Sai Vibrionics...towards excellence in affordable medicare - free to patients

Sai Vibrionics Newsletter

www.vibrionics.org

"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva."
...Sri Sathya Sai Baba

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∞From the Desk of Dr Jit K Aggarwal ∞

Dear Practitioners

With great delight and appreciation I am honoured to report on the exemplary initiative and service undertaken by our Kerala practitioners. This month we are focusing exclusively on Kerala practitioners as this is the time of Onam, their most holy and joyous festival, celebrating the story of the dwarf avatar, Vamana. It is the time of visitation from Paataal (the Nether world) of their great king, Mahabali, who annually checks on the welfare of his subjects. Keralites always brought beautiful and lavish Onam celebrations to the Lotus Feet for the enjoyment of all. Kerala is a land of ardent devotees among whom, I am happy to state, we have many dedicated vibro practitioners.

Who can fail to be impressed by the dedicated seva of our three individuals, whose profiles appear later in this issue, not to mention the huge overall roster of case histories? All in all there are a total of 106 practitioners in Kerala. Many of them serve in the disadvantaged tribal areas and other poorer districts all of which are without adequate medical facilities. As well as seeing patients from home, they organise regular health camps where they have provided remedies to an astounding half a million patients during the past 7 years. Their service is much needed and appreciated. In addition, these enthusiastic Kerala practitioners have taken complete charge of procuring and assembling the 108CC boxes. This is far more work than what meets the eye, as for example, the bottles alone come in 5 components needing to be carefully put together. This fills our hearts to overflowing with gratitude and appreciation.

In an endeavour to continually raise our standards of training, a new procedure has been instituted in recent months. Under this new initiative, an experienced practitioner is allocated to mentor each new trainee who now has the benefit of one-on-one support. This program continues until the AVP has received sufficient training and experience to get promoted to the next level of full vibro practitioner (VP) and is confidently established in the practice of vibrionics. Another small step forward in our humble attempt to "love all, serve all".

Last but not the least, the broadcasting network previously mentioned in the May/June newsletter, is up and running. You can find the details in the 'In Addition' section.

In conclusion as mentioned in previous newsletters, I continue with grateful humility to acknowledge the impressive progress of this ever developing and expanding system of healing. With deep sincerity I offer my appreciation and congratulations to all practitioners who joyfully contribute their time and energy for the betterment of their fellow travellers, for the healing of all.

In loving service to Sai Jit K Aggarwal

™ Case Histories Using Combos №

1. Loss of Vision 11958...India

A 40-year-old lady suffering from short-sightedness for two years contacted the practitioner on 13 July 2015. She had been diagnosed with macular dystrophy. Her vision was RE-6/60, LE-6/24* and near vision was N36**. She had consulted doctors in India and London. She was told there was no treatment for this condition and that gradually she would go blind. They challenged her that if she did find treatment for this anywhere in the world, they would cover her expenses! She resigned from her job as an aviation engineer in December 2013 because of loss of vision. Patient did not have any other health problems. She was not on any medication, did however take some antioxidants. Patient confided that some family problems had caused her mental trauma during the past few years; this coupled with vision loss had made her feel depressed.

On 20 August 2015 she was treated with the following combos:

#1. CC7.2 Partial vision + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC15.2 Psychiatric disorders + CC17.2 Cleansing...TDS

#2. CC7.2 Partial vision...QDS in rose water as eye drops

The patient's vision started improving within a month. Her improvement progressed gradually and eventually she started recognizing people, she could use her mobile phone, was able to read headlines on TV and in newspapers. Now she can read large letters and to assist her with small letters she has been given low vision aids such as magnifying glasses. As of 1 July 2016 her vision test results are as follows: RE 6/24, LE 6/9; near vision N18. Now she can also teach children. She is very happy and sings praises of her Lord for this return of her vision! She is continuing to take the above vibro remedy.

Practitioner's comment:

In this case her improvement in vision is noteworthy since there was no conventional treatment option for this condition and she was expected to eventually lose her vision completely.

Editor's explanation:

*Short-sightedness: 6/6 is normal vision. 6/12 denotes the subject can see objects at only 6m, those that a normal person is expected to see 12m. This means short sightedness. 6/24 subject vision at 6m. Expected normal distance is 24m.

**Near vision impairment: N5 is highest level near vision, N7-N8 mild impairment, N10-N18 moderate impairment, N20-N36 severe impairment and N48 is the lowest level near vision.

2. Facial discolouration, hirsutism 11958...India

A 70-year-old lady suffering from black discolouration of facial skin and hirsutism which she noticed three weeks ago, came to the practitioner for treatment on 29 February 2016. She had discolouration on both cheeks, and hair growth on both sides of the chin. Her work entailed exposure to the sun that potentially caused this condition. She had been prescribed melalite skin cream that did some good but she was not satisfied.

She was treated with the following combos:

#1. CC8.1 Female tonic + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC21.1 Skin tonic...TDS

#2. CC8.1 Female tonic + CC21.1 Skin tonic...TDS in rose water to apply on face.

