant to take allopathic medicine and was given **CC9.2 Infections acute + CC10.1 Emergencies + CC19.2 Respiratory allergies + CC19.3 Chest infections chronic**. The very next day the patient reported the cough had completely vanished!

The practitioners have recognised that **CC15.1 Mental & Emotional tonic** is very effective both as a stand-alone remedy and in combination with other remedies, especially when treating teenagers. It provides a positive frame of mind and emotional well-being, thus enhancing the absorption of other vibrations included in the remedy. They observed **CC17.2 Cleansing** is very effective in clearing accumulated toxins and thus helps kick-start the healing process but must be used with caution, mindful of the possibility of pullout. The couple uses it quite often for themselves with good success. To detach from the outcome of their service, during preparations of remedies, they make it a point of praying and surrendering the result to Swami. Though they use the index in the 108CC book and advice gleaned from other case histories, they have come to rely more on the connection with Swami within. Thus they are often guided to include other remedies for the case in hand as each patient is unique.

They are ever vigilant in seeking seva opportunities. During travels to India, they create awareness about vibro and treat family members and neighbours. With Covid spreading, they made Immunity Booster (**IB**) bottles available to patients as well as medical professionals for prevention. Both are very active with vibrionics admin work. Since 2017 they have been mentoring new AVPs and participating in broadcasting seva. The wife was part of the case histories writing team from Dec 2016 to May 2018 and since then, she has been given a leading role in the admissions department. Her husband is helping with database updates.

Vibrionics has made them both aware of the importance and power of a holistic approach to health. They understand that outward symptoms do not often reflect the underlying cause which needs to be addressed for real healing to occur, this requires not just prescribing remedies but truly connecting with the patient and understanding their situation better. This seva has infused a greater sense of purpose and meaning



into their lives. They are immensely grateful to Swami for providing them with this opportunity to be His instrument to share love and compassion with their patients without judgement. It has been a personal transformative journey of utmost satisfaction and expansion. Their prayer circle has grown to include their patients and anyone in distress who they come across. The couple rejoices in their role as Sai Vibrionics practitioners.

**Cases to share:**

- [Winter Cough](#)
- [Anime cartoon addiction](#)

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## ❧ Case Histories Using Combos ❧

### 1. Dysphagia <sup>11573...India</sup>

A 44-year-old woman had been suffering from difficulty in swallowing, diagnosed as dysphagia five years ago. Every time she would start eating, aspiration would occur (food would go down the wrong way) resulting in coughing and a feeling of choking. Due to the impact of continuous violent coughing during the day as well as night, many a time she would get body ache (more prominent at night) and fever, possibly caused by respiratory infection. She did not consult a doctor because she feared he would recommend surgery. She took only OTC medications but without much success. On **17 Jan 2018**, the practitioner gave:

**NM18 General Fever + NM20 Injury + NM30 Throat + NM31 Tonsils (& Glands) + NM32 Vein-Piles + NM36 War + SM41 Uplift...every 10 minutes** for 2 hours followed by **6TD**

Within a week body ache and fever had gone, she could swallow better without feeling choked, cough became sporadic during the day, but was still continuous at night. In another week, there was no cough during the day and there was 50% improvement in night-time cough, so the dosage was reduced to **TDS**. Her condition kept improving and she recovered fully in another two weeks. She was now able to enjoy her meals. Dosage was slowly tapered down to zero by 28 Feb 2018. As of July 2021, there has never been a re-appearance of this condition.

*If using the 108CC box give: **CC19.7 Throat chronic + CC3.7 Circulation***

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### 2. Fungal infection <sup>11573...India</sup>

A 55-year-old man had been suffering from itchy and scaly skin in his groins and feet for the past ten years, during summer and rainy seasons only. It was diagnosed as a fungal infection in the summer of 2008. For a few seasons, he took allopathic medicines but the infection would reappear the next season, so he stopped taking them. He managed with only coconut oil that gave at least some relief. However the infection persisted throughout the last one year without a break, so he found the itching intolerable. Bothered by the need to scratch continuously, he consulted the practitioner on **11 Jan 2018**, and was given:

**NM2 Blood + NM6 Calming + NM27 Skin-D + NM101 Skin-H + NM102 Skin Itch + OM17 Liver Gallbladder + SM27 Infection...TDS** and in water for external application...**BD**

In one week, he felt 25% reduction in itching. Thereafter improvement of about 20% was observed every week and by the end of the fifth week on 15 Feb, his skin was completely normal. Dosage was slowly tapered down to zero by 2 Mar 2018. After three and a half years he continues to be free of fungal infection.

*If using the 108CC box give: **CC21.3 Skin allergies + CC21.7 Fungus***

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### 3. Winter Cough <sup>03521...USA</sup>

A 37-year-old woman moved to the USA in 2013. Since then every winter, she would suffer from continuous cough day and night, and choking sensation while eating. Her mother was asthmatic but she used to get only mild cold and cough in her childhood. During the two preceding winters, she was prescribed steroids and an inhaler which brought her relief but it was only temporary. The start of the next winter triggered the dreaded severe cough but she decided not to take allopathic medication as she was

bothered by their side effects in the previous years. On **20 Oct 2016**, she approached the practitioner who gave:

**NM8 Chest + NM9 Chest TS + NM30 Throat + NM71 CCA + SM31 Lung & Chest + CC10.1 Emergencies...TDS**

In one week, night-time cough had completely gone and there was 25% improvement in daytime cough. After another three weeks, the daytime cough also disappeared and so did the choking sensation. However, if she forgot to take a dose, the symptoms would come back, so she was advised to continue at **TDS**. After four more weeks, remedy was modified by excluding **CC10.1 Emergencies**. Since it was the peak of winter, the dosage was maintained at **TDS** before reducing it to **BD** on 15 Feb 2017 and further to **OD** after a month, before stopping it in the third week of April 2017. Four winters have gone by and she has been completely fine until now, July 2021.

