

## Sai Vibrionics Newsletter

[www.vibrionics.org](http://www.vibrionics.org)

"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva."

...Sri Sathya Sai Baba

Vol 2 Issue 6

November 2011

### In This Issue

☞ From the Desk of Dr. Jit K. Aggarwal	1 – 3
☞ Case Histories Using Common Combos	3 – 5
☞ Health Tips	5 – 6
☞ The Answer Corner	6 – 7
☞ Divine Words from the Healer of Healers	8
☞ Announcements	8 – 9

## ☞ From the Desk of Dr Jit K Aggarwal ☞

Dear Practitioners

It's with great joy and excitement that we can finally announce – our new website is up and running! It was launched today, on Baba's birthday – [www.vibrionics.org](http://www.vibrionics.org). You must have received an email with your user name and password – so log in and check it out. We welcome all feedback – suggestions, comments or compliments. It will only help us make the website more useful, informative and user-friendly for all Vibrionics practitioners. We would like to make the website a forum for sharing our Vibrionics experiences, unique case-histories and other Vibrionics related information and queries. We all know how effective Vibrionics remedies can be with Swami's infinite blessings – it's time to hop on the cyber train and take this system of healing as far and wide as the internet goes!

There is something important for all of you to note - we have created new secretariats for our practitioners in India and we request you to send your monthly reports ONLY to the email IDs mentioned below, depending on the state in which you live (irrespective of where you were trained). You should not copy the report to any other email ID and it should be sent in the format mentioned in the box below. But please don't send any attachments; the report in the prescribed format should be copied in the main body of the email.

### **Secretariats in Indian States where Reports Should Be Sent**

AP..... <a href="mailto:ap@in.vibrionics.org">ap@in.vibrionics.org</a>	Karnataka..... <a href="mailto:kar@in.vibrionics.org">kar@in.vibrionics.org</a>
Assam..... <a href="mailto:assam@in.vibrionics.org">assam@in.vibrionics.org</a>	Kerala..... <a href="mailto:ker@in.vibrionics.org">ker@in.vibrionics.org</a>
Delhi-NCR..... <a href="mailto:delhi@in.vibrionics.org">delhi@in.vibrionics.org</a>	Maharashtra& Goa.... <a href="mailto:maha@in.vibrionics.org">maha@in.vibrionics.org</a>
Gujarat..... <a href="mailto:gui@in.vibrionics.org">gui@in.vibrionics.org</a>	Rajasthan..... <a href="mailto:raj@in.vibrionics.org">raj@in.vibrionics.org</a>
Haryana..... <a href="mailto:har@in.vibrionics.org">har@in.vibrionics.org</a>	Sikkim..... <a href="mailto:sik@in.vibrionics.org">sik@in.vibrionics.org</a>
J & K..... <a href="mailto:jnk@in.vibrionics.org">jnk@in.vibrionics.org</a>	UP & UK..... <a href="mailto:upuk@in.vibrionics.org">upuk@in.vibrionics.org</a>

All other practitioners within India, use this email ID.....[monthlyReports@in.vibrionics.org](mailto:monthlyReports@in.vibrionics.org)

### **Secretariats in other countries**

All practitioners within Italy, use this email ID.....[monthlyReports@it.vibrionics.org](mailto:monthlyReports@it.vibrionics.org)

All practitioners within Poland, use this email ID.....[monthlyReports@pl.vibrionics.org](mailto:monthlyReports@pl.vibrionics.org)

All other practitioners located outside India, use this email ID.....[monthlyReports@vibrionics.org](mailto:monthlyReports@vibrionics.org)

## **Reporting Format**

### **Monthly Report for the month of** \_\_\_\_\_

Name: \_\_\_\_\_ Registration N<sup>o</sup>: \_\_\_\_\_

No of hours of seva done during the month: \_\_\_\_\_

No of patients treated during the month: old \_\_\_ + new \_\_\_ + animals \_\_\_ + plants \_\_\_\_\_

Extraordinary case (if any):

We have created dedicated IDs for other emails that you may want to send. Please send relevant mails to the respective IDs to avoid confusion and enable a prompt reply, where applicable.

