

## **Sai Vibrionics Newsletter**

<http://www.vibrionics.org>

“Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva.”  
...Sri Sathya Sai Baba

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### **☪From the Desk of Dr Jit K Aggarwal☪**

Dear Practitioners

Our benevolent Swami has left His body but He has not left us stranded at a spiritual crossroad. Over the years, time and again, Swami has reminded us that service is the highest form of spiritual discipline in the *Kali Yuga*. Swami has said: “If you lift your hand to serve, to help, to console, to encourage another, you are lifting it for God, because in every one of you is God.” The best way for us to pay homage to Swami is to engage ourselves in relentless service, while inwardly connecting with Bhagawan through this energy of Love and Peace.

The last three months have been tough on all of us. It has been a difficult period of adjustment. So many sweet memories flood the mind, and especially memories of Swami and Vibrionics. I go back to that memorable day in July 1994 when, in Sai Ramesh hall, Brindavan, the Lord of the Universe bent down to bless the first prototype Vibrionics potentiiser. (After six days of failing to attract the Lord’s attention, I was too stunned to be quick enough to lift the machine off the floor.) An interview followed the next day wherein the Lord operated the machine by putting the card ‘OM7 Heart’ in the slot.

Another time in the interview room, He, very innocently, asked, “Can this medicine cure diabetes!!” He instructed me to teach Vibrionics to His students and devotees and give a talk to His doctors at the Super Speciality Hospital. Then it all began.... At every step He gave guidance, sometimes on a daily basis!

I owe it to all of you Vibrionics practitioners to share the frequent instructions and the blessings the Lord gave me concerning Vibrionics throughout the last 17 years. In subsequent newsletters, I will be sharing those moments with all of you.

If we feel that the Lord has given us - His Vibrionics practitioners - a wonderful tool for seva, then this is the time we should take our role more seriously and endeavour to give ourselves more whole-heartedly to His Mission.

On our part, we have launched a fresh programme of training for new practitioners. I have always held workshops at all levels of training in small groups in Prashanti Nilayam. Now, we will be holding frequent workshops in small groups, which will be conducted by qualified teachers in many areas. Incidentally, Swami always insisted that I teach Vibrionics in small groups in order to maintain quality and not run after quantity. To this end, I have already started training Senior Vibrionics Practitioners to qualify as teachers. Those of you who have completed your training with 108 Common Combos may apply for Vibrionics Practitioners’ course which will enable you to use the Vibrionics Sai Ram machine. This will then also entitle you to do the Teachers’ Training course.

As we require more teachers to spread Swami's Vibrionics system of healing to further areas in India and in other countries, I am keen to make this one of the priority programs that are planned for the future. I invite all those dedicated practitioners who wish to receive the next level of training to write to me directly at [founder@vibrionics.org](mailto:founder@vibrionics.org) for an application form. Please remember to include your personal register number as given in the subject line of this newsletter's email. Readers have expressed their desire to see more outstanding cases of healing in our newsletter. This is to remind practitioners to send any case histories that were particularly successful or that they considered in any way impressive direct to me at my e-mail address so that these may be published in future newsletters to inspire others.

How can we ever repay Swami for all the celestial love He showered on us through the years? How can we show Him that the pain He took for us has not gone to waste? Each one of us must recognise the Swami in ourselves and everyone else and conduct ourselves as Swami Himself would do. So, dear practitioners, let us work with unity, harmony and dedication in order to spread Swami's message of pure love through Vibrionics. His life has been His message. It is now time for us to make our life His message.