*If using the 108CC box give: **CC19.6 Cough chronic + CC19.6 Throat chronic + CC10.1 Emergencies***

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**4. Anime cartoon addiction** <sup>03594...USA</sup>

A 25-year-old male moved to USA seven years ago to pursue his undergraduate studies. During his first year of college, he started watching Japanese cartoons, called anime\*. This slowly turned into an addiction and after some months, he was watching anime continuously during the nights. So during the day, he lacked concentration and could not focus on his studies. As a result, he did not perform well in the exams and eventually dropped out of college after two years of study. He was physically fit and took up a part-time job as a receptionist. His father managed to convince him that he should give up his addiction and suggested vibrionics because of his own earlier experience of its healing power. As the son agreed to this, the practitioner prepared the following remedy which was given on **14 Dec 2015**:

**#1. CC15.1 Mental & Emotional tonic + CC15.2 Psychiatric disorders + CC15.3 Addictions...TDS**

On 29 December the practitioner received the feedback that the patient's inability to fall asleep during the night contributed to him watching the cartoons. In order to help him return to a normal sleeping pattern, an additional remedy was given:

**#2. CC15.6 Sleep disorders...**30 minutes before normal bedtime, followed by up to two doses, 30 minutes apart if unable to sleep.

This helped the patient to reduce the habit of watching cartoons continuously and to function better during the day.

Right from the start, the time spent on watching anime came down week after week. By 3 Mar 2016, he felt that he had improved by 50%. With his family's support, he continued to take the remedies and they observed further steady improvement. By the first week of June, he had completely overcome his addiction, though he still liked to watch cartoons. Dosage of **#1** was reduced to **BD** and gradually tapered down to zero by the last week of July and he no longer needed **#2**. In 2017 he resumed his studies and successfully graduated in 2019. As of July 2021, he is doing fine.

\***Anime addiction** is very real and can be dangerous (like videogame addiction). because it's fun, action-packed, comedic, and entertaining. It's like a show that's so riveting that you can't help but watch another episode.

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**5. Skin itch** <sup>03578...France</sup>

A 45-year-old female had been suffering for 25 years from skin itch on different parts of her body, it was worse on hands and feet. This did not bother her much until a year ago when it became severe. She would constantly scratch her skin, more so at nights, causing loss of sleep. She tried different allopathic and homoeopathic medicines which provided no relief. When she started a cleaning job six months ago, her condition became worse, likely due to the use of chemical cleaning products. She was almost in tears when she met the practitioner on **12 July 2019** as itchininess had become unbearable. She was given:

**#1. CC10.1 Emergencies + CC15.1 Mental & Emotional tonic + CC21.3 Skin allergies...6TD** for a week followed by **TDS**

**#2. CC21.3 Skin allergies...TDS** in coconut oil for external application

On 21 July she reported 20% improvement in itchiness but she was now sleeping well. However, on waking up, the itching would start. After another eight days, as there was very little further improvement, #2 was enhanced to:

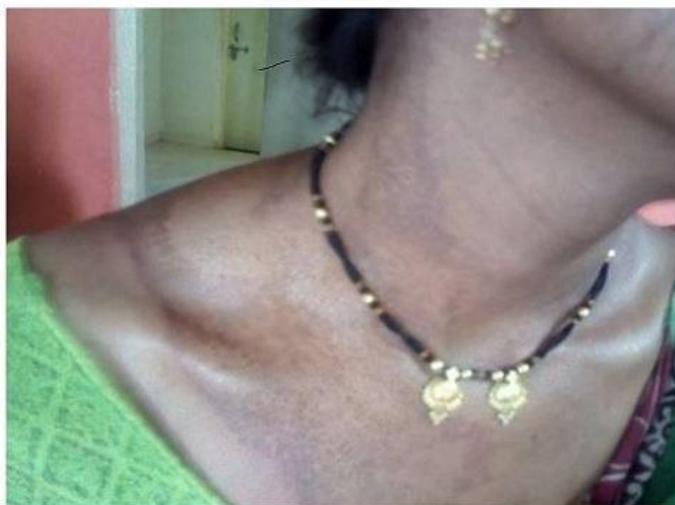
**#3. CC10.1 Emergencies + #2...TDS** in coconut oil for external application

In two weeks, the itching improved by 70% and after another month by 90%. She chose to reduce the dosage of both remedies to **OD**. On 11 October, she was delighted to convey that her skin was completely free from itching. After another two weeks, dosage was reduced to **OW** before stopping on 15 Dec 2019. At their last contact in July 2020, there was no relapse even after seven months of stopping the remedy.

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**6. Eczema** <sup>11629...India</sup>

A 25-year-old female had areas of itchy, dry and scaly skin, mainly on her upper back. The affected parts



**7 April – before treatment**

**4 May – after treatment**

were lighter than her normal skin colour. Gradually these patches started to spread towards the front as well (see pics). This condition was diagnosed as eczema a year ago and she was prescribed both tablets and ointment. However, she would use these only when the skin became inflamed and there were lesions; this was occurring every month and the aggravation would subside after 8-10 days of allopathic treatment. On **7 April 2020**, she decided to consult the practitioner who gave the following remedy:

**CC21.2 Skin infections + CC21.6 Eczema...TDS**

On 4 May, she reported 100% improvement in all the symptoms and her skin looked normal (see pics). Dosage was reduced to **OD** which she preferred to continue as preventive. As there was no reoccurrence of any symptoms even after six months, she stopped the remedy in the last week of November. As of August 2021, she is absolutely fine.