**Case Histories.** These histories should relate only to those cases where you consider the results are outstanding. Please ensure to include duration of patient's symptoms/illnesses and their percentage improvement as the case progresses. In the case of skin problem, take photo of the affected area, where appropriate, before and after the treatment. In other cases, doctor's report should be supplied. If you are located within India send you case histories to: [caseHistories@in.vibrionics.org](mailto:caseHistories@in.vibrionics.org). If you are located outside India send you case histories to: [caseHistories@vibrionics.org](mailto:caseHistories@vibrionics.org).

*We are building case histories for our website; so if you have cases of healing you wish to resubmit for publication on the website, please do so at the above address.*

**Patients' Queries.** If you are located within India: advice relating to patients' problems, remedies and combos is provided by our dedicated team at the email ID: [comboQueries@in.vibrionics.org](mailto:comboQueries@in.vibrionics.org)  
If you are located outside India and need advice, the email ID is: [comboQueries@vibrionics.org](mailto:comboQueries@vibrionics.org)

**Healer Information.** Address of Vibrionics practitioners anywhere in the world, outside of India, is provided by our dedicated team at email ID: [healerInfo@vibrionics.org](mailto:healerInfo@vibrionics.org). For address of Vibrionics practitioners within India, use email ID: [healerInfo@in.vibrionics.org](mailto:healerInfo@in.vibrionics.org)

Once again a reminder that you must show your unique registration number in the **subject line** of ALL emails that you send so that we can easily establish your identity and reply to the mail promptly. As we have more than 4000 practitioners (and still counting!), we may not be able to deal with anonymous emails in the future. Anonymous emails mean emails without a valid registration number.

Recently, the Polish practitioners had a refresher meet at Sobótka, Poland (see picture). We had fantastic feedback from the 2-day seminar. More than 60 practitioners from all over Poland participated and shared their experiences with Vibrionics remedies. Some of them described some wonderful cases which we hope to share with all of you in subsequent newsletters. Such refresher courses can be informative and inspirational – if you would like a seminar to be arranged in your area, please do let us know and we can co-ordinate with other practitioners to make it happen.

Finally, a little note...though we have been practicing Vibrionics since 1994, we officially changed the name of Vibrionics to **Sai Vibrionics** in 2011 in honour of our benefactor – Bhagawan Sri Sathya Sai Baba. We remain eternally grateful to our Lord for His Love, His Grace, His Guidance and His Healing of the people we selflessly serve. Thank you, Swami, for choosing us to be your instruments.

In Sai Service  
Jit K Aggarwal



\*\*\*\*\*

## ❧ Case Histories Using Combos ❧

The first three case histories are from a husband and wife team of practitioners. They can be seen working unstintingly in the open area near the ashram supermarket at Prashanti Nilayam to help those in need.

### 1. Chronic Feverish Condition <sup>02786...Russia</sup>

A 34 year-old woman from Argentina came to see Vibrionics practitioners in Prashanthi Nilayam because she had been suffering from a fever continuously for the past 14 years. It had all the signs of a common cold: her throat was sore, she had bronchitis and a high fever. She had seen numerous doctors, who, after various tests including blood tests, could not give a diagnosis or explain why she had suffered with this condition for so many years.

After talking to the patient, the practitioners discovered that when she was 20 years old, her boyfriend became ill with a particularly virulent form of malaria and for three days she had nursed him in hospital. It was then that the fever started but although she was tested for malaria at the time, the results proved negative.

The practitioners surmised that as she was a very emotional person and under the stress and fear of nursing a person whom she was very fond of, in an environment where there were many other malaria cases, the *vibration* of this disease got transferred to her astral/etheric body. To test this theory they gave her:

#### **CC9.2 Infections acute + CC9.3 Tropical diseases...TDS**

**CC9.2** was given to cover the on-going symptoms of cold and fever she had been suffering from for so many years and, as **CC9.3** has all the remedies for malaria in it, they were hopeful that this would cure the *cause* of her suffering.

After three days of treatment there was a strong pull-out of violent vomiting. A week later she left for her home in Argentina. Two weeks later she sent an e-mail to thank the practitioners for the treatment and to tell them that she was now completely healthy without any sign of her on-going fever.

