

Sai Vibrionics Newsletter

www.vibrionics.org

"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva."
...Sri Sathya Sai Baba

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☪ From the Desk of Dr Jit K Aggarwal ☪

Dear Practitioners

Let me start by wishing you all a happy and holy 2015! Swami has blessed us with the gift of Vibrionics, so let us devote ourselves to spreading the healing vibrations of love wherever we live. The new year may bring many changes. This is the nature of life. But amidst the changes, let us remain steadfast in our promise to God to alleviate suffering wherever we find it through our Vibrionics practice.

Thank you for sending me your comments on the new version of our Newsletter! I hope you will continue to share your thoughts with me at news@vibrionics.org. Your feedback is very helpful. We will endeavor to respond to all your messages.

I am happy to announce that the focus of our Practitioner Profiles in this issue is the UK, for which Practitioner00534...UK deserves the credit. She has coordinated the entire effort, tracking down practitioners, collecting, writing and editing information and cases. We hope you will enjoy this introduction to the Vibrionics seva of some of our UK practitioners and will be inspired to send us Profiles of practitioners in your region.

New support for practitioners: All case histories are now searchable

With this issue, we have finished uploading all the previous case histories from past Newsletters (2010-2014). They are now in our online database. That means that you can quickly call up all cases relevant to your patients by doing a simple online search.

You can search for information in two ways:



- First of all, you can search cases by 108CC category using a **Subject Search**.
- Secondly, you can search cases by word using a **Keyword Search** – this type of search is new with this issue

The searches are easy to use. To do a **Keyword Search**, use the new **Search** box located at the top of the page OR in the left-side menu. Type in your word, click **Search**, and the cases will pop up (**These two options are circled in the screenshot on the left**):

To do a **Subject Search**, click **Cases by Subject** at the top of the page and a drop-down menu will open up, and you can then click on the 108CC category you want. OR you can go to the **Cases by Subject** list in

the left-hand menu and click on the 108CC category you want (These two options are circled in the screenshot below and to the left):



I do hope you will all use these new search functions to expand your knowledge of Vibrionics practice and improve your treatment of patients. I also hope that when you read past cases, you will be inspired to share your own cases! Please send them to me and we will build a library of cases that all practitioners can share.

When practitioners share, patients benefit.

As we near the end of the Kali Yuga, the need for loving Sai Vibrionics will increase. Given the world today, it is

really not enough for us to practice as separate individuals no matter how many patients we may treat successfully. We must open our hearts to each other. If we live with an expanded sense of self that embraces our brother and sister practitioners in our area -- and indeed, if we can expand our heart so it is large enough to embrace the whole Vibrionics community -- we will be able to help many more people than we can alone. We can help more people by sharing our experiences as practitioners. Going forward into the future, I hope that each of you will be able to contribute what you have learned from your practice with Swami's Grace. This is my wish for you.

With this in mind, we will continue to make the Newsletter more accessible and useful to all. We plan to create searchable versions of the Newsletter in all 13 languages in which we publish the Newsletter, not just English. To do this, we will need the help of volunteers to upload the translations. If you read the Newsletter in any of these languages (Croatian, French, German, Greek, Hindi, Italian, Japanese, Polish, Russian, Slovenian, Spanish, Telegu), and wish to help, then please contact me at news@vibrionics.org. Only basic computer skills are required.

In loving service to Sai
Jit Aggarwal

Case Histories Using Combos

1. Stomach tumour 11973...India

In March 2014, a 50-year-old woman was diagnosed with a benign tumour on the left side of her stomach. She was given allopathic medication to try for 5 days. When it had no effect, she was referred to a surgeon at a district hospital, who retested her and informed her that an operation would be necessary. The procedure was scheduled for 24 April 2014.

The patient was the sole breadwinner for her family of four, all of whom were devotees of Bhagawan Baba. Their home also served as the local bhajan centre, where the practitioner regularly went to sing bhajans, chant Vedas and read Sai literature. The practitioner thus came to learn of the patient's condition in early April. He told the patient's daughter that he could provide treatment with Sai Ram Healing Vibrations. The daughter refused, saying that the operation was set and her mother would take Vibrionics only after surgery. But the practitioner persisted and after a few days, the daughter's answer was very positive.

On 6 April, the practitioner gave the patient the following remedy:
CC2.3 Tumours & Growths...TDS

She took the combo for 2 weeks and was admitted to the hospital on 23 April for pre-op procedures. She was unable to fall asleep until around 3 am. Then she saw a man coming towards her. He massaged her stomach where the tumour was. He told her, "I will not allow anyone to use a knife on this body," and disappeared. At 5 am, she was wakened and prepared for the operation. But when the doctor conducted final tests, no tumour was found. The doctor and nurses wondered what had happened. The doctor asked her, "Where is the tumour?" One of the nurses also asked, "What is the name of the God who responded to your call so quickly?" But the patient did not say anything. She only wept with joy. She was discharged from the hospital and returned to work the following day. As of the end of 2014, she remained in good health.

2. Fractured ankle ^{11414...India}



A 73-year-old man fell from his bicycle, suffered a painful fracture of right ankle and was admitted to hospital for treatment on 6 December 2013. His X-rays showed that he needed surgery (see image, left), but the surgery could not be performed because blood tests revealed that he had Hepatitis C and was suffering from kidney failure (Blood Urea: 139.9, Creatinine: 7.2), for which dialysis at another hospital was recommended. The orthopaedic specialist was reluctant to plaster the fracture, explaining that that in 95% of such cases, the fracture would not heal by itself; surgery was the only way. Nevertheless, the family prevailed upon the doctor to plaster the fracture before discharging the patient the next day and also, to allow the patient to wait for

1½ months before deciding on surgery.

The same day the patient was discharged, the family sought Vibrionics treatment for the fracture, and the practitioner gave:



#1. CC10.1 Emergencies + CC20.2 SMJ pain + CC20.4 Muscles & Supportive tissue + CC20.7 Fractures...6TD

At the same time, the practitioner consulted Senior Practitioner

11133...India and asked him to provide additional combos made with his SRHVP machine. Accordingly, on the third day, the patient's treatment was changed to the following:

#2. CC10.1 Emergencies...OD, for 2 weeks

#3 NM3 Bone Irregularity + SM27 Infection + SM28 Injury + SM33 Pain + Symphytum CM from homeo store...6TD



#4. OM27 Supportive Tissue +

OM30 Connective Tissue + BR23 Skeletal + SR457 Bone + SR479 Cartilage + SR533 Synovial Tissue...6TD

After 1½ months of vibro, on 20 January 2014, the patient returned to the hospital to have another X-ray. It showed that that fracture was properly healed through the Grace of Baba (see image below) and the plaster was removed.

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3. Fleas in a cat ^{02921...Italy}

Cleo, the practitioner's female Siamese cat (age 6), was attacked by fleas every summer. In May 2014, an anti-flea chemical treatment was administered, but it worked only for two weeks and was too toxic to be reapplied soon. After the practitioner completed her AVP training later that month, she prepared:

CC1.1 Animal tonic + CC21.1 Skin tonic + CC21.4 Stings & Bites...in water

Force-feeding was not an option for this patient, so the combo was added to her bowl of water. A ceramic bowl was used because the cat was more likely to drink from a ceramic bowl rather than a plastic one.

After about 3 days, the flea infestation was gone. Two other practitioners later confirmed the effectiveness of the combo in eradicating fleas in 2-3 days. One of them sprayed the combo on the cat's living area, which certainly helped to speed up the pest control.



The practitioner's comment:

In my experience, a sick or weak body is an easy target for parasites. A healthy body repels fleas more easily. In addition, I observed that a poor-quality diet leads to frequent infestations, while quality foods both improve the animal's health and also decrease the frequency of infestations. Cleo has always been in good health and, in my opinion, this greatly accelerated the healing process.

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4. Sciatica and Incontinence ^{03502...USA}

A 63-year-old man requested treatment for sciatica pain in his right leg with nerve involvement and a need to urinate 2-3 times a night. Both symptoms had been going on for a month prior to the contact (19 August 2014). They appeared at the same time, so the practitioner suspected that the incontinence was linked to sciatica. The patient had tried chiropractic treatment for sciatica without much success.

The patient was given:

CC3.7 Circulation + CC10.1 Emergencies + CC12.1 Adult tonic + CC13.2 Kidney & Bladder infections + CC13.3 Incontinence + CC14.2 Prostate + 15.1 Mental & Emotional tonic + CC20.4 Muscles & Supportive tissue...TDS.

After 2 weeks, the patient reported 90% improvement and said he was very pleased with the Vibrionics treatment. After a month, he reported that the symptoms were 100% gone. Treatment was continued as a precaution to prevent any recurrence. After 2 months' treatment (20 October 2014), the patient confirmed that he no longer had any symptoms, but he wished to continue the remedy anyway because he had been experiencing greater mental peace ever since he started taking vibro. He had become a very happy person and started referring other patients to the practitioner. The dosage was reduced in early December to **BD** for 1 month, and then **OD** indefinitely.