In loving service to Sai  
Jit Aggarwal

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## ☪ Case Histories Using Combos ☪

### 1. Dialysis <sup>2640...India</sup>

A 45 year-old male patient, telephoned the practitioner in India from Los Angeles, USA, to ask if she would send Vibrionics medicine to help him with his gravely sick kidney and high blood pressure. While waiting for a kidney transplant he was undergoing dialysis three times a week with each session lasting 5 hours. The practitioner couriered him:

**CC3.3 High BP + CC13.4 Kidney Failure + CC15.1 Mental & Emotional Tonic...2 pills QDS.**

After 3 months of Vibrionics treatment, his doctor was surprised to see that his creatinine levels had come down from 9 to 5 and because of this huge improvement, he reduced the patient's dialysis session from 5 to 3 hours. The patient was asked by the doctor what diet he was taking to make such an improvement possible! After 6 months there was further improvement and the dialysis treatment was accordingly reduced from 3 to 2 times weekly with each session lasting only one hour. After another 2 months, the doctor told him there was no need for any further dialysis. The patient was so delighted with this wonderful cure that he came to India personally to thank the practitioner in Bombay. On the advice of the practitioner, the patient is continuing to take the combo twice daily for the time being.

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### 2. Infected Pimple on Breast <sup>1339...USA</sup>

A 69 year-old woman had, what she called, a blackhead pimple located near her upper left breast for three years. She did not seek medical care. Periodically, she would squeeze it and pus would ooze out. One day she noticed the area had become inflamed, painful and tender to touch. During sleep, she needed to use a pillow under her breast for comfort. She contacted the Vibro practitioner, stating she was worried the pimple may be breast cancer. The practitioner advised the patient to keep the skin area clean and dry and gave her:

**CC2.1 Cancers + CC8.3 Breast abscess + CC21.11 Infections...2 pills QDS**

Within a few days the pain became localized and she no longer felt it was spreading. By the end of the third week, the inflamed area was neither red nor tender anymore and was without pus. She stopped using the pillow for protection while she slept. Dosage was reduced to TDS for two weeks, then OD for another week. At the end of a total of six weeks, only a slight skin discoloration remained. She flew to India to thank Sathya Sai Baba for the healing.

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### 3. Eczema <sup>2762...USA</sup>

A 51 year-old woman came to see the practitioner because 15 years before, her doctor had diagnosed as eczema, an inflamed area on her left leg and foot that constantly itched. From that time, she had been plagued with intense irritation and dry cracks continually appearing and disappearing on the foot with liquid discharge. At times she could neither wear socks nor shoes. She had tried many creams and salves but nothing helped her condition. The practitioner gave her:

**CC21.6 Eczema.** First to be taken in water 6TD for 3 days, then in pills TDS.

The only improvement after 3 weeks was that the itching was a little less. After another month of taking the combo, there was a further 10% improvement. At this point, the patient was advised to make the combo in oil and apply it externally as well as take it orally.

A month later, **CC15.6 Sleep disorders** was added to the above combo because she could not sleep at night. Three months later, she reported that the itching and liquid discharge was reduced by 30%. Improvement continued over the next few months until 10 months from the start of the treatment, the eczema had gone and both the leg and foot had become normal.

*This is another wonderful healing of Swami's 108 Combos. There is one point to be noted - whenever you are treating a skin problem like eczema, skin allergies or psoriasis, etc. it is advisable to give the appropriate combo externally in oil or a non-allergic powder like vibhuti or even rice flour if it is some sort of fungus or the eczema is wet, as well as internally at the start of the treatment. This will hasten the healing and give immediate relief to the patient.*

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**4. Bronchial Asthma** <sup>2799...UK</sup>

A 65 year-old man asked the practitioner if she would treat him for bronchial asthma which he had been suffering from since he was 20 years old. He was taking allopathic medicine that gave him relief every time he had an asthmatic attack but in no way cured the condition. His personal life was also stressful which did not help the problem. He was given the following:

**NM6 Calming + BR7 Stress – for stress and tension...TDS**

**NM8 Chest + NM9 Chest TS + NM62 Allergy-B + NM70 CB8 + NM71 CCA + BR13 Allergy + BR14 Lung + BR15 Sinus + OM2 Respiratory + SR272 Arsen Alb (30C) + SR 297 Ipecac (30C) + SR451 ACTH Hormone...TDS.**