+++++

### 2. Osteomyelitis in Right Shin <sup>02786...Russia</sup>

A 59 year-old woman from Azerbaijan came to the practitioners because she had a painful condition in the right shin called *osteomyelitis* – inflammation of the bone and marrow, usually caused by infection. In

this case the shin was a bluish-grey colour with necrotic stains in the centre. Along the inside of the bone there were 3 fistulas from which pus was oozing. Only a little blood was circulating in the bent toes and walking was very painful.

The history of this condition is as follows: she had been very unhappy in childhood as she was brought up in a children's home where the treatment was brutal. When she was 10, she jumped from a height and severely damaged her right foot. She was operated upon to try and repair the damage, but this only caused the beginning of the *dystrophy* - a wasting away of the muscles in the shin. The diagnosis given for this condition by the allopathic doctors was *poliomyelitis*. When she was 30, she underwent surgery and other allopathic treatment, in an endeavour to correct her ongoing painful shinbone, but without success. The diagnosis now was *osteomyelitis*. Five years before the practitioners saw her, the condition had worsened and her doctor suggested the shin be amputated.

The practitioners gave her:

**#1. CC15.1 Mental & Emotional tonic + CC18.1 Brain disabilities...TDS**

**#2. CC20.6 Osteoporosis...6TD**

After a week of taking the combos, she was able to walk without any pain but the toes were still painful. She was told to replace **#2** with:

**#3. CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue + CC20.6 Osteoporosis...TDS** and

**#4. CC21.11 Wounds & Abrasions...TDS** (made in oil to be applied on the oozing fistulas)

Three weeks later, the colour of the foot returned to normal. A little pus was still oozing from the fistulas, so the practitioner gave:

**#5. Nosode of pus from fistulas...6TD**

Two months later, the colour of the shin had also become normal, two of the fistulas were now healed and the last one was only producing a small amount of colourless liquid instead of pus. The practitioners discontinued **#1** but gave her a further supply of **#3 & #5**.

At this time the patient left the ashram very happy with the present result of the treatment which was a transformation after so many years of suffering.

---

### **3. Chronic Cold** 02786...Russia

A 47 year-old Russian woman came to the practitioners with a cold, the symptoms included headache and a general feeling of ill health - these symptoms had been with her for many months. She was given: **CC9.2 Infections acute + CC9.3 Tropical diseases...TDS**

Three days later, her cold was better but the headache and the other symptoms remained. After careful questioning, the patient volunteered the information that 18 months ago both she and her husband had been in a car accident. Although the car was destroyed, neither she nor her husband had been injured. Since the present symptoms had started then, the practitioners thought it was likely that she had unknowingly been traumatized by the event and was, even now, in a state of shock. They immediately gave her:

**CC15.1 Mental & Emotional tonic + CC18.1 Brain disabilities...OD**

After about 3 minutes, the woman became unconscious but gradually regained consciousness in 10 minutes. She felt very weak but, with help of her husband, managed to return to her room where she rested. The next day she came to see the practitioners to say that she was completely well with no signs of the chronic cold and other symptoms that she had been suffering from since the accident 18 months ago.

---

*It has been requested that we give more case histories from practitioners who use the Sai Ram Healing Vibration Machine. Below are some such cases. We request practitioners who use the machine to send us interesting cases to publish in future newsletters or on the website.*

### **4. Trauma to Eye** 02711...Malaysia

A 62 year-old lady accidentally poked her left eye with the end of her spectacles, causing a blood vessel to burst. This caused her eye ball to become completely dark red and also sore. She had to wear

sunglasses so that people could not see her red eye or, as she said, she did not want to frighten the children! Her GP prescribed pain-killers and antibiotics and advised her that the redness should clear up in 3 to 4 weeks. Three days after seeing her doctor she came to see the practitioner because the antibiotics were making her nauseous and she didn't want to wait for three weeks to get better. The practitioner gave her:

**NM17 Eye + BR 20 Eye + BR21 Injury + SM41 Uplift...TDS**

Three days later, the red colour disappeared and her eye became clear. The patient was very pleased with the outcome as her left eye returned to normal within a week.