**Editor's Note:** For skin-related conditions, external application of the remedy is also recommended.

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## 7. Intractable abdominal pain <sup>01001...Uruguay</sup>

A seven-year-old boy would complain of abdominal pain soon after starting to have his food and would then stop eating. Thus his food intake was minimal and he became thin. The doctor tested him for parasites but the result was negative. So he did not prescribe any medication and said the underlying cause was emotional. All this started when he began schooling four months ago and happened at every meal. The worried mother consulted the practitioner on **20 Jan 2020**. The mother was unable to identify any obvious cause except that the son was nervous about going to school and meeting teachers and peers. He was given:

### **NM6 Calming + NM12 Combination-12 + NM29 SUFI...TDS**

On the first day, he vomited 3 times. Realising this was a pullout, the mother continued the same dosage. The vomiting continued for two more days and then stopped on 22 Jan. After that he started feeling better during meals and was able to eat small portions without pain. His situation improved continuously and after a short time, he could eat the full meal in comfort. This made everyone in the family very happy. Dosage was reduced to **OD** on 26 Feb and gradually tapered down to zero by 2 April. Although he was still thin, he felt strong and energetic. It has been more than a year and the boy enjoys his meals and is growing well.

*If using the 108CC box give: **CC4.1 Digestion tonic + CC15.1 Mental & Emotional tonic***

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## 8. HIV <sup>11585...India</sup>

A 42-year-old construction worker was suffering from fever, loss of appetite, fatigue, weight loss, and night sweating since the beginning of Feb 2019. On 7 March he was diagnosed with HIV and immediately started taking antiviral medication from a government hospital. His wife was tested negative. He knew that he had caught the infection due to his extramarital relations while frequently working away from home. Now, he had such a strong feeling of guilt that he would not go out of his house. Distressed with the condition of her husband, the wife contacted the practitioner to enquire whether 'Sai Baba medicine' (vibrionics known as such in the village) could help her husband. On **13 March 2019**, the practitioner visited the patient at his home. On seeing the reports, he counselled the couple to have the right attitude and brave the situation, and gave the following remedy:

### **NM12 Combination 12 + NM63 Back-up + NM90 Nutrition + OM28 Immune System + SM26 Immunity + SM29 Kidney + SM30 Life (AIDS) + SM41 Uplift + SR250 Psorinum + SR272 Arsen Alb CM + SR282 Carcinosis + SR292 Graphites 30C + SR318 Thuja 200C + SR345 Calendula + SR360 VIBGYOR...TDS**

In one month, the patient felt 30% improvement in all his symptoms. He visited the practitioner himself for a refill and sounded very positive and confident. After another two months, he felt 80% better and had enough strength to resume his work. After three months in Sept 2019, he was 100% free of all symptoms, so stopped taking allopathic medicines. On 9 Dec 2019, the practitioner was happy to see that the result of the HIV test was negative, so the dosage was reduced to **OD** and finally stopped on 14 Mar 2020. As of July 2021, the man is hale and hearty.

*If using the 108CC box give: **CC12.3 AIDS - HIV + CC12.4 Autoimmune diseases***

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## 9. Itchy and flaky skin on palms <sup>11210... India</sup>

A 50-year-old male had been suffering for four years from blisters and flaky skin with itching on both palms and to some extent on feet. During the first two years, he managed by applying just coconut oil but this would give only temporary relief. In 2019 when his condition became worse, he consulted a dermatologist who prescribed anti-allergic tablets along with Prosviate S (corticosteroid) cream. He did not take the tablets but the cream gave good relief. However, after a short time, the symptoms would reappear. So he had to use the cream almost daily, which he managed for two years. He had to give up riding his motorbike because the handles would rub against his palms, thus aggravating his condition. On **3 March 2021** (see pic) he approached the practitioner who gave:

**CC21.3 Skin allergies + CC21.5 Dry Sores + CC21.6 Eczema...TDS** orally and in coconut oil for external application...**BD**





**Before treatment – 3 Mar 2021**



**After treatment – 29 Mar 2021**

He took only the vibro remedy and after a week, reported that his feet were now normal and blisters on palms were gone! However the itching and flaky skin were only 25% better and by 29 March, he felt 90% better (see pic). The oral dosage was also brought down to **BD**. On 6 April he was completely fine, so started tapering down the dosage until he stopped using the remedies on 20 April. As of July 2021, there has been no recurrence of any symptoms.

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**10. Shoulder pain after healed fracture <sup>11626...India</sup>**

On 23 Feb 2020, a 61-year-old woman had a fall, causing a hairline fracture in her right shoulder with severe pain. Her arm was wrapped in a crepe bandage, she was prescribed a painkiller and advised rest. After three days she stopped the painkiller for fear of its side effects. The bandage was removed after 45 days as the bone had healed. There was hardly any relief from pain which would aggravate whenever she tried to lift her right arm. She was not able to hold even a glass of water and found it difficult to do household chores. In May 2020, she started taking **IB** (for Covid-19) remedy from the practitioner and in two weeks, her disturbed-sleep issue of 18 months' standing got completely resolved. Impressed by the power of vibrionics, she consulted the practitioner for the arm pain. She also had mild pain in her knees for the past two years whenever she had excessive physical strain or sat cross-legged for more than 15 minutes. On **1 June 2020** she was given:

**#1. CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC20.3 Arthritis + CC20.6 Osteoporosis + CC20.7 Fractures...TDS**

After one month on 5 July, she reported 100% relief in shoulder and knee pain. She was able to move her right arm, perform daily chores with ease and able to sit cross-legged for longer periods. The dosage was tapered down to **OD** over the next eight weeks before stopping it on 10 September when she was given the following remedy to help maintain her skeletal health:

**#2. CC20.1 SMJ tonic + CC20.6 Osteoporosis...TDS** for five months, **BD** for a month, **OD** for 2 months and stopped on 20 May 21.