The practitioner's comment:

I forgot to include **CC18.5 Neuralgia** in the combo for the nerve involvement. After mailing the remedy to the patient, I realized my mistake and then sincerely prayed to Swami to cure the patient. Swami clearly has taken care of him! This is another example among many which tell us that Swami is the real healer not us.

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5. Headache, Back & Shoulder Pain and Depression ^{03507...UK}

A successful businessman (age 50) was involved in a car crash during the Mumbai floods in August 2005. He sustained serious head injuries to the left side of his head and was in a coma for two months. When he awoke, he found that his right hand was paralysed and he had stiffness in the right leg. After months of physiotherapy, he recovered almost completely except for his right leg, which had to be dragged. In November 2008 he moved to Puttapparthi and ran a small restaurant close to Prashanthi Nilayam, where the practitioner met him when she went for lunch on 20 November 2014.

The patient sought help for severe headaches on the left side and sharp stabbing pain in his upper back between the right shoulder and spine, which restricted movement of his right shoulder. The headaches had begun three months ago. They were constant throughout the day. Strong painkillers gave him temporary relief for short periods only. To cope with the pain, he sometimes took more painkillers than prescribed. He felt very low at times and confided that he had tried to kill himself on at least two occasions, most recently about two months ago, when he had tried to cut his wrists. He showed the practitioner the cut marks.

The practitioner counselled him and gave him the following remedy that evening:

CC10.1 Emergencies + CC11.3 Headaches + C15.1 Mental & Emotional tonic + C15.2 Psychiatric disorders + CC18.5 Neuralgia...TDS in water (5 pills in 200ml water, 5ml per dose)

The patient took his second dose the next morning (21 November) but forgot to take the afternoon dose because he was very busy until he was hit with a severe headache. Instead of taking his usual painkiller, he immediately took the vibro remedy, and within a minute, his headache had completely subsided. That evening, when the practitioner returned, the patient also reported that his shoulder pain was 96% better. The patient was very grateful for the pain relief, telling the practitioner, "Swami Himself has sent you to me."

After this, the patient took the remedy consistently. After 8 days (28 November), he reported that he was free of headaches, his shoulder pain was still 96% better, and he felt much calmer and more at peace. He made the same report in early December. Shortly after this, the remaining shoulder pain was resolved. When the practitioner contacted the patient for an update on 21 December, he reported that the shoulder

pain and the headaches were over, so he had stopped taking the remedy. However, the previous day he had felt a slight (about 1%) pain in his back by his right shoulder where the earlier pain had been. The practitioner advised him to resume the remedy **TDS** until the pain was completely gone and then reduce to **BD**.

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6. White Spots ^{10940...India}

A 35-year-old businessman sought a Vibrionics cure for small white spots of 6-8 months' duration on his neck and thigh. Treatment commenced on 10 July 2013 with:

#1. SR252 Tuberculinum 200C...OW, 4 doses

#2. CC15.1 Mental & Emotional tonic + CC21.2 Skin infections...QDS

After 3 months (9th October), the patient showed 30% improvement. The patient was then asked to continue taking **#2** while the remedy **#1** was changed to:

#3 SR250 Psorinum 200C...OW, 2 doses

After about 3½ months (21 January 2014), improvement was about 50%. The patient was again asked to continue **#2** and the remedy **#1** was changed to:

#4. SR252 Tuberculinum IM...1 dose

In addition, the patient was asked to use Blue Solar Water (see *Sai Vibrionics Newsletter*, Vol 4 Issue 4: Jul/Aug 2013, "Health Tips: Living Water for Your Health," p6) to help remove toxins from the body. The patient ran out of medicine in March (only 2 months' supply was given) and came back only on the 28th of May. He reported that he felt better and one of the white spots on his neck was gone. The skin colour had returned to normal.

The patient was experiencing negative effects from workplace stress and lifestyle, so the practitioner changed the treatment to:

#5. CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...BD

#6. CC12.1 Skin tonic + CC21.2 Skin infections...BD

#7. CC4.2 Liver tonic + CC4.10 Indigestion...OD in water, in the morning on an empty stomach

Again the patient ran out of medicine and did not take anything during August, September and November. As of December 2014, the patient's condition was stable. He still had 50% improvement and no other part of his body was affected, even though the consistency was a frequent problem because the patient lived very far from the practitioner.

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7. Adenocarcinoma of the Gallbladder & Liver Cancer, Oedema, Vertigo, Knee Pain ^{10728...India}

In early January 2014, a woman suffering from Stage 4 liver cancer was brought by her son to a hospital for treatment. The diagnosis was adenocarcinoma of the gallbladder with multiple hepatic metastases. She was very ill, with no appetite or strength, and was in much pain from gallstones. The doctor who examined her declared that the cancer was so advanced that little could be done to help. He even warned that she might not last the night and told the son to take her home. He said that if she indeed survived the next few days, they could bring her back for some chemotherapy.

This was overheard by another patient in the hospital who was a patient of the practitioner and had benefited enormously from vibrionics. He gave the son the practitioner's contact information. The son immediately contacted the practitioner and brought his mother straight to her from the hospital, not daring to wait the night. The practitioner asked the son to bring two 1-litre bottles of water.

The practitioner first administered directly into the patient's mouth:

For the emergency:

#1. CC10.1 Emergencies, in 5ml water

Next she prepared the following remedy:

For cancer:

#2. CC2.1 Cancers + CC2.2 Cancer pain + CC2.3 Tumours & Growths + CC4.2 Liver & Gallbladder tonic + CC4.7 Liver & Spleen + CC15.1 Mental & Emotional tonic, 2 drops of each combo in each 1-litre bottle of water.

Both bottles were to be consumed over the next 2 days.

By the beginning of the 3rd day, the patient was completely pain-free, had recovered her appetite and was starting to take food. She was brought back to the hospital for chemotherapy. The practitioner continued treatment with the following remedies in pills:

For cancer:

#3. CC2.1 Cancers + CC2.2 Cancer pain + CC2.3 Tumours & Growths + CC4.2 Liver & Gallbladder tonic + CC4.7 Gallstones + CC4.11 Liver & Spleen + CC15.1 Mental & Emotional tonic...6TD

For digestion:

#4. CC4.1 Digestion tonic + CC4.10 Indigestion + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...QDS

Thereafter the son collected vibro refills for his mother every month and reported that his mother was doing very well. In June 2014, **#3 Cancer** was reduced to **QDS**. An ultrasound on 17 July 2014 found no evidence of cancer. Her organs were normal, so chemotherapy was stopped, but the patient was instructed to continue taking **#3 Cancer** and **#4 Digestion QDS**.

In June the patient also developed some swelling in her legs, so on 5 June 2014, she was treated with:

For oedema:

#5. CC3.1 Heart tonic + CC13.1 Kidney & Bladder tonic...QDS

After 14 days' treatment, when the patient was examined (19 June 2014), the swelling was gone. The patient was directed to continue taking **#5** for a full month before stopping.

On 20 June, the patient also complained of vertigo and knee pain for which the practitioner gave:

For vertigo:

#6. CC18.7 Vertigo...QDS before food for 1 month

For knee pain:

#7. CC20.3 Arthritis + CC20.6 Osteoporosis...QDS, after food for 1 month

Both problems resolved in a month so the remedies were not continued.

As of December 2014, the patient continues to take **#3 Cancer** and **#4 Digestion QDS**. She is now completely recovered. She manages all her household duties and leads a normal life.

Practitioner^{03507...UK} comments:

The practitioner no longer uses 2 drops per combo in 1 litre of water. She uses 1 drop only. This is equally effective.

8. Malignant Kidney Tumour ^{10728...India}

In 1999 48-year-old man went to a hospital for treatment of haematuria (blood in his urine) and painful urination. Tests showed he had a malignant kidney tumour. He underwent surgery to remove the tumour but over the next several years, it kept coming back. By the time he sought vibrionics treatment in 2012, the tumour had been removed 3 times and he was receiving chemo injections every two months.

While he was at the hospital for his chemo injection in September 2012, another patient recommended that he contact the practitioner. He did so on 4 September 2012. He appeared thin, emaciated and weak, and complained of back pain, insomnia and acidity in the stomach.

The practitioner first administered directly into the patient's mouth:

#1. CC10.1 Emergencies, in 5ml water

Next she prepared the following remedies:

#2. CC2.1 Cancers - all + CC2.3 Tumours & Growths + CC13.1 Kidney & Bladder tonic...6TD

#3. CC4.10 Indigestion + CC15.1 Mental & Emotional tonic + CC20.5 Spine + CC20.6 Osteoporosis...QDS

#4. CC15.6 Sleep Disorders...1 dose before going to bed

The patient did well on the combos and discontinued chemotherapy. Radiodiagnosis on 9 December 2013 showed all systems were normal (kidney, bladder, and liver). He continued taking vibro through 2014. An ultrasound in December 2014 showed a polypoidal lesion on the posterior wall of the urinary bladder. He has been referred for further tests to rule out any relapse.