It was agreed that he should continue the allopathic treatment for the time being. In two weeks he reported that he felt 30% better and was told to continue with the same combos for another 2 weeks but was advised to slowly reduce the allopathic medicine which he was taking TDS. Four weeks later he told the practitioner that he felt 75% better; so the allopathic medicine was now reduced to OD. In 4 weeks the Vibrionics combo was also reduced. After 6 weeks, he stopped taking the allopathic medicine as the asthma had completely gone but continued to take the above combo OD for maintenance and protection against its possible reoccurrence.

*How wonderful that after 45 years, this man's suffering has come to an end. Had the 108 Combos box been available, the practitioner could have used **CC15.1 for the stress, tension and CC19.3 for bronchial asthma** and we would expect similar results. We encourage all patients to consult with their allopathic doctor before reducing or stopping any prescribed allopathic medicines.*

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**5. Leg Muscle Pain, Stress and Low Energy** <sup>2804...India</sup>

A 39 year-old woman requested treatment for a painful leg muscle which had been troubling her for a year. She was also having difficulty dealing with a stressful work environment as well as being low in energy. She had taken pain killers for the leg pain and had been treated allopathically for the stress and low energy but there was no improvement.

The following was given:

**CC12.1 Adult Tonic** for her low energy + **CC15.1 Mental & Emotional Tonic** for the stress + **CC20.4 Muscles & Supportive Tissue** for the leg pain...TDS.

In 2 weeks the patient informed the practitioner that all her problems were 90% better and that she was very happy with the vibrionics treatment.

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**6. Respiratory Allergy and Chronic Cough** <sup>01352A...India</sup>

A male patient aged 56 had been suffering for 5 years from respiratory allergy as diagnosed by his allopathic doctors. His symptoms included scores of sneezes and watering eyes every morning, sometimes coupled with swelling of the face. He had also suffered for 20 years from a cough which

resulted in constant expulsion of yellow and grey phlegm. Over the years, both allopathic and alternative treatments had been tried but nothing had helped either of his conditions. The practitioner gave him:

**CC19.2 Respiratory Allergies + CC19.6 Cough - chronic...TDS.** Within 7 days, both problems had gone and the patient was having difficulty in coming to terms with such rapid improvement!

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## ☞ The Answer Corner ☞

**Question:** *May I place the bottle of pills next to an alarm clock that contains batteries?*

**Answer:** Yes, you can since the batteries do not affect the pills. However, keep pills at least one meter (three feet) away from TV, computer, mobile phones, microwave or any device with a strong magnetic field.

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**Question:** *Why do we keep the pills under the tongue?*

**Answer:** Because most of the nerve endings are under the tongue and so, the absorption of vibrations by the body is more effective.

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**Question:** *When a patient is better, should he/she stop taking the remedy immediately?*

**Answer:** The remedy should be continued until the patient has fully recovered and the dosage then slowly reduced over a long period of time e.g. reduce from TDS to OD, then to 3 times weekly, twice weekly and eventually once a week. The period of reduction may be about a third of the time taken to heal. If a remedy is stopped suddenly after the patient is better, the disease may sometimes come back. Some patients prefer to continue this low dosage as a prophylactic for a long time. Afterwards, it is a good idea to give an immunity combo or some other suitable tonic for a month or so.

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**Question:** *Can I recycle my bottles?*

**Answer:** Yes, you may recycle bottles by washing them in clean running water. Soaking them overnight will dissolve any sugar deposits from previous pills. Don't use soap or detergent on the inside of the bottles. Afterwards, ensure they are thoroughly dry before you cap the bottles.