Patient did not use the skin ointment after she started vibro treatment. Her skin improved by 50% within three days. By the end of the week there was 80% improvement in discolouration whereas hair from her chin completely disappeared. In May 2016, there was practically no facial discolouration (say 2%). Patient was continuing to take **#1 TDS** along with facial application of **#2**.

3. Varicose veins, respiratory allergy 11958...India

On 17 February 2016, a 30-year-old lady contacted the practitioner because of severe pain caused by varicose veins in both her legs. She had been suffering from this for one year and the pain was so severe that she had disturbed sleep at night. There was a possible hereditary link to her problem as her grandmother was afflicted with the same condition. She was also suffering from rhinitis for the past two

years caused by allergy to dust. Her symptoms included runny nose, sneezing and sore throat. She had tried homoeopathic treatment for both conditions but without much improvement. She was treated with the following combos:

For varicose veins:

#1. CC3.7 Circulation + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS

#2. CC3.7 Circulation...QDS in water to apply on legs

For respiratory allergy:

#3. CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC19.2 Respiratory allergies + CC19.7 Throat chronic...6TD

During vibrionics treatment, she was not taking any other medication. At the end of one week, the patient experienced 50% improvement in pain in her legs. After two weeks there was 90% relief in leg pain but only 75% relief from runny nose, sneezing and sore throat. On 17 March the leg pain was completely gone. The dosage of **#1** & **#2** was reduced to **BD** and the patient stopped taking the remedy after 5 weeks.

On 10th April she reported 100% relief from all symptoms of rhinitis. The dosage of #3 was slowly tapered over next 3 weeks down to zero. At the time of last update in May 2016 she did not have any relapse of either condition.

4. Breast cancer 11993...India

A 50-year-old lady at the time of contacting the practitioner was bedridden after a series of treatments for breast cancer. She was first diagnosed with the cancer in March 2013. She had undergone unilateral mastectomy, radiotherapy and chemotherapy. Initially the treatment seemed successful but the cancer resurfaced and was found to be spreading. She was then subjected to ten sessions of chemotherapy, the impact of which she could not tolerate leading to her bedridden state.

On 1 September 2013 she was treated with the following combo:

CC2.1 Cancers – all + CC2.2 Cancer pain + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...6TD

After two months on 1 November, there was 50% improvement. The patient was walking unaided and was able to go to the toilet by herself. After four months in January 2014, there was 75% improvement. Patient had started to go out for morning walks and was attending to household work. At the end of six months in March, there was great improvement of almost 90%. By May 2014 the patient had recovered fully. Tests done at this time showed no traces of cancer in her body. The dosage was now reduced to **TDS** for a month, followed by **BD** for another month and then **OD** for the next six months, after which the dosage was reduced to **OW**. This was later reduced to once a fortnight. As of August 2016, the patient is doing well and takes maintenance dose of the vibro remedy once a month.

5. Stomach, bowel & kidney cancer 11993...India

A 58-year-old lady was in the terminal stage of cancer, with malignancy spread throughout her stomach, bowel and kidney. She was diagnosed with cancer six months prior to contacting the practitioner on 20 July 2013. She had been on allopathic medication for the past six months including six sessions of chemotherapy, which did not help much. She was suffering from excruciating pain in her stomach, there was substantial weight loss, severe fatigue and swelling in her feet. The patient was bedridden and had lost hope. She also suffered hair loss, another very common aftermath of chemotherapy. The practitioner had seen the reports of her scan, biopsy as well as several other medical tests that confirmed the diagnosis.

She was treated with the following combo:

CC2.1 Cancers – all + CC2.2 Cancer pain + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS

After two months there was 50% improvement. Her hair started growing back, swelling in her feet reduced, her energy levels improved and she started moving around. In later follow-ups, she showed further signs of improvement as she had started her morning walks, short outings and resumed her normal household activities unaided. These improvements reflected in her medical tests. On 15 January 2014, the patient reported a 100% healing from cancer. The dosage was then gradually reduced to a

preventive dosage of once every three months. In a recent update in August 2016, she continues to remain active, is on the preventive dosage and has had no relapse.

Editor's note: This practitioner has successfully treated several cancer cases using the same combo. Due to space restriction, these cases are not being published.

6. Kidney failure 11993...India

A 44-year-old male contacted the practitioner on 31 August 2013 because he was on dialysis three times a week for the past one year. The patient had a long-standing history of various problems such as anxiety, stress and migraine for which he was dependent on several allopathic medications. The kidney problem first started three years ago in 2010. Two years later, his creatinine level shot up to 9* and had to be brought down by regular dialysis. When he visited the practitioner, his blood report showed all the renal parameters to be abnormally high.

He was given the following combo:

CC12.1 Adult tonic + CC13.4 Kidney failure + CC15.1 Mental & Emotional tonic...6TD.