9. Post-Surgical Wound on Foot ^{00534...UK}



The practitioner writes: To repair a ruptured posterior tibial tendon on the side of my left foot, I had extensive surgeries beginning in May 2007. The work included restructuring the foot with bone grafts to attach a new tendon, breaking the big toe and realigning the foot by removing part of the heel bone. I had 7 large surgical scars from each of the 7 operations. During the final operation in March 2014, the scars were opened and the plates and screws were removed. The wounds all healed in 3 weeks except for one 3-inch patch. The redness spread and the wound began bleeding as shown in the photo. Bandaging it made it worse. It burned and itched.

On 14th April I made the following combo, which I took in water and also applied topically:

#1. CC10.1 Emergencies + CC12.1 Adult tonic + CC18.5 Neuralgia + CC21.1 Skin tonic + CC21.2 Skin infection + CC21.3 Skin Allergies + CC21.4 Stings & Bites + CC21.6 Eczema + CC21.11 Wounds & Abrasions...TDS

I took the remedy by dissolving one pill in 10ml water, I took 5ml of the charged water under the tongue and applied the remaining 5ml to the wound. I used water as other media like olive oil and coconut oil were making the wound very slimy, and water dried it. But there was no improvement, even after 2 months' treatment.

So I examined which meridians passed over and around the wound. These were the Liver, Spleen and Kidney meridians. On 24th June, I added a second combo with the following meridians:
#2. SR238 Governing Vessel + SR240 Kidney Meridian + SR242 Liver + SR245 Spleen + SR248 Conception Vessel...6TD

This I took in water and applied topically, just as for **#1** above. Within 3 weeks I had 70% improvement but then the healing plateaued. The healed scar was still itchy. On 20th September I discontinued **#1** and **#2** and prepared the following nosode:
#3. CC21.7 Fungus + Tea Tree essential oil + Daktarin (antifungal cream)...6TD

As with **#1** and **#2**, I dissolved one pill in 10ml water and took 5ml of the charged water under the tongue. I then mixed the remaining 5ml water in fresh aloe vera gel from my aloe plant and applied it to the wound as aloe is also an antifungal. After 3 months of taking **#3**, I had 90% improvement as shown in the accompanying photo. I am still continuing **#3...TDS** as of December 2014.



10. Tulsi seedlings ^{00534...UK}

The practitioner writes: In 2014 I conducted an experiment to see what the effect of Vibrionics would be on tulsi (holy basil) seedlings. During the first week of June, I took seeds of two different varieties of tulsi plants, Ram Tulsi and Krishna Tulsi, which had been saved from the previous year by my mother (She harvests seed from her tulsi plants every year as these plants don't survive London winters.)

I planted the Ram tulsi and Krishna seeds in two separate pots. I prepared:
CC 1.2 Plant tonic...1 drop in 200ml water in a spray bottle, shaken 100 times

I sprayed the Ram tulsi pot with the combo, covered the pot with plastic and kept it on the windowsill. I kept spraying the combo on the soil every 2 days until the bottle was finished.

When the seedlings had grown to 5cm, I re-potted them. I distributed 15 Ram tulsi seedlings and 8 Krishna tulsi seedlings to friends and family.

At the same time, I watered the Krishna tulasi with tap water instead,



which I sprinkled on the soil with my fingers. Otherwise, I treated the Krishna tulasi in exactly the same way.

All the Ram tulasi growers reported that the seedlings produced plants with very large



leaves, 4 times larger than in the previous year. The leaves tasted like tulasi but the size evoked wonder ("What is this?"). By contrast, the untreated Krishna tulasi seedlings produced plants with leaves the same size as usual. The contrast is shown in the photo above with Ram tulasi on the left and Krishna tulasi on the right; these plants were about 3 weeks old (mid-July).

The next photo (left) shows the plants 6 weeks later, at the end of August. The difference in the size of leaves is huge; note that the Ram tulasi is now on the right.



The contrast in leaf sizes in the mature plants can be easily seen in photo below showing a Ram tulasi leaf (bottom) and a Krishna tulasi leaf (top):

One Ram tulasi flowered on 8th October, shown in the photo on the left. Seeds will be collected from this plant. The experiment will be continued in summer 2015 to see whether this plant will still continue to produce huge leaves without Vibro.

To date (15th Jan 2015) the Ram tulasi is still strong and healthy while the Krishna tulasi has withered, as shown in the photo above.



11. Dementia ^{00534...UK}

The practitioner writes: My elderly mother-in-law (84) was active and living on her own in a care home [a residence where persons can live independently with a warden on site if needed]. She was taking various medications to manage diabetes, high BP, thyroid function, indigestion and stress incontinence, as well as iron tablets. During a two-week stay with her family in summer 2014 her memory loss (dementia) and confusion became obvious. She also experienced stress living with her family and wished to return to her care home. Since she had pullouts previously when she took Vibrionics orally, I decided to try a different method of delivery.

On 2nd August 2014 I prepared the combo:

CC15.1 Mental & Emotional + CC17.3 Brain & Memory tonic...TDS

I put 1 pill in 100ml water in a spray pump bottle and shook it 100 times, while repeating the affirmation, "All is well in me, I am safe." I sprayed it around her **TDS** for one week.

Within a few days, the family noticed that she was less confused and calmer. She once more remembered the names of family members, asked to go for a walk, began waking up at her usual time, showed an interest in conversation and even returned to cooking.

Family members did not continue the treatment after I left at the end of the week, but 3 months later (18th November) my mother-in-law was still holding the improvement, about 30%. She has since returned to her care home and is refusing requests by her family to move in with them, a sure indication of sanity.

12. Ulcerative Colitis, Blood Clots in Lungs, Panic Attacks ^{02799...UK}

In September 2014, a male patient aged 71 presented with severe ulcerative colitis (24 years' duration), panic attacks (1 year), and blood clots in the lungs (3 months).

In 1992 the patient had been diagnosed with ulcerative colitis, an inflammatory bowel disease. He was initially treated with immuno-suppressive drugs to control flare ups causing acute abdominal pain but the drugs were stopped due to severe side-effects including mouth ulcers, flu and cold lasting up to 6 weeks, and depressed white and red blood cell count causing anaemia and severe fatigue. Polyps were removed from his large intestine. Since 2004, the patient had been on a regimen of Pentasa 4g tablets daily and Predsol retention enemas at night. As the disease progressed, in 2012, he started having rectal bleeding and was placed on a steroid to control it (Prednisolone 30g > 6g over 6 weeks) but whenever he stopped the steroid, the bleeding returned. By the time he first saw the practitioner, he had been placed on a waiting list for a partial colectomy to remove a section of his colon and be fitted for a colostomy bag for waste removal.

The patient had also developed panic attacks as one of the survivors of the 21 September 2013 terrorist attack on the Westgate shopping mall in Nairobi, Kenya, where 67 persons were killed and 175 were injured. He hid in the toilets and was eventually able to escape via a side entrance. On a recent trip to Tunisia, he had an attack of claustrophobia in a small tourist bus and had to get out, and travel back to his hotel in a larger car.

In June 2014 he was hospitalized for an attack of breathlessness. Scans revealed 2 clot clots in both lungs, for which he was put on a blood-thinner (warfarin). A cardiologist also found damage to the right side of the heart from this episode.

On 20 September 2014, the patient was given:

For colitis:

#1. CC4.1 Digestion tonic + CC4.5 Ulcers + CC4.6 Diarrhoea + CC4.10 Indigestion + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...QDS

After two weeks' treatment (4 October 2014), the patient reported 50% improvement in overall symptoms, the course of treatment was continued, and two additional remedies were started:

For blood clots in lungs:

#2. CC3.1 Heart tonic + CC3.4 Heart emergencies + CC3.7 Circulation + CC4.2 Liver & Gallbladder tonic + CC10.1 Emergencies + CC15.1 Mental & Emotional tonic...QDS

For phobia:

#3. CC10.1 Emergencies + CC15.1 Mental & Emotional tonic + CC15.2 Psychiatric disorders...QDS

On 12 November 2014, after five weeks of taking **#1 + #2 + #3**, the patient was asked to take the *Cortisone combo* for inflammation:

#4. NM36 War + NM45 Atomic Radiation + NM113 Inflammation + SM2 Divine Protection + SM5 Peace & Love Alignment + SM6 Stress + SR348 Cortisone...QDS

The patient stopped the Prednisolone steroid two days later (14 November 2014) and has not taken any since. As of 18 January 2015 the patient reported the following: With vibro, he has had no recurrence of rectal bleeding. Also, an echocardiogram on 8 January 2015 revealed no evidence of the previously diagnosed heart damage. In addition, a MRI of his lower abdomen and pelvis showed no ulcerative problem so his doctor is considering cancelling the colostomy pending the results of a colonoscopy on 5 February 2014. His stools are now well formed and he is planning to reduce the Pentasa and Predsol enemas that he has been taking for the past 10 years. He has yet to go on an airplane or be in a confined space so it is difficult to know whether his panic attacks are completely gone. He is very positive and confident, and drives his car happily.