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**Question:** *Is it possible to revive a badly functioning gland such as a thyroid gland?*

**Answer:** Yes, any gland can be revived and restored with vibrations as it is possible to regenerate cells!

Practitioners: Do you have a question for Dr. Aggarwal? Send it to him at [news@vibrionics.org](mailto:news@vibrionics.org)

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## ☞ Health Tips ☞

### Mobile Phone Hazards

Mobiles or cell phones, as they are sometimes called, have become part of our everyday lives. So it is important to know what hazards to our health we may be encountering when we use them. Here are a few things we should remember if we are one of those people who find it imperative to have our mobiles close at hand to receive or send calls 24 hours a day:

A mobile is actually a two-way microwave radio that constantly sends and receives signals through its symmetrical antennas when it is turned on and if, when you are carrying it as well as using it, the antennas are facing your body those signals will go through your body to reach the phone from or to the nearest tower. This means our bodies are being constantly exposed to radiation. When you are answering or receiving a call and holding the implement against your ear, it brings a measurable change to brain activity. While researchers do not say this shows the signals harm the brain, they also avoid saying the signals do not.

In May 2011, in a nearly unanimous decision, 31 expert advisers to the World Health Organization (WHO) stunned the world's five billion cell phone users and declared radiofrequency and electromagnetic radiation a "possible" cause of brain cancer. Microwave radiation from cell phones joins a list of well-reviewed cancer-causing agents that includes engine exhaust, some pesticides, lead, coffee and unusually preserved vegetables. (*Editor: We already know that radiation can destroy the vibrations in vibro pills.*)

Here are a few suggestions on how to live safely while using mobiles:

1. The safest way to use your mobile is to send texts and not make calls.
2. If you do make or answer a call, use earphones and microphone attached to the mobile.
3. Keep calls short and use a landline or a corded phone for longer conversations.
4. Do not use cordless landline phones because the radiation risk from them is no less than that from mobile phones.

You can find more information on mobiles or cell phones from the Environmental Health Trust website: [www.ehtrust.org](http://www.ehtrust.org).

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### **More Juices And Smoothies For Health**

As promised in the May-June issue of *Sai Vibrionics*, here are more juice and smoothie recipes. Let's start with the mango for those people in hot countries, who have an unending supply of this delectable fruit just now.

#### **Melon And Mango Tang**

**One Mango peeled, without stone, one half yellow Cantaloupe, Musk or Ogen Melon, peeled and deseeded. Mix together in a blender.**

Just smelling this wonderful juice first thing in the morning awakens the brain, opens the eyes and improves blood circulation. It provides more than your daily needs of both A and C vitamin. Used for centuries as a diuretic in India, melons help get rid of morning puffiness. They also contain adenosine, a substance that makes blood less sticky which reduces the risk of blood clots and heart attacks. A rich source of instant energy, mango has been cultivated and eaten for more than 400 years. Both fruit boost the immune system. Quick and easy to make, this cool, refreshing drink will kick-start your metabolism and help shrug off that early morning sluggishness. One glass and you'll be running at full power throughout the day!

#### **Blue Passion**

**3 Passion fruit scooped out into blender, 1 Cantaloupe melon, medium peeled, 1 Mango peeled, without stone 4 oz (100 g) Blueberries. Put in blender and liquidise.**

This juice is a real tonic containing A, C, B and E vitamins, potassium and calcium, rich in carotenoids which are protective against degenerative diseases and cancers, as well as a tonic for the eyes. It looks good, tastes good and is good for you.

#### **Ultimate Vitality Super-Juice**

**2 Apples washed, unpeeled (unless non organic), uncored and quartered.**

**2 Carrots large, unpeeled (unless non organic), remove top and bottom.**

**2 Tomatoes medium, 1 Kiwi fruit, unpeeled. 1 handful of Watercress - washed.**

**1 handful of Spinach leaves - washed. Blend and liquidise.**

Ideal as a regular booster, take it once or twice a week. It supports the body and brain in times of stress or when you need to be bursting with vitality. It is super rich in vitamin C, rich in vitamin A, beta-carotene, potassium, magnesium and zinc. It also contains iron and calcium. Apple and watercress can help protect from cold and flu.