The patient continued to take allopathic medication along with the vibro remedy. After two months, his creatinine level had dropped significantly between 3 to 3.5 and dialysis was reduced to twice weekly. After another month and a half, dialysis was further reduced to once a week. From 1 January 2014, dialysis was given only once a month and his creatinine level was between 2.5 to 3. On 1 March 2014, he did not need dialysis anymore since his creatinine level had dropped to 1.9. The dosage was now reduced to **OW** for one month, and then to once a month for two months after which it was stopped. As of August 2016 he has not had any relapse of the condition.

Editor's note on blood creatinine levels: Normal levels of creatinine in the blood are approximately 0.6 to 1.2 mg/dl in adult males and 0.5 to 1.1 mg/dl in adult females. Muscular young or middle-aged adults may have more creatinine in their blood than the norm for the general population. Elderly persons, on the other hand, may have less creatinine in their blood than the norm. Infants have normal levels of about 0.2 or more, depending on their muscle development. In people with malnutrition, severe weight loss and long standing illnesses, the muscle mass tends to diminish over time and so their creatinine level may be lower than expected for their age.

7. Kidney stones 11993...India

A 32-year-old lady diagnosed with kidney stones in January 2013 contacted the practitioner in September seeking vibrionics treatment. Scan showed four stones of 3mm, 6mm, 6.5mm and 8mm in size. She was suffering from severe back pain, hip pain and swelling in her feet, and had difficulty in urinating. She had taken allopathic treatment for the past eight months but this gave only symptomatic relief from the pain and did not eliminate the stones. Doctors advised her to undergo surgery which she refused. The patient also suffered from joint pains for which she had been taking calcium supplements for more than a year.

She was given the following combo on 8 September 2013:

CC12.1 Adult tonic + CC13.5 Kidney stones + CC15.1 Mental & Emotional tonic...TDS

The patient of her own accord stopped her allopathic medication before starting vibro treatment. Two months later, on 3 November 2013, the patient followed up with the practitioner with her recent scan report, which showed that two of the stones had gone and the two remaining stones had reduced to 4mm and 5mm in size. On 4 January 2014 the patient was completely symptom-free and all the stones had disappeared. The dosage was then taper down to a preventive dosage of OW which she took for six months before stopping. Patient continues to do well and has not had any recurrence of kidney stones.

Editor's comment: This patient was taking calcium supplements which has been found to be a risk factor for kidney stones. The link below also gives useful advice on prevention of kidney stones:

http://www.mayoclinic.org/diseases-conditions/kidney-stones/basics/prevention/con-20024829.

8. Psoriasis 11993...India

A 41-year-old man suffering from psoriasis for five years contacted the practitioner on 7 September 2014. When the symptoms first started, the patient thought it was allergy and had applied an ointment for the

same. The condition became worse as the skin became dark reddish and very itchy. On scratching, the skin peeled off. As the lesions affected the whole body except his face and were visible, he felt stressed about mingling with people. He had tried allopathic and ayurvedic treatments but without much relief. So the patient stopped both before opting for vibrionics.

He was given:

CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC21.10 Psoriasis...TDS.

After two months, in November there was 75% improvement. The itching had stopped and scaling of the skin had reduced substantially. New healthy skin had started to appear on the lesions. After five months of starting the vibro treatment, on 5 February 2015 the patient showed 100% improvement. The lesions on his body had all healed completely. His dosage was gradually tapered down to **OW** until June 2015 when the treatment was discontinued. The patient continues to do well and has had no relapse of psoriasis as of August 2016.

9. High BP, Varicose ulcers 11276...India

A 55-year-old lady had been suffering from high blood pressure for over seven years and varicose ulcers in both legs for fifteen years. On 14 November 2015 when she visited the practitioner, the ulcers emitted an odour and were oozing out blood and a whitish fluid. She was in pain. Her legs were swollen, right leg more than the left, and she was unable to walk. On the advice of her doctor, she put bandage on her legs. Her BP was 220/100. She was on allopathic medication for both her conditions but her problems were not resolved. Earlier she had tried ayurvedic and homoeopathic treatments without any benefit.

She was given the following combos:

#1. CC3.3 High Blood Pressure (BP) + CC3.7 Circulation + CC15.1 Mental & Emotional tonic...5TD #2. CC8.6 Menopause + CC12.1 Adult tonic + CC18.5 Neuralgia...5TD

In the beginning for about a month, the patient continued allopathic treatment along with the above vibro remedies. After seven days, her BP was found to be normal but the patient continued with #1 at 5TD. However the progress with varicose ulcers was slow and improvement in her related symptoms was only 20% in the first 6 weeks.

So on 25 December, #2 was replaced by #3 as follows:

#3. CC21.11 Wounds & Abrasions + #2...5TD

By the end of December, the improvement went up to 50%. The practitioner suggested to her to remove the bandage to keep her legs exposed to air except during travel.