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13. Chronic Nosebleeds, Dandruff ^{02799...UK}

A healthy, active boy of 11 who loved sports developed a passion for playing football [soccer] but he was inhibited by nosebleeds. As soon as he started running, his nose would bleed. He had been having constant nosebleeds since the age of 3, at least 3 times a week at night, whenever he was active. The family managed as best they could but the boy was very sad and angry with himself for not being able to play. The boy's doctor did not give him any treatment saying that he would grow out of it. The boy also had dandruff.

On 27 October 2014, the boy was given:

For nosebleeds:

#1. NM45 Atomic Radiation + SM2 Divine Protection + SM5 Peace & Love Alignment + SM6 Stress + SR219 Brow + SR247 Triple Warmer + SR297 Ipecac + SR309 Pulsatilla + SR324 X-ray + SR383 Cuprum Met...QDS

For underlying inflammation, *Cortisone combo*:

#2. NM36 War + NM45 Atomic Radiation + NM113 Inflammation + SM2 Divine Protection + SM5 Peace & Love Alignment + SM6 Stress + SR348 Cortisone...QDS

For dandruff:

#3. CC11.1 Hair tonic + CC11.2 Hair problems + CC12.2 Child tonic + CC15.1 Mental & emotional tonic + CC17.3 Brain & Memory tonic...QDS

After a week, the boy rang to say his nosebleeds had completely stopped. The patient kept taking **#1 + #2 + #3** and continued with refills on 16 December 2014. He is happy now because, even with playing sports, he has never had another nosebleed (as of mid-January 2015). His dandruff is also completely gone.

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14. Vitiligo ^{02799...UK}

A girl (age 10) had vitiligo on her face, hands, and body for 4 years. According to her parents, her physician had prescribed steroid cream, which did not help. She began Vibrionics treatment on 23 September 2012 with:

CC12.2 Child tonic + CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic + CC21.1 Skin tonic + CC21.2 Skin infections...TDS

After she had continued the treatment for 6 months, her parents reported 50% improvement. After 15 months of treatment, they reported 75% improvement. After 22 months of treatment, on 8 July 2014, the mother informed the practitioner that their daughter was 95% better. Her skin colour was almost back to normal, Just a few blotches remained around the mouth. The parents are very happy with the treatment. The girl is continuing the remedy **BD** as of October 2014.

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15. Eczema, Academic Stress ^{02799...UK}

The practitioner writes: On 21 April 2013, an 18-year-old male university student presented with itchy skin and severe eczema on his face, neck, back and legs. He had developed chronic eczema one year previous, before he went to university and after he had been treated for acne with allopathic medicine in 2011-2012. He was worried about his education.

I prepared:

CC10.1 Emergencies + CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic + CC21.1 Skin tonic + CC21.3 Skin allergies + CC21.6 Eczema...TDS

I gave him the combo in pills to be taken orally and also in extra virgin olive oil to be applied externally. After about 3½ months of continuous treatment, his father reported that his son's eczema was 90% cured and he was happy in his studies at university.

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16. IBS & Itchy Rectum ^{02799...UK}

The practitioner writes: On 26 March 2014 a gentleman of 73 years of age came to see me. He had been suffering with IBS for the past 18 months and an itchy rectum for 6 months. The doctor had given him steroids. When he took them, he got better but when he stopped, his condition worsened. The rectal itch was very uncomfortable but he had passed no threadworms. I gave the following remedy:

CC4.1 Digestion tonic + CC4.2 Liver & Gallbladder tonic + CC4.4 Constipation + CC4.6 Diarrhoea + CC4.10 Indigestion + CC10.1 Emergencies + CC15.1 Mental & Emotional tonic + CC21.1 Skin tonic + CC21.3 Skin allergies...TDS

After one month, he reported that the itchy rectum was completely cured and the IBS was 90% better. After an additional seven weeks of treatment (15 June 2014), he reported that the IBS was 100% cured. I asked him to continue the treatment BD. Towards the end of November, the patient reported that he was still perfectly well.

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17. Diabetes and Circulation ^{02802...UK}

The practitioner writes: A 60-year-old Sanyasi visiting the UK from India suffered with severe burning sensation with feeling of pins and needles around the ribs and arms for 2 months. He also had Type 2 Diabetes which was well controlled with Metformin. This is a case of diabetic neuropathy and there is no medical treatment available. He is a frequent traveller all over the world with good control of his diet.

The patient was first seen in June 2013 and given the combo:

#1. CC3.7 Circulation + CC6.3 Diabetes + CC18.5 Neuralgia....TDS

Within 2 days the symptom improved 90%, and then after a couple of weeks was totally relieved. On 12 October 2014 I received a call from India to Post the above combo.

He was overjoyed at the quick results and blessed me for helping.

In reality it is all Swami's grace!

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18. Pre-eclampsia in Pregnancy ^{02802...UK}

A 30-year-old mother of an 18-month-old child who was 16 weeks pregnant, had developed severe pre-eclampsia in pregnancy. This is a very serious life-threatening condition causing hypertension in pregnancy. She was monitored by her doctor and spent a night in hospital. Her blood pressure had risen to 173/98 and her doctor prescribed Methyldopa 250mg TDS and Aspirin 75mg OD

She still was getting palpitations and had difficulty sleeping, feeling uneasy with nausea and generally unwell with poor appetite.

In her previous pregnancy she had developed hypertension only towards the end of the pregnancy and had required an emergency Caesarean section.

She was first treated on 16 September 2014 and given the combo:

#1. CC3.1 Heart tonic + CC3.3 High Blood Pressure + CC3.6 Pulse irregular + CC3.7 Circulation + CC8.2 Pregnancy tonic + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC18.1 Brain disabilities + CC10.1 Emergencies + CC4.10 Indigestion...TDS

Her symptoms felt 80% better within a couple of days and the following week when she attended her antenatal clinic, the midwife could not believe her blood pressure was 100/60. The midwife took the reading three times and immediately the doctor told her to stop the Methyldopa medication.

19. Cluster Headaches, Depression and Hyperactivity ^{02894...UK}

On 23 December 2013, a male patient, age 34, came in with acute symptoms of headache, watery eyes, and a stiff neck. He was unable to bend his neck to the left. He had suffered from cluster headaches for the past 14 years. For periods of 6-8 weeks at a time, he would experience 2-4 severe headaches a day, each lasting up to an hour. The attacks were worse in the autumn. He had tried many treatments including homoeopathy, ayurveda, acupuncture, acupressure, Chinese medicine and cupping, in addition to the allopathic drugs that he had been taking for the past 10 years. He was currently taking Paracetamol, migraine tablets, Nurofen, and also Sumatriptan injections to control the severe pain. His wife administered the injections to him in the middle of the night when he was woken up by attacks, which felt like an iron bar being driven into his brain. The injections calmed the pain and enabled him to get some sleep. Because of the headaches, he had not slept through the night in 13 years.

His mental and emotional health was also poor. He always felt frightened and sick, he had stopped going out, and had quit his job. He was feeling suicidal because the National Health Service was refusing to renew his prescription for the Sumatriptan injections due to high cost.

In addition, his illness had been taking a toll on his family. His 3-year-old son had been exhibiting behavioural problems such as tantrums, hyperactivity, and attention-seeking behaviour. His wife was also under great stress. At this time, she was also 8 months pregnant with twins and her husband had been jobless for 8 months.

The practitioner treated the whole family, as they were all affected by his condition.

The husband was given:

CC10.1 Emergencies + CC11.3 Headaches + CC11.4 Migraines + CC15.1 Mental & Emotional tonic + CC18.1 Brain disabilities...QDS

After one week, his headaches were reduced by as much as 50%. After two weeks, the headaches were completely gone. After two months' treatment, his overall health was 80% better. He no longer had suicidal feelings, was sleeping better and feeling very much happier. The patient then discontinued vibro. He went back to work. On 6 January 2015, the patient reported that he was still headache free.

The son was given:

CC10.1 Emergencies + CC15.1 Mental & Emotional tonic + CC15.5 ADD & Autism + CC17.3 Brain & Memory tonic...QDS

He took the combo for one month and returned to being a happy, contented and calmer child. He also slept better.

The wife was given:

CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS

She gave birth to healthy twins one month later. As of 5 January 2014, mother and babies were doing well and the wife was also happy now that her husband was happily working.

The family have resumed their normal lives.