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## Are you concerned about fructose?

You may have good reason to be, as an alarming new study shows that the popular sweetener can fuel the growth of cancer. The study, conducted by scientists at UCLA, found that pancreatic cancer cells grew faster when "fed" with fructose.

Study author Dr. Anthony Heaney, associate professor of medicine and neurosurgery at the university's cancer centre, said it was likely that fructose would also speed the growth of other cancers as well. "The bottom line is the modern diet contains a lot of refined sugar including fructose and it's a hidden danger implicated in a lot of modern diseases, such as obesity, diabetes and fatty liver," Heaney said in a written statement. The study was published in the August 1, 2010, issue of the journal "Cancer Research."

Heaney called for government action to reduce American's consumption of high-fructose corn syrup (HFCS), a leading source of fructose in the Western diet. Fructose also comes from sources such as fruit, vegetables and old fashioned table sugar. "I think this paper has a lot of public health implications," Heaney said. "Hopefully, at the federal level there will be some effort to step back on the amount of HFCS in our diets."

But the corn lobby (high-fructose is made from corn) felt the research left a bitter taste in its mouth. "This study does not look at the way fructose is actually consumed by humans, as it was conducted in a laboratory, not inside the human body," the Corn Refiners Association said in a statement, concluding that the root causes of pancreatic cancer are complicated and poorly understood.

Between 1970 and 1990, consumption of high-fructose corn syrup rose 1,000 percent, according to the cancer researchers. The sweetener - a blend of fructose and another sugar called glucose - is found in all sorts of foods and beverages and is the most common sweetener used in soft drinks.

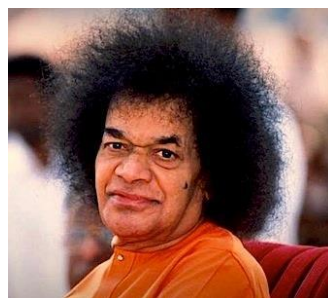
The association said that overall, sugar is still the most common form of fructose in the American diet. And don't be fooled by products which replace high-fructose corn syrup with sugar. They also contain high levels of fructose.

Source: [www.cbsnews.com](http://www.cbsnews.com)

*(Editor: We recommend you read the labels of bottled drinks and packaged foods in whatever country you live. Manufacturers in many countries are using fructose.)*

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## ☪ Divine Words from the Healer of Healers ☪



***"When your motives are pure the Divine will extend His grace. Whatever service you render, it must be unsullied. The form of the action does not matter. Without pure impulses, actions get tainted at the source."***  
***...Sathya Sai Baba SSS vol XVII***

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***"To perform any action you need hands. Actions performed should be sacred, pure, helpful to others and purposeful. Hands become sanctified by such actions, hence the first step is to make the hands pure and holy. By pure actions the mind gets purified."*** ...Sathya Sai Baba BSSB vol III

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## ☪ Announcements ☪

### **Forthcoming Workshop**

**Poland:** 11-12 November 2011 in **Sobotka near Wroclaw** - Refresher workshop for all JVPs and full vibro practitioners and it will cover a review of interesting cases. Contact Dariusz Hebisz at 071-349 5010 or by email at [d\\_hebisz@hdp.com.pl](mailto:d_hebisz@hdp.com.pl).

**ATTENTION:** If your email address changes in the future, please inform us at [news@vibrionics.org](mailto:news@vibrionics.org) as soon as possible. Please share this information with other vibro practitioners who are not aware of this new email service.

You may share this newsletter with your patients. Their questions should be directed to you for answers, or research and response. Thank you for your cooperation.

Our website is undergoing construction. Some features are not yet available. Check out the progress at: [www.vibrionics.org](http://www.vibrionics.org)

**Om Sai Ram**

*Sai Vibrionics*. . . towards excellence in affordable medicare - free to patients