Within two months on 15 January 2016, the patient showed 80% improvement in varicose ulcers. Her legs looked almost normal and she could walk normally. However, the swelling was still there.

Then the patient had to do some travelling as a result of which she experienced a complete relapse of the varicose ulcers. Therefore her prescription was revised as follows on 25 January:

#4. CC10.1 Emergencies + #1...QDS for one month, so #1 was discontinued

#5. CC17.2 Cleansing...TDS for seven days

#6. CC3.7 Circulation + CC21.11 Wounds & Abrasions...5TD in virgin coconut oil for external application after cleaning the wound with water boiled with turmeric, holy basil, pepper stem and leaves, neem leaves, betel leaves and salt.

She continued taking #3 as before.

The changes made in the remedies resulted in draining of fluids from her swollen legs. Her doctors confirmed that it was a positive sign. She improved steadily and within three weeks, by mid-February, there was an overall improvement of 40%. Yellowish coloured wounds had turned red, a likely indicator of improved blood circulation. Swelling in her legs had come down by 65%.

Towards the end of February, as the patient's condition improved further, #4 was replaced with #1 and #3 and #6 were continued as before. In April the improvement progressed to 60% and to 70% after two months. By 20 August, an overall improvement of 85% was reported. Her wounds almost dried up and skin layers had started forming over the wounds. Her BP consistently remained within normal limits, the latest report in August 2016 shows it to be 128/86. Patient continues to take #1 as a preventive. CC21.1 Skin tonic has been added to #3 and #6 to help her achieve a complete cure. She has not taken any allopathic medicines during the past 8 months.

10. Bedwetting 11276...India

The parents of a six-year-old boy, who had been bedwetting practically all his life, contacted the practitioner on 9 November 2015. During the last five years, they had tried allopathic, ayurvedic and homoeopathic treatments but without any success. The little boy was much distressed by the problem, which was probably made worse by the parents who often compared the boy with his sibling who was very alert in this matter.

The boy was treated with the following combo:

CC12.2 Child tonic + CC13.3 Incontinence + CC15.1 Mental & Emotional tonic...5TD

Within a week the patient had completely stopped wetting his bed, a 100% improvement. The little boy and his parents were delighted. The dosage of the vibro remedy was gradually tapered off over the next five weeks. At the next encounter with the practitioner in July 2016 after a gap of 7 months, the parents of the boy confirmed that their son continued to do well without a single incidence of recurrence of bedwetting.

11. Psychosis 11576...India

A much-harried father brought his 13-year-old son to the practitioner for treatment in January 2016. The son had refused to go to school for the previous seven months and also occasionally showed signs of indifference, rage, and resistance to authority.

About ten months prior to meeting the practitioner, the patient had once demonstrated such behavioural symptoms. This happened 14 months after the collapse of his father's successful business which the family believed was caused by black magic done by his rivals He was treated successfully by a cleric through prayers involving recitation of the Quran for healing purpose. The boy then started going to school. But after just 2 months, he stopped going to school again and the efforts of the cleric did not help this time. He was then taken to various counsellors and psychiatrists from reputed hospitals but the patient refused to cooperate since he had on interest in such consultations. He also refused to take prescribed allopathic medications.

The patient was given the following vibrionics remedy on 10 January:

CC12.2 Child tonic + CC15.2 Psychiatric disorders + CC17.2 Cleansing + CC17.3 Brain & Memory tonic...TDS

The very next day the boy was ready to go to school. The family was elated that the boy finally reached school after a break of many months. However, the practitioner got a call a few hours later that instead of attending classes, he was waiting outside the office of the school counsellor. The family was advised to continue with the same remedy. From the following day onwards the boy displayed 100% recovery, showed return of happiness and has been attending school regularly. He stopped taking the remedy mid-April 2016. As of August 2016, he is a normal happy child who attends school regularly and has not skipped even a single day.

Comments from patient's father: Besides learned doctors, I had also sought the help of clerics to solve my elder son's issue. Nothing could budge him to go anywhere near school or even study privately. His behaviour was at times very frightening. It was Divine grace and the vibrionics medication that reset my boy to perfect normalcy.

Practitioner's comments: Pendulum scan revealed the presence of several entities, curses and black magic in the boy. **CC15.2 Psychiatric disorders** has proved to be an effective remedy for such negative issues

12. Aplastic anaemia 11274...India

A 47-year-old lady diagnosed with aplastic anaemia contacted the practitioner on 25 January 2011. She had suffered from this condition for seven years and was being treated at the Regional Cancer Centre. Patient was wracked with pain in her body and had to take six painkillers a day. Her other symptoms included blood in urine and feeling cold all over. She had unbearable itching over her entire body which was covered with wounds oozing pus. She was taking allopathic medications which had not helped at all.

She was given the following combo:

#1. CC10.1 Emergencies...BD

The patient continued allopathic treatment along with the vibro remedy. Later Sai Baba appeared in the practitioner's dream and suggested that she should be given **CC21.11**.