20. SMJ pain, Hay fever, Vertigo and Constipation ^{02894...UK}

A 41-year-old female patient complained of lower back pain, hay fever and constipation, among other problems. For two years, she had been getting pain, numbness and pins-and-needles sensation in her lower back and legs, also neck and shoulder pain, dizziness, disturbed sleep, hay fever with heavy sneezing, and severe constipation with hard, bloody stools from anal tearing during defecation. An MRI showed L4 **SMJ pain, Hay fever, Vertigo and Constipation** vertebra degeneration. She was taking physiotherapy and various allopathic medicines for SMJ pain.

The practitioner gave the following combos:

For SMJ pain and vertigo:

#1. CC10.1 Emergencies + CC15.1 Mental & Emotional tonic + CC18.1 Brain disabilities + CC18.7 Vertigo + CC20.1 SMJ tonic + CC20.2 SMJ pain + CC20.4 Muscles & Supportive tissue + CC20.5 Spine...TDS

For hay fever and sneezing:

#2. CC19.1 Chest tonic + CC19.2 Respiratory allergies + CC19.5 Sinusitis...TDS

For constipation and rectal bleeding:

#3. CC4.2 Liver & Gallbladder tonic + CC4.4 Constipation...TDS

After one month's treatment , the hay fever, sneezing, constipation, and rectal bleeding were completely cured, and the SMJ pain was reduced by 50%. After two months, the patient got 80% improvement in movement, pain and the ability to walk. As of 6 January 2015 the patient is completely back to normal and happy, and wishes to continue Vibrionics. She no longer needs any painkillers.

The patient comments:

The experience I have gone through taking Vibrionics has made a great change in my life. It has helped me immensely with my health, specially my neck, shoulder and lower back pain. I went through various treatments with my doctor and I was prescribed lots of medication. I was taking so many tablets, I became constipated. This made me feel very uncomfortable and stressed. After having an MRI scan, it was diagnosed that I had a degenerated disc in my lower back. In addition to all these problems, I was sneezing constantly. I followed several treatments and even had injection in my spine but it was all in vain. In January 2014, when I was introduced to Vibrionics, I saw a great change in my health. I felt much better within myself. Recently my son took Vibrionics for lack of confidence, unhappiness and weight loss. Within days, there was improvement. He seems happier and is glad to be taking Vibrionics. I would definitely recommend Vibrionics to anyone as it is life changing.



21. Sarcoidosis 02895...UK

The practitioner writes: My first patient was a gentleman, age 57, who had been diagnosed 20 years earlier with sarcoidosis, an inflammatory disease that can affect multiple organs. Tiny collections or lumps of inflammatory cells grow in the affected organs, most commonly the lungs, and also the lymph nodes, eyes and skin. There is no known cure in allopathic medicine.

The patient had developed pulmonary sarcoidosis which caused him continual chest infections and shortness of breath. He always felt tired and lacked energy. He also had a constant feeling of cold in an area on his upper back and always covered up with warm clothing. He took medication whenever he had a chest infection but not otherwise.

On 27 December 2013, I gave the patient:

CC2.3 Tumours & Growths + + CC3.1 Heart tonic + CC10.1 Emergencies + CC12.1 Adult tonic + CC12.4 Autoimmune diseases + CC15.1 Mental & Emotional tonic + CC19.1 Chest tonic...QDS

After some 5 months' treatment (1 May 2014), the patient said that he felt 50% improved and the cold feeling in his back had shifted. After about 8 months' treatment (3 July 2014), he reported 70% improvement in his health. As of 17 October 2014, the patient continues to take the combo **BD**. He says the coldness has lessened and he is feeling more energetic. He is very happy, as he had no recurrence of chest infections and is still working.



22. Vertigo 02895...UK

The practitioner writes: My aunt (59) developed vertigo in August 2013. She was not on any medication at the time. She felt dizzy and unstable when walking, and her head spun when she turned in bed.

Nevertheless she managed to cope with the symptoms without seeing a doctor before going to India on November 20. There she was prescribed medication but to no effect. Since the patient's son was going to India, the practitioner sent the following combo with him on 20 January 2014:

CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & emotional tonic + CC18.7 Vertigo....QDS

After taking the combo for one day, the patient told the practitioner on the phone that she felt 80% better. The practitioner advised her to continue, and after 5 days' treatment, her vertigo was completely cured.

On her return to the UK in April 2014, the patient had another, minor episode of vertigo. The practitioner gave her the same combo and again, the symptoms cleared in 3 days. The practitioner asked her to complete the bottle of pills **BD**, and as of 17 November 2014, the patient remained symptom free. The vertigo did not recur.



☞ Practitioner Profiles ☞

Practitioner Profile ^{00534...UK}

My journey to health with Sai Vibrionics

Practitioner ^{00534...UK} writes: My journey to becoming a vibrionics practitioner is very unusual.

When I was younger (I am 54 now), I was very active. I walked everywhere and ran distances of 14 miles.

I qualified as a Pharmacist in the UK in 1983. I had never been to a doctor before 1985 when I got married and opened a pharmacy business. Within 2 years, my health changed drastically. I contracted meningitis and nearly died. In the course of treatment, I had 8 lumbar punctures (spinal taps), which left me frozen and unable to speak or walk. My legs were paralyzed for more than 6 months. When I was eventually discharged from hospital with severe myalgia encephalomyelitis (ME, chronic fatigue syndrome) I was unable to walk or lift my arm to comb my hair.



30 years of illness

Over the next 30 years, I was plagued by successive health problems. I suffered from severe migraine (daily), chronic fatigue, and also fibromyalgia symptoms causing pain in every muscle and bone. The collapse of my immune system led to asthma, eczema, and severe allergies. I developed allergic reactions to food, tap water (It caused bleeding mouth ulcers), sunlight, chemicals, gold, nickel (I could not touch coins as they contained nickel) and anything on my skin. The dye on prescriptions paper would make my hands swell up. I felt continually nauseated and vomited even from the smell of perfumes.

As if this was not enough, I had IBS and developed chronic ulcerative colitis with bloody diarrhoea, sarcoma of the connective tissue on my right leg, cervical spondylitis and eventually diabetes. As a complication of diabetes, I developed an ulcer on my right leg covering half of my calf, which lasted 2 years and ultimately led to a minor stroke in 2003. I also developed high blood pressure and hypothyroidism.

Yet there was more to come. After I had overcome all of the above, in 2005 I fell and damaged my L4, L5 and S1 vertebrae putting me in a wheelchair for over 4 years. After getting back on my feet, 6 years later I ruptured the tendons in my left foot requiring 7 operations over 7 years to enable me to stand and walk unaided.

A multitude of treatments and a dedication to patients

Despite my many health challenges, I continued to run a successful pharmacy business (1985-2005). To do so, I took daily doses of Ibuprofen (8 tablets), decongestants, an antihistamine for my allergies and codeine-based painkillers for 28 years just to get through the day but I refused steroids or inhalers for asthma.

I tried many systems of healing and many modalities in an effort to recover my health. These included Ayurveda, Touch for Health (healing by balancing meridians), Brain Gym Therapy (kinesiology), Bach flower remedies, homeopathy, tissue salts, Aloe vera, Frequency-specific Micro-current (FSM), acupressure, gem therapy, colour therapy, Su Jok Therapy (a Korean system utilizing principles of acupuncture and acupressure), functional Medicine (an American system seeking to balance dysfunctional systems with nutraceutical supplements). I studied Dr Robert O Young's Live Blood Microscopy (healing the blood with alkaline foods). I practiced EFT (tapping on meridian points to cure emotional issues). I regularly went to see psychic healers. Yet from all this, I got very little improvement, 10% only. While other patients healed from the above, I barely survived.

All this took an emotional toll on me and my family. My life outside the pharmacy was difficult to bear. But every morning when I put on my white coat, I was transformed. I was unstoppable during work serving patients at the pharmacy, albeit with the help of painkillers. Yet by evening, I could not even climb the stairs. Also, for years, because of my health problems, my diet consisted of rice with salt and pepper, and bread and chips sandwiches.

Healing with Sai Baba

In 1991 a customer of mine had a vision that an Indian guru with the name Sai Baba would heal me. So I went to Prashanthi Nilayam, India where I studied magnet therapy and acupressure, and was eventually introduced to Dr Aggarwal. This was in 1997-1998. At that time there were only 316 cards and no casebooks or manuals to follow as we have now. I received an evening of training on how to use the Sai Ram Healing Vibration Potentiser (SRHVP) and this was the beginning. Vibrionics was Baba's gift to me when I had lost all hope.

How I used the SRHVP machine

I first used the SRHVP to create **nosodes and single remedies in water**. I needed nosodes because I could not take vitamins, ayurvedic herbs, tap water, milk, fruits, or apply skin ointments for eczema and I was limited to allopathic drugs that did not have taste or smell. I used water to make remedies because even a drop of alcohol caused palpitations and dizzy spells.