On a further review in August 2021, there has been no recurrence of any pain.

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**11. Infertility <sup>03572...Gabon</sup>**

A 38-year-old woman was suffering from painful menses and was diagnosed with a 5 cm cyst in her right ovary in Oct 2015; the hormonal results were normal. Her gynaecologist prescribed for the cyst, lutenyl for 10 days but it did not help. She had an 8-year-old daughter and had been trying for a second child since Feb 2017. As she had not conceived by June 2018, she underwent an HSG test which revealed both her

fallopian tubes were *completely* blocked. She was prescribed clomid and duphaston for three months to regulate her cycle and boost ovulation. However, neither could she conceive nor was there any improvement in the menstrual cycle. As there was a lot of jealousy in her family, she suspected that someone had cast a spell on her, so she was unable to conceive. On **15 Sept 2018** she contacted the practitioner who gave the following remedy:

**#1. CC8.1 Female tonic + CC8.4 Ovaries & Uterus + CC12.1 Adult tonic + CC15.2 Psychiatric disorders...TDS**

She was not taking any other medicine. On 10 May 2019, she reported that her menses were no longer painful and the gynaecologist had found that one fallopian tube got opened while the other remained blocked. The remedy was enhanced to:

**#2. CC8.5 Vagina & Cervix + #1...TDS**

In June the doctor found that she had an ectopic pregnancy in the open fallopian tube and recommended terminating it and the tube had to be removed. Post-surgery she was given a 10-day oral antibiotic treatment. Even after this experience, she was determined to have a child and resolved to continue with vibrionics. The practitioner changed the remedy to:

**#3. CC8.4 Ovaries & Uterus + CC8.5 Vagina & Cervix + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.2 Psychiatric disorders...TDS**

On 30 Sept, she was elated to inform the practitioner that her pregnancy test was positive. The gynaecologist was astonished how she could conceive with a blocked fallopian tube and the foetus was very well housed. She remarked, "Madam, it is a miracle that you are pregnant." As the doctor detected high blood pressure, she was prescribed aldomet. **#3** was replaced with the following remedies to be taken throughout the pregnancy and till one month after the delivery.

For pregnancy

**#4. CC8.2 Pregnancy tonic + CC8.9 Morning sickness + CC12.1 Adult tonic + CC15.2 Psychiatric disorders...TDS**

For high blood pressure

**#5. CC3.3 High Blood Pressure (BP) + CC3.5 Arteriosclerosis + CC3.7 Circulation + CC4.2 Liver & Gallbladder tonic + CC10.1 Emergencies + CC17.2 Cleansing...TDS**

On 1 April 2020, she gave birth to a healthy baby boy. She stopped taking **#4** on 1 May but was advised to continue **#5** as her BP was slightly on the higher side. On 1 June the BP became normal and **#5** stopped. As of July 2021, she and her baby continue to do well.

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## ☞ Answer Corner ☜

Q1. I understand from the answer to Q6 in newsletter vol 12#3 that a patient can build up resistance to a remedy when taken over a long period. As we have been taking **IB** since the onset of Covid-19 for over a year, does it mean that **IB** is no longer as effective?

A. Yes, this could have happened if we were taking the *same* **IB** all the time. As the Covid-19 virus has been mutating fast (being RNA rather than DNA virus), our **IB** has been revised several times and hence is just as effective as before.

+++++

Q2. A common combo in a 108CC box contains multiple remedies. Does the mixture retain the vibration of each individual remedy? Further, we often mix multiple CCs in one bottle, how does it work to bring about healing?

A. When you mix many remedies, the mixture contains a single composite vibration of all its components. But this composite vibration retains the healing power of each of its individual remedies. However, when we combine too many vibrations this is likely to slow down the action of each vibration (similar to the dilution effect). Therefore it is recommended that we choose judiciously only the combos relevant to the patient's illness. Additionally, the faith and prayer of the practitioner is very important and also it helps a great deal if the patient has faith in vibrionics and trust in the practitioner. What is of utmost importance is the intent of the practitioner while making the remedy!

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Q3. After treating a patient for depression with **CC15.2 Psychiatric disorders** for about two weeks her pain re-appeared in exact locations where she had fractures due to a severe auto accident 15 years ago. I gave her **CC10.1 Emergencies** for a week and the pain went. In a case of sleeplessness, **CC15.6 Sleep disorders** did not work but when combined with **CC10.1**, it worked like a charm. I see many cases published where practitioners add **CC10.1** to many different combos. Does this mean we can add this to all combos in order to enhance their efficacy?

A. The re-appearance of fracture pain in your first patient was a case of 3<sup>rd</sup> type of pullout. That's why **CC10.1 Emergencies** worked on your patient as it appropriately addressed the problem, In the 2<sup>nd</sup> patient, the underlying cause of sleeplessness might have been trauma or an emotional issue for which **CC10.1** is a good remedy and hence it worked. However, we don't recommend the addition of **CC10.1** to every combo as explained above in answer to Q2. Always give combos, only related to the symptoms. During treatment, if a past symptom surfaces and **CC10.1** is indicated, give this at that time.

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Q4. Is there a remedy that can be given to a patient to make the passing away easier during his last hours on earth?

A. Yes, **SR272 Arsen Alb CM** gives quiet and ease in one's last moments. For those without the SRHVP, **CC15.2 Psychiatric disorders** (incidentally, it contains **SR272**) from the 108CC box will be just as effective.

+++++

Q5. For my own illness, is it better for me to treat myself or should I ask another practitioner?