On 25 February the practitioner added this to #1 and gave:

#2. CC21.11 Wounds & Abrasions + #1...TDS

One week later the patient still complained of severe itching. The practitioner reassured her and advised her to continue with #2 since Sai Baba had suggested it and consoled and comforted her. Within a month her skin started healing. Now the practitioner was again guided by Sai Baba to add **CC3.1** to the above combo

So the combo was changed to:

#3. CC3.1 Heart tonic + #2...TDS

Now the patient's condition started to improve rapidly. On 24 April 2011 she was fully healed of aplastic anaemia. On the basis of diagnostic tests performed at the Cancer Centre, the doctors confirmed that there was no need for her to visit them anymore. Her vibro remedy was then slowly tapered off and eventually stopped.

Practitioner's comments: Previously the patient had avoided going out of her home due to her severe health condition. However, in April 2011 for the first time, she ventured out, attended bhajans at the Sai Centre along with her daughter and offered aarti to Swami; she was extremely happy.

□ Practitioner Profiles



Practitioner ^{11958...India}, a retired ophthalmologist from Kerala Health Services, who now serves as a faculty member in a private medical college has been a devotee of Sai Baba since 1962. It was the Souljourns interview of the Aggarwals that first brought Vibrionics to her attention. Having had an interest in alternative medicine and a desire to treat different kind of diseases, an opportunity to learn Sai Vibrionics healing method resonated with her heart immediately. For her the icing on the cake was that Swami had blessed the system and had also confirmed that He is the healer! She has been a vibrionics practitioner since July 2015.

She lives in *Saigramam* campus run by the Sathya Sai Orphanage Trust of Kerala where she has plenty of avenues for service as it houses several institutions including an orphanage, old age homes, a school, home for mentally challenged men etc. She caters to all the inmates of *Saigramam* through regular monthly camps conducted on campus in addition to the individual consultations including emergency care. She regularly dispenses vibrionics remedies as eye drops in rose water to the residents of old age home. The practitioner has experienced good response with animals but she has primarily treated cows for various injuries and for post-delivery care. She is thrilled that Swami has selected her in His mission!

She has observed that patients' faces brighten up once they are under vibrionics care. In her practice allergy and arthritis cases have responded very well to vibrionics. She refers to one of her cases as a real miracle where a patient diagnosed of macular dystrophy with a poor prognosis responded to vibrionics treatment and her vision improved significantly. She has also noticed improved learning ability and concentration in those children who take 'Examination' combo: CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic. CC4.1 Digestion tonic + CC12.2 Child tonic has proved to be another super combo for children. In her experience vibrionics remedies made in oil for external application, when used with oral remedies, have produced excellent results.

She teams up with practitioner 11276 to conduct monthly camps in Amritanandamayi's ashram also. With time her practice is growing and she now treats about 100 patients every month. Occasionally she suggests vibrionics to patients who visit her at the hospital seeking conventional treatment, especially when they have a condition for which further treatment options don't exist. In just one year, she has successfully treated a number of ailments such as allergic rhinitis, skin allergy, epilepsy, visual loss, sebaceous cyst, arthritis, gall stones, sensitive teeth, carpal tunnel syndrome, sun allergy, warts, acne,

hirsutism etc. She has treated several animals and plants too. She reaches out to distant patients and family members by mailing remedies to them.

The practitioner believes that treating the patients with complete dedication and prayers does wonders to them. This understanding has made her more humble. She works as an instrument of Swami and sees God in each and every patient she treats and is very happy to be practicing vibrionics.

Cases to share

- Loss of Vision
- Facial discolouration, hirsutism
- Varicose veins, respiratory allergy



Practitioner ^{11993...India}, a bureaucrat working in Customs and Excise for the Kerala state government, is a very accomplished and experienced practitioner. A philanthropist at heart, he organised regular serving of midday meals outside a temple in Trivandrum for around 200 poor people every day for 12 years. In addition, he regularly participated in mass feeding of needy people during temple festivals.

In 2001 he was transferred to poverty stricken Kasargod. Three years later, his mother was diagnosed with terminal colon cancer and given only a few days, maximum one week, to survive. Following her wishes he

brought her to his home and tried alternative therapies like reiki and naturopathy. She lived for three months and died peacefully surrounded by her loved ones. This inspired the practitioner with a strong desire to help with healing people afflicted with terminal diseases like cancer. He trained in many alternative systems like naturopathy, reiki, pranic healing, acupressure, sujok, sound therapy using Himalayan and Tibetans singing bowls. He also became qualified in hypnotherapy and counselling and as well as in psycho-neurobics from reputed academies.