*Note: Equivalent Common combo to substitute the above: CC7.1 Eye tonic + CC7.6 Eye injury*

---

## 5. Hodgkin's Disease <sup>00660...USA</sup>

A 65 year-old woman came to see the practitioner because she was diagnosed with Hodgkin's Disease and had been under allopathic treatment for two years. She was given:

**NM6 Calming + NM59 Pain + NM63 Back up + NM110 Essiac + BR2 Blood Sugar + BR3 Depression + SM5 Peace & Love Alignment + SM13 Cancer + SM24 Glandular + SM40 Throat...6TD for two weeks then TDS.**

Within two weeks the patient felt more peaceful. She continued to take the Sai Vibrionics remedy for four months after which her blood test showed that she was normal. She has been free of cancer for the past six years.

*Note: Equivalent Common combo to substitute the above: CC2.1 Cancers.*

---

## 6. Bad School Results <sup>01159...Croatia</sup>

A ten year-old girl was brought to see the practitioner because she had behavioural and learning disorders and was doing badly at school. She was given:

**NM5 Brain tissue salts + NM104 Tops...TDS**

After a month of taking this combo her mother said that she had calmed down and had achieved all 'A' grades at school. Her teacher was astonished at this change in the girl and asked the mother what she had done with the child!

*Note: Equivalent Common combo to substitute the above: CC17.3 Brain & Memory tonic.*

---

## 7. Kidney Infections <sup>01159...Croatia</sup>

A 28 year-old woman came to see the practitioner because she was in severe pain and suffering with *nephritis* - a kidney inflammation caused by bacterial infection and *cystitis* – frequent urination accompanied by burning. She was given:

**#1. NM21 KBS + BR11 Kidney...TDS**

**#2. SR296 Ignatia...Single dose**

In just one day she felt much better and in three days all symptoms had gone. The combo was given for a month to ensure a complete cure.

*Note: Equivalent Common combo to substitute the above: CC13.2 Kidney & Bladder infections.*

---

## ☞ Health Tips ☞

### GINGER CURE FOR MUSCLE PAIN

Long used in traditional Indian and Chinese medicine as a remedy for ailments such as nausea, indigestion, flatulence, ginger has now been scientifically proven to be helpful in relieving muscle pain

and soreness after too much exercise. A new study shows that taking daily doses of ginger can ease the aches and pains that follow strenuous exercise.

Researchers at the University of Georgia studied whether daily doses of ginger can inhibit exercise-related muscle pain. One group of 34 participants consumed capsules filled with two grams of raw untreated ginger: this is equivalent to the 500 mg capsules of raw ginger sold in health-food stores. A second group of 40 people took two grams of heat-treated ginger as earlier studies had shown that heating ginger may increase its pain-relieving properties. A third group took a placebo. All participants consumed their capsules for 11 consecutive days -- seven days before a high-intensity weight-lifting session that was designed to induce muscle pain and inflammation and three days after.

After the 11 days of taking the capsules the participants were measured for several different variables, including: effort, pain intensity, range of motion, strength and inflammation. It was found that that the participants that had taken daily levels of raw ginger supplements had experienced 25% less exercise-induced pain than the placebo group and participants taking daily heat-treated ginger had 23% less pain than the placebo group.

Patrick O'Connor, PhD, who led the research explained that ginger works much like non-steroidal anti-inflammatory drugs (NSAIDs) such as aspirin and ibuprofen but unlike these drugs ginger also serves to desensitize a type of pain receptor found in the peripheral nerves, as well as reducing the body's production of inflammatory chemicals. Dr. O'Connor also said the participants experienced greater pain relief than did those in similar tests of ibuprofen and naproxen, but without the non-steroid anti-inflammatory drugs' related risks of stomach irritation and ulcers. These results were published in the September 2010 issue of *The Journal of Pain*.

If you would like to give this a try when you plan to go on a long hike or do an intense work-out buy ginger capsules that contain a standardised extract with a ginger content of 5% and take one two-gram daily for several days before your planned exercise. If you like the taste of ginger then take one teaspoon of powdered ginger or ½ teaspoon of ginger extract or one tablespoon of finely chopped fresh ginger.



## WHY DOES HAIR TURN GREY?

Have you ever wondered why hair turns grey as you get older and whether there is something you can do to prevent greying or at least slow it down? Here's a look at what causes hair to turn grey and some of the factors that affect greying.