I made a series of nosodes and took each in turn for a month, one dose per hour. During the first month, I took a **nosode of Vitamin B complex**. The next month, I took a **nosode of SR325 Bach Flowers Rescue**; then **nosodes of gold, nickel mercury** (for mercury fillings), **aspirin and magnesium**; followed by **SM1 Removal of Entities** (up to **6TD**, for nightmares), **SM6 Stress** (to reduce cortisol levels to balance sympathetic nervous system) and **SM2 Divine Protection**. I kept the whole *Soham* series of cards on my dispensing table arranged in a line, knowing that just constantly seeing them protected and healed me, and also helped prevent any mistake in dispensing them.

After I learnt about meridians, I started taking **meridian remedies** using the cards. I then did colour therapy by making **nosodes of colours** using the SRHVP. I took a coloured material eg, yellow or green, and I lined the sample well with it to make the remedy, which I took for a month. Then I would change to a different colour.

All the while, I was improving my general wellness. Within 3 years, I was 20% better.

I progressed to making **nosodes with combinations of ingredients**. For example, I made a **nosode of turmeric + ghee + caraway + cumin + black salt** – an ayurvedic formula for the Vata symptom of feeling cold all the time. As I could not swallow the ayurvedic preparation itself (since it gave me nausea), I resorted to a nosode and it helped to balance my neurological and hormonal systems.

I used nearly every card in the *Soham* series, Volume 3. I took each remedy separately for a week and then changed. This taught me which cards to save for future reference and which cards made the greatest difference. I discovered some mainstays, which I took regularly as single remedies: **NM6 Calming** (for profound relaxation and sleep), **NM36 War**, **NM75 Debility**, **NM81 Glandular Fever**, **NM86 Immunity**, **NM90 Nutrition**, **NM91 Paramedic Rescue**, **NM104 Tops** (for memory and brain fatigue) and **SR293 Gunpowder**.

My leg ulcer healed eventually after treatment with a combo made from a **nosode of Manuka honey + Baba's vibhuti + trimovate cream + tea tree + amoxicillin + flucoxacillin + colloidal silver + turmeric powder + NM103 Bites & Stings...6TD**, for 2 weeks in water. I also applied the above remedy to the wound before covering it up with a compression bandage. Within 2 weeks the ulcer healed leaving me with a one cm diameter hole, which healed after another month's treatment.

Previously, when I had taken original homoeopathic remedies, tissue salts or essential oils, I had experienced such strong pullouts that I could not even get out of bed. But I discovered that I was able to tolerate **nosodes of such remedies** made with the SRHVP. They even made me feel energized.

Eventually, I made **nosodes of all my allopathic drugs**. Within 1 month of taking the nosodes, I found I could stop taking the drugs themselves. I have not touched them since July 2012. This was surprising to me as codeine-based painkillers, which I had been taking for nearly 3 decades, are highly addictive.

All this time, I had been largely working in isolation, using my knowledge of detoxification and of alkaline foods, to help raise my health to a higher level. Then a dramatic turning point occurred.

Transformation through Sai Vibrionics

In May 2013, I attended a Sai Vibrionics camp and was captivated with Senior Practitioner ^{02799...UK}. She looked like Mother Teresa and is now my Sunshine. I was amazed to learn how vibrionics had developed with some 4500 practitioners worldwide. I retrained as a JVP in December 2013.

I immediately started taking my **blood nosode** and have not looked back. I can now walk 2 miles, my mind is much clearer and I can eat most foods. My fear has dissolved, and I have recovered my inner

strength and so much more. I am currently working with vibrionics to improve my short-term memory, dyslexia with numbers and blood pressure.

Every doctor and pharmacist I interact with has noticed my remarkable transformation. I am very grateful to be able to help their patients now, as I continue with my own journey to health. I regularly give patients **potentised Vitamin B complex + NM90 Nutrition**, with excellent results for them too.

When so much is given, so much is asked for. I am now in service to our Baba with love, stepping into a life with purpose.

Cases to share:

- [Post-Surgical Wound on Foot](#)
- [Tulsi seedlings](#)
- [Dementia](#)

Practitioner Profile ^{02799...UK}

Healing with Love: Some Glimpses into the Heart of our Sunshine Amma presented by Practitioner ^{00534...UK}

Practitioner ^{02799...UK} is a retired nurse and midwife. She has treated well over 1500 patients in the UK and 1000 patients in Sierra Leone, Africa, with almost 100% success rate. Her compassionate and loving understanding for her patients brings about miraculous cures. She has conducted many teaching workings both in the UK and Sierra Leone and taken the lead in organizing many healing camps and awareness workshop with the UK team of Vibrionics practitioners.



She was the subject of a special feature in the Mar 2012 Newsletter (Vol 3 Issue 2). To read click here: [The Loving Hands and Heart of a Practitioner.](#)

A day before our dear sister recently left for Puttaparthi, I asked her about her own journey of transformation. She said that one day five years ago, she woke up and asked, What is the meaning of these beautifully coloured saris and jewellery? She boxed them all up and gave them away and started wearing simple white clothes. She decided to give herself in service to Baba. She completed her training with Dr Aggarwal at Oxford at the age of 70 and began to practice Sai Vibrionics. Since then she has devoted herself to providing loving care to the many patients Swami has been sending her.

She is always smiling. Whenever she smiles or sings, it is amazing. We call her our Sunshine Amma. She lives in a tiny, one-bedroom flat. It has an L-shaped room with just enough space for two small armchairs and a small desk for her patients and the tiniest kitchen imaginable. There is an altar for Baba with barely enough room for people to sit on the floor. Bhajans are on all day in her bedroom to help infuse more healing vibrations into the air.

Besides consulting with patients, she also teaches vibrionics. Students take their training and exams in her flat and are even provided meals during training. She emphasizes the importance of surrender and complete faith in Swami as the healer.

Her usual routine is to get up before 5 am and be at the post office by 9 am to post remedies to patients all around the world. Her place is always full of people coming and going. People ring her constantly for appointments or advice. Everyone leaves her place with a smile and blessing from Baba. She takes special care of all her cancer patients. She advises them on their diet, encouraging them to become vegetarian, avoid milk, and daily take juice made from cabbage, carrot and apple.

A few months ago, when she had run short of alcohol, she prayed to Baba, "Please I need alcohol soon for making remedies for my patients." Miraculously a friend who was travelling from India contacted her to ask if she needed anything. The next day, four bottles of alcohol were brought to her shrine.

She makes her own specific combos, for example, those for energy, vitamin balance, and pain from inflammation (the Cortisone combo). *Editor's note: The Cortisone combo is used in two of the case histories shared below, Ulcerative colitis and Nosebleeds.* For chronic conditions, she prefers to make blood nosodes. After she finishes making a combo, she offers it to Baba with a prayer which includes her wish for her patients: No pullout please.

For external application in the case of skin problems, she uses, as a medium to carry vibrations, vibhuti and coconut oil and more recently castor oil with good results.

She gives her patients a take-home mantra:
"I love you. Please forgive me. I am sorry. Thank you."

Editor's note: This mantra comes from the Hawaiian Ho'oponopono healing system, described in Zero Limits and other works. She says the mantra helps her patients stay focused. They leave happy. For her, patients come first.

As she is a pensioner with a small income, when one patient saw her writing out all the instructions and precautions for each patient by hand, he sent her boxes full of envelopes for the patients' vibro bottles with pre-printed instructions as he knew that she won't take any money.

She is a river of compassion.

Cases to share:

- [Ulcerative Colitis, Blood Clots in Lungs, Panic Attacks](#)
- [Chronic Nosebleeds, Dandruff](#)
- [Vitiligo](#)
- [Eczema, Academic Stress](#)
- [IBS & Itchy Rectum](#)

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Practitioner Profile ^{02802...UK}



Practitioner ^{02802...UK} writes: Being the niece of Dr DJ Gadhia, it was my good fortune to be associated with the Sai Movement since birth in Uganda. Dr CG Patel was our doctor and due to his efforts Swami visited Uganda in 1968 and also visited my grandparents' home.

I now live in Leicester UK and work as a Doctor in General Practice for the National Health Service since 25 years. Before becoming a Sai Vibrionics practitioner in 2010, I had studied and practiced many alternative therapies as I knew allopathic medicine had little to offer for many chronic diseases.

The results of the Sai Vibrionics have amazed me beyond reason, and the energy of it is evident almost immediately. I carry bottles of **CC10.1 Emergencies** everywhere I go and every time it is used in an emergency or accident situation the relief is seen very quickly.

So far having treated over a thousand people, great results have been seen with recurrent headaches, migraine, rosacea, psoriasis, thyroid goitre, hay fever, chronic rhinitis, irregular periods, heavy periods, menopausal symptoms, recurrent mouth ulcers, post-operative pain and weakness, chronic constipation, almond allergy, chronic bilateral ear pains, tinnitus, vertigo, dementia, lethargy, hypertension, ulcerative colitis, travellers' diarrhoea, eye infections, viral infections, mastitis, neurogenic pains, sciatic pains, and joint pains.