A. For an acute illness, it is best to treat yourself as you can then start taking the remedy immediately. However, for a chronic problem, a complete answer is provided in vol 7 #3. It is always better to approach another practitioner for treatment because giving and receiving love and prayer is part of the healing process. Also, there is a commitment to follow a schedule when taking remedies from another practitioner as you will also be asked to report progress after a certain period. If discomfort is high you may not be able to think calmly and hence it is even more important to approach another practitioner. In cases where you know a certain remedy has worked for you in the past and want to use it without having to go to another practitioner, then it is fine to make your own remedy.

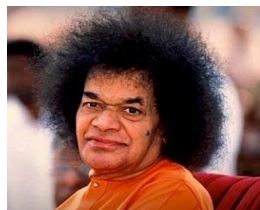
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Q6. As clarified in the Newsletters vol 4 #5, vol 7 #3 and vol 12 #3, I understand that a chronic illness is likely to return unless we change to a healthy lifestyle. Whenever I broach this subject with my patients, they don't want to talk about it. How should I handle such a situation?

A. One approach is to gather lifestyle information (a little at a time) over the course of several consultations with the patient while you try to establish a rapport with him eg, from a diabetic patient, you may ask if he does daily exercise, and if so, how much? From a BP patient, you may ask if they sprinkle extra salt on their food. Having got to know your patient well and collected information on various aspects of lifestyle, you may slowly (1 or 2 at a time) introduce positive lifestyle recommendations. Remember, as a practitioner you must strive to follow a healthy lifestyle yourself and be a role model for your patients, only then will your advice be followed.

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## ☪ Divine Words from the Master Healer ☪



*You need to develop physical strength, for which balanced food is necessary. You can eat rice and chapati. You should develop mental strength to drive away negative thoughts. When you have mental strength, you can remain unperturbed in the face of difficulties and sorrows...When you develop physical and mental strength, your spiritual strength will also improve. When you follow the path of spirituality, you will be free from all doubts and delusions. It is the wrong food that*

*gives rise to evil tendencies like anger, lust, and tension and causes all problems. Therefore, it is necessary that you should always eat only pure (sattvic) food.*

..Sathya Sai Baba, "Supreme Bliss Comes From Absolute Wisdom" Discourse 1 September 1996  
<http://sssbpt.info/ssspeaks/volume29/d960901.pdf>

*Offer services and receive love." This is the recipe for experiencing Divinity. But today service is not offered wholeheartedly. Few render service with love and hence few receive God's grace. Even their love is self-centred and is not all-embracing. Our love should not be confined to our kith and kin. It must extend beyond the family to society as a whole, then to the nation at large, and finally embrace the whole world.*

...Sathya Sai Baba, "Born to Serve" Discourse, 19 November 1987  
<http://www.sssbpt.info/ssspeaks/volume20/sss20-26.pdf>

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## ❧ Announcements ❧

### Forthcoming Workshops\*

- **USA:Virtual** AVP Workshop\*\* twice-weekly sessions **15 Sept to 23 Nov 2021** contact Susan at [Saivibrionics.usa.can@gmail.com](mailto:Saivibrionics.usa.can@gmail.com)
- **UK London:** UK National Annual Refresher Seminar **19 September 2021** contact Jeram Patel at [jeramjoe@gmail.com](mailto:jeramjoe@gmail.com)
- **India Puttapparthi:** Virtual AVP Practical Workshop, **1-18 Nov 2021\*\*** followed by face-to-face workshop at Puttapparthi on **24-26 November 2021** contact Lalitha at [elay54@yahoo.com](mailto:elay54@yahoo.com)
- **India Puttapparthi:** AP workshop **16-18 December 2021**, contact Padma at [trainer-cc@in.vibrionics.org](mailto:trainer-cc@in.vibrionics.org)
- **India Puttapparthi:** Virtual SVP Workshop **Jan 2022\*\*** **Dates to be announced** contact Hem at [99sairam@vibrionics.org](mailto:99sairam@vibrionics.org)

\*All AVP and SVP Workshops are only for those who have undergone the admission process and the e-course. Refresher seminars are for existing practitioners.

\*\*Subject to change

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## ❧ In Addition ❧

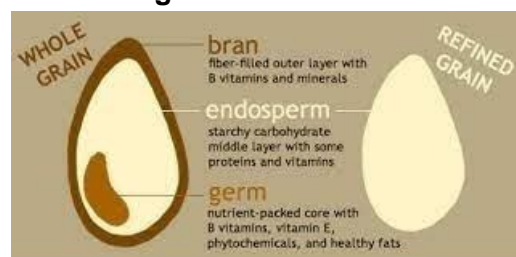
### 1. Health Tips

#### Wholesome diet with whole grains

*The type of food that you consume decides the degree of concentration you can command; its quality and quantity decide how much your self-control is lessened or heightened...Sathya Sai Baba<sup>1</sup>*

#### 1. Grains - whole & not so whole

**1.1 Whole grain:** Also known as cereal or true grain, it is the entire seed or kernel of a grass-like plant in its natural state. It has three parts - *bran*, *germ*, and *endosperm* (see pic); with a good mix of starchy carbs, fibre, proteins, vitamins, minerals, and phytochemicals, and is naturally low in saturated fat and salt. Whole grains can be qualified as "whole" only when they contain 100% of all the three parts and naturally occurring nutrients of the entire grain seed in their original proportion.<sup>2-6</sup>



Whole grain

The dietary fibre in whole grains clears the digestive tract and enhances digestive health, builds immunity, balances blood



sugar, and lowers the risk of weight gain and obesity. Nutrients in whole grains help fight inflammation, uplift the overall health, prevent cancer, and protect against heart disease and stroke.<sup>2-6</sup>