The district of Kasargod had been struck with a tragedy caused by the aerial spraying of the pesticide Endosulfan, which polluted the water sources for hundreds of families. Moved by the heart-rendering sight of mentally and physically handicapped children, he wanted to treat lots of people in a short time but all the above therapies were cumbersome and time consuming. So he prayed to Swami for a simpler solution. Soon his reiki master and a vibro practitioner 11178 told him about the efficacy of vibrionics. This stirred a deep desire in him to undergo the training but was told he would not fit the selection criteria. Determined, he kept praying to Swami. Early one morning around 3am, he had a vivid dream of Sai Baba surrounded by Devas and Rishis. In the dream, he was at the back of a long queue when Swami beckoned him to come near and blessed him. The following morning, an opportunity came for the first-level vibrionics course offered through the Kasargod Sai Centre. Both he and his wife completed this successfully.

This dedicated couple teamed up with other practitioners and provided vibro treatment to patients in tribal areas. The team handled many cases including skin diseases like psoriasis, allergies, asthma, eye maladies, physical and mental retardation, learning disabilities, and miscarriages. By Swami's Grace, miraculous relief was reported in many cases. Since 2013 he has also regularly treated with good results patients referred by the Pain and Palliative Unit in the Kasargod Hospital. Noticing improvements from his remedies, these units began administering vibrionics to terminally ill patients with great success. He alone has treated over ten thousand people with excellent results.

In addition he has done pioneering work in raising awareness of vibrionics with agriculturists and dairy and poultry farmers. With the support of some famous cinema actors from South India, many projects were undertaken with excellent results in agriculture as well as animal husbandry. This included organic crops and organic dairy and in particular with his research in a dwarf variety of cows, milk yield increased considerably. The growing awareness of vibrionics treatment for agriculture caught the attention of the scientists from the Central Tuber Crops Research Unit of the Indian government in Kasaragod. As a result of improved productivity, they are showing great interest in his work which has now been extended to farms in other districts of Kerala.

In the cattle industry, farmers are finding vibro useful for various diseases like foot problems, udder oedema, and loose motions. Many veterinary doctors and livestock officials have successfully used vibro remedies. An owner of a poultry farm who is also professor and HOD of an engineering college, reported

tremendous results. He started using vibro remedies after mass death of his hens. He now reports improved egg production with regular use of vibro remedies.

He has recently started practicing in two other nearby locations in addition to Kasargod. Also he regularly offers treatment in schools, orphanages and old age homes. He claims to have miraculous results, particularly in cases of curses, black magic and the like. Spraying peace remedies in homes beset with family conflicts often resolves the problems. Feeling the scope of vibrionics to be limitless, he's planning to use this peaceful agent on a larger scale in Kasargod in places where there is communal tension, conflict and riots.

According to him, *infinite faith, infinite flexibility and infinite creativity* are the watchwords for progress. Becoming a dedicated instrument in God's hands and serving God in all that we see with pure devotion is paramount for this practitioner. He believes this will give perfect treatment which will bring about miraculous result. Never taking credit ourselves but giving full credit and honour to the only true Healer, opens the door for more grace. The practitioner feels immensely grateful that in his Sai Vibrionics practice, he has blessed with the opportunity to serve his beloved Sai Baba. He declares "this seva done over my whole life is not sufficient to express my infinite gratitude to Swami."

Cases to share

- Breast Cancer
- Stomach, Bowel & Kidney Cancer
- Kidney Failure
- Kidney Stones
- Psoriasis



Practitioner ^{11276...India} who heads NIIT (a leading IT training company) Centre in Trivandrum, came into Sai Baba's fold twenty years ago. She has been practicing Vibrionics since 2010. Earlier this practitioner was dis-interested in learning about diseases and allopathic treatments. In her own words "like a craftsman turning a stone into a beautiful sculpture", Swami gradually transformed her to what she is today through various experiences. She had previously practiced Reiki and Sai Sanjeevini healing. Later in 2006, she was introduced to vibrionics through a friend but it was not until 2010 when a training workshop took place in Kerala. She then got an opportunity to attend the first level of training program and the following year she completed the next level and became a VP. Since then she has been a tool in Swami's hands immersed in service.

She acknowledges that initially her practice was more mechanical, following the rules in the books. Over time she has become more confident and more intuitive by listening to her inner voice. This is evident from the success rate in her practice. The practitioner feels that when one works as an instrument in God's hands, it helps to reduce the ego. When her patients show improvement, she sees only God's blessings being showered. Witnessing miraculous cures from close quarters induces positive thinking in her and this gives her greater strength to do seva. She feels spiritually uplifted as a result of her practice.

She has been blessed with opportunities to conduct three medical camps every month for the past one year together with practitioner 11958. This gives her the opportunity to learn and also share experiences. She also has individuals approaching her for treatment from near and far. It gives her special happiness while treating plants and animals. The practitioner shares a wonderful incident which she considers a miracle. Though oblivious herself, her 1st camp happened to be on the World Diabetes Day. There were close to a hundred diabetic patients waiting for consultation, the remedy bottle for diabetes **CC6.3** broke while she was holding it in her palm. She promptly managed to rescue a few drops of the remedy into a bigger bottle; she believes that was God's intervention and also an indication of the ever increasing number of diabetic patients ever since and interestingly, they are all getting cured.