Doing Sai Vibrionics has given me the enormous privilege of meeting many wonderful and dedicated practitioners who work selflessly with love. It has helped me open my heart to experience what real love in action or seva is all about. This love is the driving force behind the success of Sai Vibrionics. Being at the first International Sai Vibrionics Conference was a most humbling and enlightening experience.

Now more awareness needs to be made of the healing benefits of Sai Vibrionics so that it is widely recognised as a valid therapy and not just placebo effect.

My heartfelt gratitude to Swami for inspiring Dr Jit Aggarwal and Hema Aggarwal to selflessly spread the knowledge and practice of Sai Vibrionics around the world.

Cases to share:

- [Diabetes and Circulation](#)
 - [Pre-eclampsia in Pregnancy](#)
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Practitioner Profile ^{02894...UK}



Practitioner ^{02894...UK} writes: I am a qualified lawyer living in the UK for the past 22 years with my husband and two daughters. Although I have a busy lifestyle, I have always been involved in serving Swami for the past 16 years after marrying a devout Sai devotee.



About four years ago, I ran into some serious health problems that could not be solved by allopathic medicines. That is when my journey into Vibrionics began. I was nearly paralysed in both arms and had to stop working as a law lecturer. I sought medical help from top specialists in London, India and also in Malaysia, where I was born, but nothing worked. We were going round in circles. It was then that a Practitioner ^{02820...UK} gave me vibrionics. Gradually, I was healed. I decided that I wanted to give this beautiful gift of life back to mankind. On 22nd December 2013, I qualified as a vibrionics practitioner. This was the happiest day of my life I can say confidently because this was something I would be doing not for myself but for others.

The greatest moment was yet to come. I had asked Swami to bless my 108CC box after receiving it from my Vibrionics Trainer ^{02799...UK}. On Christmas eve, I left it below Swami's picture before baking cakes for the homeless. After several hours of baking I went to say goodnight to Swami with my eldest daughter. To my astonishment, there was vibhuti, haldi and kumkum on the box (shown in the photos here).

I had my first patient on 23rd December 2013. He suffered from severe cluster headaches and depression from the pain. I sat in front of Swami's picture, gave the patient the treatment, and silently questioned, why such a difficult case, Swami? The next day, vibhuti appeared in spots on Swami's head. I then felt confident that all would be well. When the patient visited us on Christmas Day, I showed him this wonderful sight. The patient recovered quickly, as described in the case history below. Since then, I have successfully treated approximately 200 people in India, Malaysia and the UK. My husband and children also take Vibrionics daily.



The second best gift Swami gave me was an opportunity to speak at the First International Vibrionics Conference in Puttaparthi in January 2014, to share my experience as a vibro patient and as a new practitioner.

I feel every Vibrionics cure goes back to Swami. It shows how Swami is directly involved in everything. Although my journey has been short, it has been filled with success, and beautiful miracles and experiences. I have no

doubt that this is the future for mankind.

Cases to share:

- [Cluster Headaches, Depression and Hyperactivity](#)
- [SMJ pain, Hay fever, Vertigo and Constipation](#)

Practitioner Profile ^{02895...UK}

Practitioner ^{02895...UK} writes: I work in the Head and Neck Specialty of the National Health Service, UK. I became an ardent devotee of Vibrionics by the Grace of Bhagawan Sri Sathya Sai Baba. It so happened that for many months I was having dull, consistent chest pain or heart pain 24/7, but I was too afraid to go to the doctor for various reasons. I was doing *anulom vilom* [alternative nostril breathing] and other yogic breathing exercises to abate the dull nagging pain to no avail. I also tried reiki and psychic surgery but nothing seemed to relieve it. So for months I learnt the art of ignoring it, but Swami wasn't going to have any of that.

One Thursday evening in June 2013, Dr Jit K Aggarwal and Mrs. Hema Aggarwal, and Senior Practitioner ^{02799...UK} came to the Sai Centre I regularly attend, to educate people on Sai Vibrionics. This was a surprise for me. I had previously read about Sai Vibrionics on the internet briefly but didn't think much of it. Even though I really was not



interested, I picked up one of the leaflets on Vibrionics that Senior Practitioner^{02799...UK} had left and took it to work. There the thought occurred to me: What have I got to lose? Let me make appointment with this senior most practitioner. Hence I picked up the phone, spoke with her and received an appointment for two days' time. I went for my consultation feeling a bit apprehensive but was made very comfortable by the abundance of love energy emanating from the lady. I told her about my problem. She made the combo for me and put one dose in my mouth under the tongue. Wonder of wonders! From that one pill smaller than a mustard seed, I felt something shift within my chest area. I told her something was actually happening, which I had not felt for ages. So I started taking my remedy. Before I knew it, I had finished my bottle and the pain was completely gone, gone from my system. That is one of the reasons I became a Sai Vibrionics Practitioner beginning in December 2013. I was interested in learning more about Vibrionics and had started reading every Newsletter. Since I had also practiced Bach Flower Remedies for my family for 26 years prior, the system was not entirely new to me.

With Swami's Grace and blessing of my Sai Vibrionics I have had an excellent success rate in treating patients. I have treated many elderly patients in the community presenting various illnesses such as bladder incontinence, arthritic pains, heart and skin problems, and diabetes. During the first 10 months of my practice as a JVP, I treated 400 patients. I would like to share two cases here, including my very first case as a practitioner, which was the rare disease sarcoidosis.

Cases to share:

- [Sarcoidosis](#)
- [Vertigo](#)

☪ The Answer Corner ☪

1. Question & Experience: Nosode of a Placenta

I have a question about making nosode from the afterbirth (the placenta and foetal membranes that are expelled from the uterus after childbirth). I made such a nosode a few years ago for my friend when I was present at her delivery and could access the fresh placenta to make the nosode immediately. She used it for any imbalance in her body and in the baby's body. Another friend is going to have delivery and she would like to have the same thing.

Let me explain why I think that using a nosode of the placenta serves to clear any future imbalance in either the mother or the child. From the moment of conception, a baby carries characteristics from both parents including strengths and weaknesses inherited in its DNA. For example, babies who have skin rashes at birth are showing the first signs of the Psorinum or Tub-Bac miasm. If one gives the baby only one or two doses of these miasms at 200C potency – one dose soon after birth in pure water and another dose after an interval of 14 days – this treatment will clear the miasm from the baby permanently. If the treatment is given later in life, when other signs of the miasms are seen, the process might take much longer.

Some companies now collect stem cells from the placenta at birth and then freeze the stem cells to store for future use (They charge a lot of money for this service). So what we did in the case of my friend's baby was to keep a small amount of the afterbirth in our own freezer for future use.

I'm not going to be present during my friend's upcoming delivery. She wants the nosode of her placenta and therefore my question is, How long can we wait to make a nosode of the placenta while still getting a good vibration from it? I am aware it has to be as soon as possible, but want to know if there is any time limit.

Answer: As the vibration of anything we want to make a nosode of is an integral part of it, and remains so until it becomes contaminated by bacteria or disintegrates, you may make a nosode until disintegration takes place. In the case of a placenta, like any live matter, deterioration could start in a very short time if it is not refrigerated.

We do not have any concrete data on utilization of the afterbirth. Any such experience and success of a practitioner would pave the way for a further evolution of Vibrionics.

We welcome any feedback on this subject.

Some information on Placenta / afterbirth and its benefits is given below for reference for our practitioners, along with a report on placental stem-cell research, as the subject is new.

Placenta/afterbirth and its benefits

The placenta is a structure/organ that develops in a woman's uterus during pregnancy and is attached to the lining of the womb / wall of the uterus during pregnancy. The baby's umbilical cord arises from it. The placenta is an amazing organ that plays a crucial role in pregnancy in keeping the baby alive and well. It protects the baby against most bacteria, but not against viruses. An interesting feature about the placenta is that it has no nerve cells and therefore is not directly under the control of the brain or spinal cord. The period from just after the baby is born until just after the placenta is expelled through the vagina (which is usually within 15 to 30 minutes of birth) is called the third stage of labour. At this stage, the placenta is also called the afterbirth. When it is delivered after the birth of the baby, it looks somewhat like a piece of liver, and usually weighs about one sixth of the baby's weight.

The placenta provides oxygen and nutrients to the growing baby in the womb and removes waste products from the baby's blood like a kidney. The placenta also acts like a lung for the baby, allowing the transfer of oxygen just like the lungs do in a newborn baby or adult. The placenta produces a long list of hormones. The hormone produced in largest amount is human placental lactogen, which causes the mother to have more glucose in her circulation to pass on to her baby.