**1.2 Pseudo-grains:** They are grain-like seeds from plants not classified as grasses, but considered as whole grains due to their matching nutritional profiles. Further, they are naturally gluten-free and available in their whole form. The major ones are -amaranth, buckwheat, quinoa, kaniwa, and wild rice.<sup>7-9</sup>

**1.3 Refined grains:** Virtually all whole grains are cleaned and processed minimally to prevent them from deteriorating in transit or storage, but they retain all the nutritive parts. They become refined grains when the bran and the oily germ (which tends to become rancid when exposed to heat and light) get stripped off leaving only the soft and easy to digest endosperm. Their nutritional value gets substantially reduced, shelf-life increases, cost becomes less, and they look appealing. Refined grains are used in all processed cereals, pasta, and most baked goods.<sup>10-13</sup>

**1.4 Enriched/fortified grains:** Many refined grains are being enriched or fortified with those nutrients that get lost during processing or are not originally present in them. Protein is naturally retained throughout processing, B vitamins and iron that are lost can be added back, but in proportions different from the original. Fibre and phytochemicals cannot be added back and are lost forever. Fat, sugar, or salt may get added too. Fortified foods have prevented deficiencies and related health problems in certain populations eg, infant cereals fortified with iron and B vitamins to prevent anaemia, wheat flour fortified with folic acid to prevent birth defects.<sup>11-14</sup>

## 2. Whole & Pseudo grains - gluten-free *Indian names in parenthesis*

**2.1 Amaranth (Cholai/Ramdana/Rajgira):** A super-grain with high protein content (13-14%) and rich in vitamin E and high-quality B-complex vitamins and minerals like calcium, iron, manganese, and zinc. It is a complete protein considered at par with animal protein. Its tiny kernels have all the nine essential amino acids, including the rare and important lysine missing in grains except quinoa. It is best absorbed and digested when soaked for 8 hours or more and cooked.<sup>6-11,15-18</sup> (see vol 12 #3 Health article on herbs)

**2.2 Brown/unpolished rice (Bhoora chawal):** Half the world relies on rice as a staple food. Whole grain rice is usually brown, but can also be black, purple, or red. The bran coating gives brown rice a nuttier taste and chewy texture. It has three times the fibre of white rice, though lower in fibre than other whole grains. It is high in vitamins, minerals, namely selenium, magnesium and the less talked about but very vital manganese essential for optimal health. Protein in rice is in balance with the carbs in it. **Black rice**, high on calories, is more nutritive than brown rice. Equally nutritious is Bhutanese red rice.<sup>6,19-21</sup>

**2.3 Buckwheat (Kuttu)** offers 33% more fibre, marginally more carbs, but much less calcium than amaranth. It is the only grain with high levels of the antioxidant rutin.<sup>6,22,23</sup>



Amaranth



Brown rice



Buckwheat

**2.4 Corn/Maize (Makka):** Typically yellow, it comes in many colours. Rich in carotenoid antioxidants, it is excellent for eye and skin health. Eating corn with beans or vegetables creates a complementary mix of amino acids that raises the protein value. Its nutrients are better absorbed when cooked. **Sweet corn** is a variety of corn harvested before the kernels are fully matured; so, it has sugar and starch present in higher amounts.<sup>6,16,24,25</sup> (see vol 11 #5, Health article on vegetables)

**2.5 Millets** are small-seeded hardy cereal crops that are low-maintenance and drought-resistant, and grow in half the time needed for rice and wheat. Known as food medicine, millets are starchy protein-rich grains with a low glycaemic index, rich in antioxidants, minerals, B vitamins, and fibre, excellent for health and ideal for growing children.<sup>26-30</sup> Some of the well-known varieties of millet are:

**2.5.1 Barnyard millet (sanwa chawal):** Similar in taste to cooked broken rice, it is low in calories, rich in fibre, and known to reduce blood sugar level and weight.<sup>31</sup>

**2.5.2 Finger millet (Ragi):** Considered the most nutritious of all cereals, its calcium content is five to thirty times that of other cereals, and three times that of milk, the best alternative to supplements to prevent osteoporosis. Rich in amino acids crucial for the health and easily absorbable protein, phosphorous, and iron, ragi porridge is the first solid food for babies in southern India. It prevents malnutrition and anaemia and facilitates brain growth in children. It can control blood level and also accelerate wound healing in people with diabetes.<sup>29,32,33</sup>



**Corn**



**Barnyard millet**



**Finger millet**

**2.5.3 Pearl millet (Bajra),** high in vitamin B and dietary minerals, (especially iron) has a good balance of amino acids. It is one of the best home remedies for menstrual cramps and associated mood swings.<sup>29,34</sup>

**2.5.4 Sorghum/great millet (Jowar/milo):** Highly efficient at photosynthesis, the plant matures very quickly and is considered by some scientists as a crop of the future when food supplies will be insufficient. Typically available as flour, rich in antioxidants, it is a highly nutritive grain - perfect for children.<sup>29, 35, 36</sup>

**2.5.5 Teff:** A dependable staple wherever it is grown, versatile in use, and easy to prepare, this tiny millet is excellent for bone health, can prevent and treat anaemia, and naturally balances hormone levels. Teff is sweeter with undertones of cocoa and hazelnut, well suited for warm polenta and porridge as the grains cling together when cooked.<sup>37,38</sup>