Over time she started to incorporate a few traditional practices such as washing wounds of varicose vein ulcer using boiled water made from neem (margosa) leaves, turmeric and tulsi (holy basil) along with vibrionics and they have been giving her better results. Mixing vibrionics remedies in homemade virgin coconut oil for skin conditions has also proven to be very effective in her practice.

She feels that she is a simply an humble instrument in His hands and so the Divine chalks out all plans for her. She has faith that all practitioners will be taken care of by Swami as per His grand plan and the key to this is complete surrender.

Cases to share

- High BP, varicose ulcers
- Bedwetting

3 The Answer Corner **3**

1. Question: Why is it important to drink a lot of water while taking vibro remedies?

Answer: We recommend that patients should drink 2 to 3 litres of pure water per day. At the physical level, vibrionics remedies pull toxins out of the body organs/systems into the blood stream and water helps to flush out the toxins. Drinking sufficient water will help speed up the healing process. Water also carries nutritional elements while supporting and accelerating body metabolism. If we do not stay hydrated, physical performance can suffer. Medical research has found that fluid loss of just 1.5% (such as during intense exercise or very hot weather) can lead to altered body temperature, reduced motivation, impaired mood and concentration, increased frequency of headaches and feelings of anxiety and fatigue and temporary loss of memory.

It is worth noting that there are several health problems that may respond well to increased water intake eg, constipation, cancer, kidney stones etc. Drinking water about half an hour before meals can reduce the amount of calorie intake, especially in older individuals. This is because drinking water reduces appetite and thus it can help with obesity.

2. Question: How can we use vibro to improve the quality of drinking water?

Answer: Structured water is probably the best quality water we can get for drinking purpose. The procedure for making this water is described in the AVP manual. However, we can enhance the vitality of water by adding the following combo to pure drinking water: **NM12 Combination-12 + SR360 VIBGYOR.** Alternatively, add **CC12.1 Adult tonic**.

3. Question: How can I deal with a burn injury in a child?

Answer: Treatment for burn is the same for a child as for an adult. The best remedy for immediate relief is **SR346 Cantharis 6X** to be taken frequently and in **1X** potency in water for continual topical application. It is advisable to keep a tube of **Cantharis** cream (available from homoeo store) in the kitchen so that it can be applied immediately and left to work on the burn.

If the above remedy or the cream is not available, you first need to cool the affected area; this will lower the skin temperature and stop the burn from becoming worse. Use running water from a cold tap OR immerse the body part in a basin of very cold water. Replace water frequently to keep it very cold. The pain will stop in 15 to 30 minutes, depending on the severity of the burn. Do not use ice or iced water as this can cause tissue damage. Do not break any blisters. Use the following remedy:

CC10.1 Emergencies + CC15.1 Mental & Emotional tonic + CC18.5 Neuralgia + CC20.1 SMJ tonic + CC21.1 Skin tonic + CC21.4 Stings & Bites + CC21.11 Wounds & Abrasions...6TD

A Japanese practitioner uses a mother tincture made from leaves of loquat - one of the most effective natural healing ingredients. This can be sprayed or applied lightly on the affected area.

4. Question: I understand from the AVP/SVP manual that traces of herbicide, pesticide, chemical fertilizer etc can be removed from artificially grown vegetables and fruits by using salt and vinegar. Can vibrionics be used to do the same job?

Answer: Soaking in salt and vinegar solution is a good way of cleaning vegetables and fruits. However, the efficacy of this procedure can be considerably enhanced by adding the following combo to this solution: NM45 Atomic Radiation + NM46 Allergy-2 + SM1 Removal of Entities + SR324 X-ray (alternative combo using 108CC box: CC17.2 Cleansing). You may be surprised to find the original natural taste of those vegetables and fruits. In the summer, it is best to put some ice in the water. Another thing to remember is NOT to add vinegar while soaking rice and avocados.

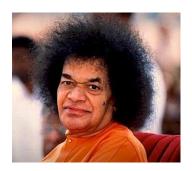
5. *Question:* I treat many elderly patients who suffer from chronic knee pain due to degeneration of the joint. In some cases, vibro pills do not help much. What else can I do?

Answer: The main cause of this very common problem is thinning of the cartilage (cushion between bones) which affects the bones resulting in osteoarthritis. No doubt, you are giving this combo: **CC20.2 SMJ pain + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue**. In addition to giving pills, add the above vibration to a mixture of castor oil, peanut oil and black cumin oil and use the same to massage the painful areas, preferably after a hot bath. This should provide much needed relief; if necessary, a compress can be used. For women undergoing menopause, while release of oestrogen hormone is reduced, it will be helpful to add **SR513 Oestrogen** (included in **CC8.1**) to the above combo.

For such patients, it is very important to maintain a healthy body weight because excess weight puts pressure on all joints, specially the knees. A new study shows that for each pound of body weight gain, there is a 4-pound increase in knee joint stress among overweight and obese people with osteoarthritis of the knee. When one goes up or down the stairs, the increase in knee joint stress can be as much as 8 times.