The age at which you'll get your first grey hair (assuming your hair doesn't simply fall out) is largely determined by genetics. You'll probably get that first strand of grey around the same age your parents and grandparents started to go grey. However, the rate at which the greying progresses is somewhat under your own control. Smoking is known to increase the rate of greying. Anaemia, generally poor nutrition, insufficient B vitamins, and untreated thyroid conditions can also speed the rate of greying. What causes your hair's colour to change? That has to do with the process controlling the production of the pigment called melanin, the same pigment that tans your skin in response to sunlight.

Every hair follicle contains pigment cells called melanocytes. The melanocytes produce eumelanin, which is black or dark brown, and pheomelanin, which is reddish-yellow, and pass the melanin to the cells which produce keratin, the chief protein in hair. When the keratin-producing cells (keratinocytes) die, they retain the colouring from the melanin. When you first start to go grey, the melanocytes are still present, but they become less active. Less pigment is deposited into the hair so it appears lighter. As greying progresses, the melanocytes die off until there aren't any cells left to produce the colour.

While this is a normal and unavoidable part of the aging process and is not of itself associated with disease, some autoimmune diseases can cause premature greying. However, some people start going grey in their 20s and are perfectly healthy. Extreme shock or stress can also cause your hair to go grey very quickly, though not overnight.

...Anne Marie Helmenstine, Ph.D. About.com



## ☪ The Answer Corner ☪

*1. Question: Can I give the combo for sleeplessness to those people who regularly suffer from this problem and if so, should they take it three times a day or just before sleeping?*

**Answer:** You can give **CC15.6** to anyone who has a problem going to sleep, both for chronic sufferers or people who are sometimes just wakeful because their mind is still worrying about something. Unlike allopathic drugs for this problem, our combo is never addictive. This combo should be taken 30 minutes before normal bedtime. If you don't fall sleep, you can take up to 4 doses every half an hour until you fall asleep. If you wake up during the night and cannot go back to sleep then an extra dose can be taken.

For those practitioners who use the Sai Ram Healing Vibration machine, give: **NM6 Calming + NM28 Sleep + SM5 Peace & Love Alignment + SM37 Sleep + SM39 Tension + SR275 Belladonna (30C) + SR303 Opium + SR306 Phosphorus (30C) + SR309 Pulsatilla (30C).**

*2. Question: I have been ill with a cold and fever and have now recovered but a lot of my hair is falling out, what combo should I take?*

**Answer:** The combo for falling hair is either **CC11.1** or **CC11.2**. If the hair fall is after an acute cold or when one is low in energy then **CC11.1** is the remedy to give. But if it is after a chronic problem or if there is a possibility of going bald, then you should give **CC11.2**. Remember to give **CC12.1** as well, if after an illness. If the patient is anaemic then **CC3.1** would help too. For those using the Sai Ram Healing Vibration machine, give: **NM2 Blood + NM12 Combination-12 + NM22 Liver + NM75 Debility + NM84 Hair Tonic + OM12 Hair + SM6 Stress + SM25 Hair + SM41 Uplift + SR264 Silicea + SR408 Secale Corn (30C).**

*3. Question: One of my patients is taking ayurvedic medicines. Does he have to stop the ayurvedic treatment once he starts the Sai Vibrionics remedies? We were told by the trainers in our workshop that one cannot combine vibro medicines with either homoeopathy or Ayurveda?*

**Answer:** Yes, it will be better if he does stop. Generally speaking, it is safer not to combine the Sai Vibrionics remedies with either homoeopathic or ayurvedic treatment. However, vibrations are fully compatible with allopathic medicines and hence the two can be combined. For a more comprehensive answer, please refer to our book 'Manual for Vibrionics Practitioners'.

*4. Question: There is a Sai devotee whose 23 year-old daughter had an infection of the brain. She was treated allopathically and has recovered but now suffers from severe headaches. She has asked for vibro medicine but I am not sure which combination to give?*

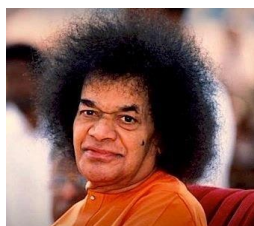
**Answer:** Give her **CC11.4 Migraines + CC18.1 Brain & Emotional tonic** because both these combos have a lot of brain remedies in them. If you have the Sai Ram Healing Vibration machine, give: **NM5 Brain TS + NM6 Calming + NM44 Trigeminal Neuralgia + NM85 Headache-BP + OM13 Trigeminal + SR275 Belladonna (30C) + SR273 Aurum Met + SR295 Hypericum (30C) + SR359 Zincum Met + SR458 Brain Whole + SR468 CN5: Trigeminal.**