**Pearl millet**



**Sorghum**



**Teff**

**2.5.6 Other nutritious millets** are **Foxtail millet**<sup>39</sup> (Kangni/Korra) high in minerals and healthy carbs to balance blood sugar; **Kodo millet**<sup>36</sup> (Kodrav) having three times the dietary fibre of wheat and maize and ten times that of rice; and **Little millet**<sup>40</sup> (kutki/samai) richer in iron than other millets, suitable for all age groups; **Proso/red/white millet** considered as bird food, it is being gradually accepted for human consumption. Its complex mix of lipids with high lecithin content helps in treating neural and mental disorders.<sup>41</sup>

**2.6 Oats:** Widely used in cereals and baked goods. Oat groats (when the husk is removed from the oat kernel) are ground, steel-cut, or steamed and flattened to improve the texture and reduce the cooking time. They can be consumed as such for their concentrated nutrition but they should be soaked overnight to soften them. Even instant oats are pre-cooked, dried and rolled whole oats. The highly nutritious oats is a healthy food for the heart due to its high beta-glucan content. Also, it is unique in being a great source of antioxidants that help protect blood vessels from the damaging effects of LDL cholesterol.<sup>6,42-44</sup>

**Caution:** Oats are naturally gluten-free, but many types of oats are grown near places where gluten-rich crops are grown or are processed in facilities where wheat, barley, and rye are processed as well; so the risk of cross-contamination cannot be ruled out. Look for gluten-free labels on oatmeal packages.<sup>6,42-44</sup>

**2.7 Quinoa:** Rich in nutrients next only to amaranth, it is a complete protein with all the 20 amino acids including the 9 essential ones with a great protein to carbohydrate ratio.<sup>45</sup> Quinoa has many varieties, major ones being ivory white (widely known and easily cooked), red (best for cold salads), and black (with



sweet flavour, needs 15-20 min to cook). **Kaniwa** is very similar in nutrition and usage but half the size of quinoa.<sup>46</sup>

**2.8 Wild rice:** It is a pseudo-grain, not rice; it is consumed in a blend with other grains including rice. It has twice the fibre and protein of brown rice but less iron and calcium.<sup>47</sup>



Oats

Quinoa

Wild rice

### 3. Whole grains- containing gluten *Indian names in parenthesis*

Gluten in these grains helps to bind and shape foods like bakery products, pastas etc but some people have gluten intolerance. A strict gluten-free diet is the only way out for them and for those having celiac disease, an autoimmune disorder.<sup>48-53</sup>

**3.1 Barley (Jau):** Hulled barley is healthier, more nutrient-dense than the processed pearl barley (having lost its bran layer during polishing). Rich in vitamins and minerals, it is lower in fat and higher in dietary fibre than most whole grains. Barley bread, porridge and soup are well cherished. Regular but limited intake of barley water helps to flush toxins from the kidneys and can prevent, dissolve, and eliminate renal stones.<sup>54,55</sup>

**3.2 Rye** is more nutritious and contains less gluten than wheat or barley. Dark rye flour is the healthiest as it contains the maximum amount of bran and germ.<sup>56</sup>

**3.3 Whole wheat (Gehoon):** Mainly composed of carbs, it is an energy-giving nutritive food. It has many variations: **bulgur**, dried cracked wheat; **farro**, used interchangeably in different places as *einkorn*, *emmer*, *spelt* or *dinkel wheat*; **durum** (most common); **freakah** - hard durum, roasted and sold cracked; **kamut/khorasan** - larger in size, with more protein and vitamin E than common wheat, and tolerated by those with wheat allergies; **triticale**, a hybrid of durum wheat and rye; **whole white** is equally nutritive and milder in taste.<sup>2,6,57-60</sup>

**Caution:** A protein in wheat can cause allergy resulting in rash, hives, swelling, or breathing difficulties such as wheezing, more common amongst children (they normally outgrow with age) and those who are prone to allergies. This is different to gluten intolerance which is not an allergy.<sup>58,61</sup>



Barley

Rye

Whole wheat

### 4. Tips to have the best of whole grains

- Check labels and choose a non-GMO, unrefined and a higher percentage of whole grain.<sup>2-6,12,13, 62</sup>
- Look for fine, dry grains in an air-tight package and store in a cool, dry place to maintain freshness or freeze in airtight freezer bags. Place bay leaves to preserve them for a longer period; add cinnamon sticks and cloves to reduce the risk of infestation.<sup>62-65</sup>
- Ideal to have about 200 gm (6-8 ounces) of grains per day out of which at least 50% should be whole grains to boost health and to prevent disease.<sup>4,10,11,66</sup>
- Use a variety of whole grains to get the best combination of nutrients. In fact, dependence on a single cereal diet can cause health problems.<sup>2-6,12,15,27</sup>
- Soak overnight or sprout to remove antinutrients, reduce gluten content, and increase digestibility.<sup>2-6,12,15,27</sup>

- Increase the intake of fibre-rich whole grains gradually to avoid bloating, gas, and constipation; drink plenty of water to help movement through the digestive tract.<sup>43</sup>
- Better to consume at least 2-3 hours before bedtime to allow the whole-grain foods to metabolize and release energy.<sup>29</sup>

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## 2. Inspiring Anecdotes

### 2.1. Cleansing combo brought down blood sugar to normal! <sup>01001...Uruguay</sup>

On 23 May 2018, when this elderly woman aged 73 came to see this practitioner, she had been taking Metformin for four years but this had completely failed to bring down her blood sugar level. She was given **CC6.3 Diabetes + CC10.1 Emergencies + CC12.1 Adult tonic + CC12.4 Autoimmune diseases + CC15.1 Mental & Emotional tonic** which she took **TDS** along with metformin for four months, Even then, there was no improvement in her sugar level, always remaining high at 150 mg/dl, sometimes spiking to 200 mg/dl. Quite worried in September, she opened more fully to the practitioner to reveal that she had fear and resulting stress, what she believed to be the root cause of her problem. Haunted by their unhappy relationship, she was feeling and seeing her deceased ex-husband in her house. The practitioner confidently prepared **CC17.2 Cleansing** to spray around her house for ten days. Within one week her sugar level came down to 125 mg/dl remaining constant for a month, and 110 mg/dl in October and finally normal at 98 mg/dl on 9 November. She was at last free of the presence of her ex-husband!