Therefore, losing body weight can relieve the stress on the knees considerably. Not only will this reduce knee pain now but it will also reduce future wear and tear of the joint.

Regular exercise is another important factor in knee pain management. People with osteoarthritis may avoid exercise out of concern that it will cause pain. However, low-impact activities such as swimming, walking, or bicycling can improve mobility and increase strength. Training with lightweights can help by strengthening the muscles surrounding the joints eg, strengthening the quadriceps can reduce pain in the knees.



☑Divine Words from the Master Healer ഈ

"Do not develop ego about your capacities while doing service. Be humble and think that God has given you an opportunity to do service. Whatever you do to others, your feeling must be that you are serving yourself. In fact and in truth, whatever service you are doing to others, you are doing it for yourself....the service that you have done today will be returned to you in future."

-Sathya Sai Baba, "Service To Man Is Service To The Lord" Summer Showers in Brindavan 1973 http://www.sssbpt.info/summershowers/ss1973/ss1973-08.pdf

"Evil thoughts cause ill-health. Anxiety, fear and tension also contribute their share. All these result from greed, greed to have more of things, of power and of fame. Greed results in sorrow and despair. Contentment can come only from a spiritual outlook. The desire for worldly goods has to be given up. One should not distinguish between "my work" and "work for God." All work should be worship. Whatever the reward, it is the gift of God. It is for our lasting good. If this attitude is developed, suffering and pain can toughen us and help us to progress towards Divinity."

...Sathya Sai Baba, "Good Health and Goodness" Discourse 30 September 1981 http://www.sssbpt.info/ssspeaks/volume15/sss15-21.pdf

⊗Announcements **⊗**

Forthcoming Workshops

- France Vienne: Refresher & Awareness Seminar 11 September 2016, contact Danielle at trainer1@fr.vibrionics.org
- USA Shepherdstown, WV: SVP workshop 16-18 September 2016, contact Susan at trainer1@usa.vibrionics.org
- UK Oxford: SVP workshop 7-9 October 2016, contact Jeram at <u>jeramjoe@gmail.com</u> or by telephone at 020-8551 3979
- UK Liverpool: AVP Workshop 24-25 October 2016, contact Hem at 99sairam@vibrionics.org
- ❖ India Puttaparthi: AVP Workshop 17-20 November 2016, contact Hem at 99sairam@vibrionics.org
- ❖ Poland Wroclaw: National Refresher Seminar 25-26 March 2017, contact Dariusz at wibronika@op.pl
- ❖ UK Oxford: SVP workshop 7-9 October 2016, contact Jeram at jeramjoe@gmail.com or by telephone at 020-8551 3979

SIn Addition Significant Output Description:

Broadcasting Network launched

During the past few years the US/Canada Country Coordinator ⁰¹³³⁹ has been activating old practitioners who were not doing seva due to lack of patients but they had obtained the Sai Ram Healing Vibration Potentiser (SRHVP) many years ago. In February 2016, the coordinator was sitting in the darshan hall at Prashanti Nilayam, the thought suddenly came to her to unite these senior practitioners (SVPs) with junior practitioners (JVPs) who have very sick patients located at huge distances or staying in hospitals. Hitherto, the only means of treating such patients was by sending vibro remedies in the mail, failing this, these patients were left without any vibro treatment. Recognizing that the thought came from Swami, she immediately saw the enormous potential for expansion of Vibrionics. In this way, the practitioners with SRHVP would have additional opportunities to serve by broadcasting remedies to patients, referred to them by JVPs, who do not have the chance to directly receive vibrionics remedies.

For smooth operation of this initiative, an SVP ^{02877...USA} was appointed as the Network Manager. On 19 July 2016, the auspicious occasion of Guru Poornima, the Broadcasting Network was launched with 16 volunteers having the potentiser. The main function of the network manager is to connect each JVP needing treatment for his patient with an available SVP and to keep track of the progress of the treatment. The scheme works like this: the JVP procures a 'witness' which can be a full length photograph of the patient (or lock of the patient's hair, if practical). After consulting the manager, he sends it to the SVP along with the patient's medical information and status. The SVP prints the photo to appropriate size on good quality photographic paper and prepares a prescription for the patient. The appropriate remedy is then prepared by the SVP and placed in the Sample well at 200C potency. The witness is placed in the Remedy well of the potentiser and broadcasting begins with heartfelt prayers. The JVP contacts the patient or his family every 2-3 days to keep abreast of the patient's status and relays the information to the broadcasting SVP who then adjusts the remedies accordingly.

During the first month, 14 patients have been treated with broadcasting, so far with good results though unofficial and early. We are thankful to Sai for giving the idea and grateful for the increasing opportunities broadcasting presents to practitioners to serve more patients.

Om Sai Ram!

Sai Vibrionics...towards excellence in affordable medicare - free to patient