Sources:

<http://www.childmags.com.au/pregnancy/pregnancy/53><http://www.childmags.com.au/pregnancy/pregnancy/5385-the-role-of-the-placenta-in-pregnancy>

<http://www.mayoclinic.org/healthy-living/pregnancy-week-by-week/in-depth/placenta/art-20044425>

<http://www.nhs.uk/chq/http://www.nhs.uk/chq/Pages/2309.aspx?CategoryID=54#close>

http://placentabenefits.info/MWT_article.asp

<http://news.cancerconnect.com/umbilical-cord-blood-stem-cells/>

<http://cdn.intechopen.com/pdfs/31273.pdf> -- Aqueous Extract of Human Placenta as a Therapeutic Agent , by Piyali Datta Chakraborty and Debasish Bhattacharyya, Albert David Ltd, Kolkata Division of Structural Biology and Bioinformatics, CSIR- Indian Institute of Chemical Biology, Kolkata, India

Potential uses for placental stem cells

A groundbreaking study conducted by Children's Hospital & Research Center (CH&RC) Oakland is the first to reveal a new avenue for harvesting stem cells from a woman's placenta, or more specifically the discarded placentas of healthy newborns. The study also finds there are far more stem cells in placentas than in umbilical cord blood, and they can be safely extracted for transplantation. Furthermore, it is highly likely that placental stem cells, like umbilical cord blood and bone marrow stem cells, can be used to cure chronic blood-related disorders such as sickle cell disease, thalassaemia, and leukaemia.

Source:

June 19, 2009 <http://www.childrenshospitaloakland.org/main/news/chori-scientists-first-to-discover-placenta-as-new-46.aspx>; rpt. <http://www.sciencedaily.com/releases/2009/06/090623091119.htm>

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2. Question: Is there a miasm for diabetes?

Answer: The Vibrionics 2004 guide gives 5 miasms – **Medorrhinum, Psorinum, Syphilinum, Tuberculinum-Bacillinum (SR249-SR252)** and **Carcinosin (SR282)** - a cancer nosode. We also have **SR560 All Miasms** as an excellent cleanser for the whole body. Apart from these, there is no specific miasm for diabetes as far as we know.

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3. Question: Is there a remedy for genetic defects?

Answer: There is no general remedy for genetic defects per se but there are remedies for specific diseases associated with genetic markers such as cancer, asthma, diabetes, heart disease, obesity, infertility, mood disorders, autoimmune diseases like multiple sclerosis, etc

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4. Question: A male patient, aged 33, though healthy with no problems as such, gets hungry and eats fast—both vegetarian and non-vegetarian food. He has a liking for only certain foods. He has a normal bowel movement after each meal, but gets tired soon after the bowel movement following the mid-day meal and wants to sleep at times. He has no acidity, no known allergy or pain. Please suggest the line of Vibrionics treatment.

Answer: The tiredness/lethargy could be because of a possible allergy to one of the foods he is eating with relish, like cheese or a particular non-veg item. He should try and discover what he is eating that is not giving him an allergy but is making him tired, and he should cut it out of his diet. Also his liver could be under some stress due to the richness of the food he may be taking to make him tired and sleepy. He should be advised to eat a modest diet with no butter, ghee, milk, cheese, oil, fat and no alcohol. He could resume a normal healthy diet gradually after his liver has rejuvenated itself. Alcohol would always be a 'No' at midday anyway. You may start with a combination of **CC4.1 Digestion tonic + CC4.2 Liver & Gallbladder tonic**, to see if this would help improve his condition.

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5. Question: A patient with psoriasis wishes to start Vibrionics treatment. Though he understands the pullout effects, he is afraid that his skin may be damaged and his joints may be affected if too much toxin gets released. (a) Is there any precedent for successful psoriasis treatment (b) Please advise how to assuage fears of the patient and ensure that pullout is not too much. (c) Can he apply allopathic ointment, which I feel may suppress the pullout effect.

Answer: As mentioned in the *108 Common Combos* Glossary, causes of psoriasis are unknown, but emotional stress, skin trauma, cold weather, infections and some drugs may trigger the attacks. The attacks could be genetic, hormonal, or caused by smoking. So ask your patient whether he is a smoker. If so, the problem may become worse, and it could even be the cause. Any old allopathic drug treatment undertaken may also get pulled out by a Vibrionics remedy. If he starts to treat the eruptions with allopathic ointment or cream, it will help his skin but the problem may move to the joints and later develop into arthritis.

So please give him an enlarged combo as follows: **CC15.1 Mental & Emotional tonic + CC20.3 Arthritis + CC21.10 Psoriasis...BD** or even **OD** to start with, and increase the dosage when there is less pull out or no pull out. Also give **CC21.1 Skin tonic** in some liquid or powder to apply on the affected area to calm the skin down. If none of this helps within a fortnight, then make a hair nosode. Advise the patient that the discomfort he may face initially will in the end clear the condition. He should abstain from smoking, if he is a smoker.

To know about precedents please refer to case histories in the Newsletters (To call up previous cases, do a keyword search for [Psoriasis](#), or a subject search for [21. Skin](#)). Also refer to psoriasis cases given in the volume, *Proceedings of 1st International Conference of Sai Vibrionics*, 25th-27th January 2014, Puttaparthi.

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6. Question: I have some questions about the effect of temperature on Vibrionics:

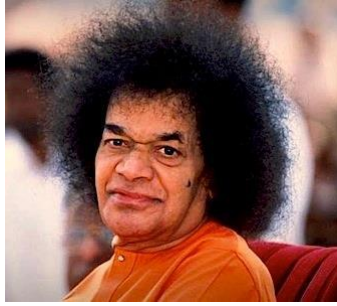
(a) Does exposure to extreme temperatures/climate affect the remedies prepared in alcohol, water, or globules, or the combos in the 108CC box?

(b) What is the effect of chilling a remedy? How long may a remedy be exposed to colder temperatures (for example, when it is left by the postman in someone's mailbox) without an adverse effect? Also, is the same true for the combos in the 108CC box, which are preserved in alcohol? If so, what should a practitioner do in this case?

(c) If the 108CC box is continuously exposed to higher temperatures for 2 or 3 months, would the healing vibrations in the alcohol get neutralized?

Answer: (a) & (b): A remedy or combos can be exposed to cold atmosphere or cold temperatures for any length of time, without any deterioration to it. However, you should not store your remedy in the fridge as mechanical vibrations from the compressor would affect it.

(a) & (c): The *highest* temperature a remedy or combos can be exposed to is 40C [104F]. The inside temperature in a house, in our opinion, does not rise above 40C. Outside in direct sunlight, temperature can rise as high as 46C but then, we should not expose our vibrations to direct sunlight anyway as there is some possibility of neutralisation, even though we have anti-radiation remedy in all our bottles. In practice, many healers have their boxes continuously stored at room temperature in India for many months and these boxes are working perfectly well.



☪ Divine Words from the Master Healer ☪

“Seva (service) is greater than acquiring knowledge, japa or the chanting of the Name and other traditional such means of crossing the ocean of life or Samsara. Sadhana or Spiritual exercise, it is the best opportunity every human being has to realize God.”

*...Sathya Sai Baba, Love All, Serve All, Help Ever, Hurt Never
(book commemorating Sathya Sai Baba’s 80th Birthday, 2005)*



“It is not enough to appear to do right actions. Your motives and impulses must also be pure and unselfish. It is only when your motives are pure that the Divine will extend His grace. Whatever service you render, it must be unsullied. The motive is all important. The form of the action does not matter. Without pure impulses, actions get tainted at the source. If you are a good man, your actions will necessarily be good.

...Sathya Sai Baba, Sathya Sai Speaks, Vol XVII, Chap 5



☪ Announcements ☪

- ❖ **USA Shepherdstown, WV:** AVP workshop 6-8 March and also 1-3 May 2015, contact Susan at Trainer1@usa.vibrionics.org
- ❖ **India Puttaparthi:** AVP workshop 5-8 March 2015; SVP & Teachers’ training workshops 26 Feb - 2 Mar 2015 contact Hem at 99sairam@vibrionics.org
- ❖ **India Delhi-NCR:** AVP workshop 28-29 Mar 2015, contact Sangeeta at trainer1.delhi@vibrionics.org
- ❖ **India Kasaragod in Kerala:** AVP workshop in April 2015, contact Rajesh at sairam.rajesh99@gmail.com or by telephone at 8943-351 524 / 8129-051 524



☪ In Addition ☪

In Brief: Notes and Photos from Recent Workshops

Teacher Training Course in Prashanti Nilayam



“We held a 4-day teachers training course in PN; there were a total of 6 SVPs, 3 from France and 3 from India. We had a number of very fruitful interactive sessions”. – Dr Aggarwal

AVP Training Workshop in Lexington, Mass., USA

"Having successfully completed their online e-course studies, five students from New York and Massachusetts, USA and Ontario, Canada, received practical training from their teacher for two and a half days, January 9 to 11, 2015, and thus qualified as Assistant Vibrionics Practitioners, this being the first level of their training. All the applicants obtained high marks in their written test and were enthusiastic about their new ability to provide selfless service".

Practitioner ^{01339...USA}



Jai Sai Ram!

Sai Vibrionics . . . towards excellence in affordable medicare - free to patients