*5. Question: My husband is a heart patient who has had two heart attacks. He also suffers from diabetes. I am giving him CC3.1 Heart Tonic and CC6.3 Diabetes. Should I give him CC3.4 also? We were advised not to give more than two combos per person. Could I add one more? My husband is not a believer of Sai Vibrionics, so I give it to him in water. Will it help him? Please advise?*

**Answer:** Continue to give your husband **CC3.1 Heart tonic**. Only in emergencies, should you give **CC3.4**. Also continue giving him **CC6.3 Diabetes** but make sure he gets his blood sugar checked regularly because diabetics taking this remedy sometimes find that they do not need to take so much insulin. Only experienced practitioners may give more than two combos at a time but only if the symptoms warrant it. Although your husband does not believe in Sai Vibrionics, the combos will certainly help his condition and through your steadfast faith, healing *could* be miraculous. Remember that this

system of vibrionics has been blessed by Baba many times and as it is He who ultimately heals, extraordinary cures can and are taking place almost daily.

Practitioners: Do you have a question for Dr. Aggarwal? Send it to him at [news@vibrionics.org](mailto:news@vibrionics.org)



## ☪ Divine Words from the Healer of Healers ☪

*“Three types of activity reach God and earn His Grace: (1) those not prompted by personal desire, (2) those emanating from unselfish love and (3) prayer arising from pure hearts. They reach the Lord directly and He pays heed to them. The rest are the concern of the various deities who preside over their disposal. Therefore, prayers have to be unselfish, saturated with love, and free from the taint of attachment to the gift that the prayer would bring.”*

*...Sathya Sai Baba, “Thought for the Day”, July 23, 2011, Prashanti Nilayam*

*“Individuals full of ego love to exercise authority over others. They see everything through glasses coloured by the smoke of selfishness and self-love. “My words are true.” “My opinion is correct.” “My deeds are right.” Such behaviour is very harmful for spiritual aspirants. Aspirants must look forward eagerly to any objective criticism, or suggestion, or advice, from whatever quarter. Also, aspirants must minimise all discussion and argumentation as this breeds a spirit of rivalry and leads one on to angry reprisals and vengeful fighting. Do not struggle to earn the esteem of the world. Do not feel humiliated or angry when the world does not recognise you or your merits. Learn this first and foremost if you are an aspirant for spiritual success. Do not become happy when you are being praised; therein lies a deadly trap, which might even lead you astray and endanger your progress.*

*...Sathya Sai Baba, “Thought for the Day”, October 28, 2011, Prashanti Nilayam*

## ☪ Announcements ☪

### Forthcoming Workshops in India

- ❖ **India Nagpur in Maharashtra:** 26-27 November Workshop for existing AVPs. Contact Dr. A. Ghatol or Rajan Joshi
- India Aluva in Kerala:** 26-27 November 2011, Workshop for existing AVPs. Contact M. Pankajakshan
- India Srikakulam in AP** 17-18 December 2011 Workshop for newcomers who wish to learn this system of healing for seva. Contact your State Sevalal coordinator Sri R Laxmanrao by email at [rlaxmanrao11@gmail.com](mailto:rlaxmanrao11@gmail.com) OR your District President G. Ramanababu

**All Trainers:** If you have a workshop scheduled, send details to [editor@vibrionics.org](mailto:editor@vibrionics.org)  
**ATTENTION:** If your email address changes in the future, please inform us at [news@vibrionics.org](mailto:news@vibrionics.org) or through the ‘Contact Us’ on our website [www.vibrionics.org](http://www.vibrionics.org) as soon as possible. Please share this information with other vibro practitioners who are not aware of this new email service.

Practitioners, you may share this newsletter with your patients. Their questions should be directed to you or your trainer for answers, or research and response. Also you can check our website for the Combo Queries email addresses. Thank you for your cooperation.

[www.vibrionics.org](http://www.vibrionics.org)

Om Sai Ram!

*Sai Vibrionics...towards excellence in affordable medicare - free to patients*