### 2.2. Dream healing of earache <sup>03566...USA</sup>

The practitioner has a female friend who works in a bank. In July 2018 she started listening to music, using her headphones, practically all the time while working. By October she had developed earache in both ears, so she stopped using the headphones but the ears continued to hurt. The pain was so strong that she had to take ibuprofen daily. At the 2019 New year's bhajan, the practitioner offered her vibrionics treatment. The friend declined stating she already has a doctor's appointment on 7 January. On 5 Jan, the friend had a dream in which she heard her doorbell ring. At the door, stood the practitioner who claimed that she had medicine for her problem. Both sat opposite each other on the floor. The practitioner presented a green bowl filled with liquid and asked the patient to partake. On drinking it, the earache miraculously vanished along with the practitioner! The dream ended. Suffice to say she never saw the ENT specialist. To date, she has not had any ear pain even though she occasionally uses the headphones.

### 2.3 Vibrionics rescues pets where the vets gave up hope! <sup>00512...Slovenia</sup>

Luna, a toy poodle of 10 years, diagnosed with cancer, had her uterus removed on 6 Feb 2021. During surgery, the vet discovered the cancer was very widespread and proclaimed that her days were numbered. She suffered from post-operative fever and did not eat for over four days; the vet recommended euthanasia. The day before the surgery the practitioner had already started broadcasting **CC9.2 Infections acute** twice a day. As Luna began eating on 11 Feb and was becoming healthier by the day, the treatment was stopped on 16 Feb by which time she was running with joy, full of life! The vet was simply astonished. In the words of Luna's owner, "Since 2015 I have been taking vibrionics treatment whenever I have any illness, I gratefully rely on it. I especially encountered the magic power and wonder of vibrionics while treating my puppy. I am grateful that she got a chance for a new life. She is now racing around the field with joyful vitality. The veterinarian himself admitted that he had never seen or experienced anything like it."

Floki the 13-year old Dalmatian dog suffered a heart attack in 2014 which damaged his motor system and affected his balance. He also had skin issues, various allergies and sand in his urine but worst of all, a tumour under his tail that made surgery extremely dangerous, so the vet could not help. Our practitioner soldiered on for over 13 months using **CC1.1 Animal tonic + CC2.1 Cancers - all + CC2.2 Cancer pain + CC2.3 Tumours & Growths** in water and also broadcasting. As a result, Floki's benefactor reports that he lived a full life, happy with no restrictions, before he passed away peacefully in Sept 2016, six months after the treatment was stopped.

Tim, a 4-year old Jack Russell terrier, suffered for several months as there was no relief from allopathy for partial loss of hair, reddened skin (allergy to poultry & cosmetics) and a nervous habit of scratching until he would bleed. In July 2018 he was given **CC1.1 Animal tonic + CC4.2 Liver & Gallbladder tonic + CC21.1 Skin tonic + CC21.3 Skin allergies**, in water. Within two months scratching stopped completely and other symptoms also went away. However, next year in 2019, he had an allergy to dust and sunflower

pollen. As soon as the above combo was started, the allergy disappeared though the remedy was continued for two months. He has been completely healed since.

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### 3. Workshops & Seminars

#### Virtual AVP workshop, 2 June to 16 July 2021; practical workshop, Puttaparthi, 26-27 July 2021

2<sup>nd</sup> in a series of the recently started Virtual AVP workshops in India, this highly interactive and practical



oriented workshop planned and conducted by two senior teachers consisted of 28 sessions attended by over 30 practitioners from India and abroad. The virtual platform made it easier for practitioners to attend from the comfort of their homes. At the same

time it helped in expanding the faculty as several new teachers <sup>11568,11583,12051</sup> could now participate in teaching without having to travel long distances. Several veterans of vibrionics shared their knowledge and experience with the attendees. This connectivity was facilitated by our new training coordinator <sup>03518</sup> from Parthi who liaised with the participants and made them feel at home!

Some key points from the workshop:

- In her first appearance at a virtual workshop Pat Hunt, the most senior member of the vibrionics family and the head of research brought home to the participants the importance of limiting the remedy to only essential combos so as to avoid the dilution effect. She delves deep into her understanding of homoeopathy and connects with inner Swami to finalise each combo. **IB** was also derived in the same way.
- It was interesting for the new practitioners to learn from Dr Aggarwal how the concept of 108CC evolved. He also gave the important tip that while treating a patient with love, we should be guarded and not allow feelings like worry and the ego to make home in our heart for they can slow down the healing process. Hem Aggarwal stressed that practitioners come down to the level of the patient like you would in the case of a child, start feeling their pain, guarding against being judgemental about a patient, make remedy calmly with a prayer and total focus on Swami.
- Our North America coordinator <sup>01339</sup> gave tips on how to protect and maintain the 108CC box and also answered the queries of participants.
- Two doctor practitioners <sup>11567 & 11610</sup> enlightened the participants on how to diagnose a few common and some lifestyle diseases, with health tips, including the importance of nutrition for a disease-free life and advised them to be role models and thus guide the patients.
- A short presentation was given on the structure of vibrionics organisation by the IASVP wing director.

On the last day, the qualified AVPs received their 108CC boxes with reverence and a resolve to put in their best and be humble instruments in serving with Sai Vibrionics.

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Om Sai Ram

*Sai Vibrionics.* . . towards excellence in affordable healthcare - free to patients